

# Reading People



how seeing the world through the  
lens of personality changes everything



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If the viral BuzzFeed-design personality quizzes are any indication, we are collectively enthusiastic about the idea of defining and knowing ourselves and our unique place in the globe. For readers who lengthy to dig deeper into why is them uniquely them (and just why that matters), popular blogger Anne Bogel has done the hard part--collecting, exploring, and explaining the most popular personality frameworks, such as Myers-Briggs, StrengthsFinder, Enneagram, and others. But what we're finding can be this: understanding which Harry Potter character you are is easy, but actually knowing yourself isn't as simple as just examining a few boxes on an on the web quiz. In her friendly, relatable style, Bogel shares engaging personal tales that show firsthand how understanding personality can revolutionize just how we live, love, work, and pray. She clarifies to readers the life-changing insights which can be obtained from each and shares particular, practical real-life applications across all areas of life, including like and marriage, productivity, parenting, the place of work, and spiritual life.



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Great summary of personality testing resources If you have ever been thinking about personality this is definitely the reserve for you! Over the years I've taken many types of personality checks. No, I don't mean the types on Facebook that let you know that you are Little Mermaid or various other Disney princess! She is conversational and friendly in her writing. They are psychology based character type checks. In Anne Bogel's (from Contemporary Mrs. Darcy blog) publication she spends each chapter talking about the various types of tests out there. Touches on many ways to read and find out about yourself and others. She encourages us to research more in depth information for every result we get and recommends resources to check out up. Unfortunately, I experienced like my colleagues didn't notice it, let alone affirm my function in it. It's highly engaging and very accessible - that makes it the ideal starter for those who are curious about personality frameworks but don't have the time or inclination to read a ton about some of them. She did not really talk an excessive amount of about how God wires us for His reasons. I was lacking that in this publication but she does talk about some scriptural insights on how we can see a few of this in the Bible. There is nothing like diving right into a book and having it give you actions and wisdom to check out. I wish there have been more connection between gifting, talents, and personality with scripture. Provides routine knowledge of different personality typing systems and a lot of resources to seek more in depth information. I enjoyed that facet of this reserve. Anne uses her great knowledge of literature to give types of personality using personas from books she has appreciated. We are who we are which book encourages us to function from that framework of reference.) Beyond being able to converse with people within their native languages about personality, Reading People helped me understand myself better. General, I thought this was a great book for those who wish to know more about personality testing and We gladly give it 4 out of 5 superstars. These tests are used to help you pinpoint everything you are great at and how you work best in a number of environments. It appeared to move at an extremely nice pace, as well. It really is a great non-fiction read. A week ago, I'd have gone home discouraged (and more than a small resentful) that my colleagues didn't notice my hard work and affirm my great event. Very well, in fact. Great informative existence skill reserve, for the serious reader We pre ordered this ebook prior to the launch date off Amazon. It went well. I loved it very much and would recommend it to my psychology minded friends who enjoy this kind of info. The book is a good jumping off spot to learn more about how our personalities are shaped and how they shape us. This was disheartening if you ask me – an undeniable fact that I hate. Yet, what I'm starting to understand is that is part of my character. I couldn't place this reserve down, the writing is usually informative and charming. To be able to function, I need to be noticed, valued, and affirmed. It's not at all something I could change; It's just how I'm wired. I would suggest this publication to everyone! As well as the five love languages, Reading People explores other major personality frameworks including Keirsey's Temperaments, The Myers-Briggs Type Indicator, The MBTI Cognitive Functions, The Clifton Strengths Finder, and The Enneagram. For years, I've been encircled by individuals who frequently reference themselves according to these personality frameworks and expect me to accomplish the same. "I wager you're an INTP" they'll state, or "Are you a 3 on the Enneagram?" to which We'll stare blankly in them. After devouring Reading People, I can today converse with these people in their native language. Couldn't put this book down! Such an excellent book The writer does such an excellent job at covering many of the most popular assessments (plus some others) and how to apply them, which is a thing that is often left out. This actually sums up the complete book. There have

been several tests mentioned in this book that I had not taken before so I took the time to do a few online tests while reading. For that reason, I highly recommend Reading People. That newfound knowledge, in turn, will help me "step from the package I'm trapped in. When I understand myself, I can escape my own way." Beyond that, according to Anne, "when you understand yourself better – your strengths and weaknesses, emotional needs, and driving motivations – it really is much easier to comprehend others as well, especially when they aren't like you." Which brings me back to my opening example. This book was delivered to me free of charge from Baker Publishing Group in exchange for an honest read through and review. But because of having go through Reading People, I identified that this is part of how I'm wired. Rather than stew over it, I in fact shared my frustration with one of my colleagues. This led to a great conversation with him about how to better support one another in ministry – especially since we now understand we don't naturally speak each other's love language. some day, I'll be able to read one of these books without instantly knowing within the first chapter that the writer is white. Relating to Anne, that's in fact the point of personality frameworks. There are several things we cannot change but a great deal of what we study from these tests can be used to make us better. I love this author; stunning mediocrity she promises in the first webpages that she isn't an academic and didn't consult with any before writing this book, and it shows. That's the power of personality frameworks – they enable you to discover your best self and in the process, equip and empower you to better work with others. The book was very informative, it is rather thought provoking and very intensive. I came across this book thus helpful! It was not just a "spiritual" book though it is classified as such. We realized this as I was reading Anne Bogel's awesome, Reading People: How Seeing the Globe Through the Zoom lens of Personality Adjustments Everything. Beginners and those who have dabbled in personality frameworks before will see this publication excels at explaining the frameworks, while providing you resources for enacting this understanding within your own life. Buy this book Interesting and a straightforward read. With each description of a test she shares how exactly to interpret the scoring or outcomes, how exactly to apply the results, and how to use the leads to put us on a way to a better way of doing life. \*\*\*\*\*Disclosure: We received a free of charge copy of Reading People from Baker Books in trade for a good and honest review. A good and useful read for personality amateurs and self-help gurus as well. Her writing style speaks to my heart. I'm also a rational, an INTJ whose proficient at insight, intellection, and a learner. This book is certainly for a mature brain, as there are many facts and statistics, tables and labels, putting you into specific boxes, putting you into groups of cognitivity, personality. Exceptional! I can confidently say I'm an introvert (let's become honest, I knew that one). LOL I mean tests just like the Myers-Briggs or the Enneagram type lab tests that are administered in schools, workplaces and other venues. Fascinating information provided in a thoughtful and friendly way! My love language is phrases of affirmation. Bogel will stress that it takes all types of personalities to make up our world and that nobody personality ought to be more desired than another. A great primer for all those interested in learning more about character frameworks My youth ministry did the 30 Hour Famine the other day.com. "It offers you one more tool in your toolbox to help you realize why people behave the way they do and what to do about it, whether that person is you, or another person". I'm still working on typing myself on the Enneagram but I've narrowed it right down to a 1, 3, or 6 (If you know me, experience free to weigh in! Wide range of personality typing I have read various books on character typing, but I love the way that one gives a summary of several of them, and targets practical

applications--how does this affect my entire life? Wonderful - Understanding Ourselves! Not really suggested for the YA genre, even more of a serious read. I recommend this publication to whoever wants a far more serious book, even more of a life abilities book. An informative and intriguing read Very informative in different personality testing. She provided historical traditional context for each test and also examples and how exactly to apply the data to everyday life. she has an incredible blog and podcast.



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