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Thai Spa Book

The Natural Asian Way to Health and Beauty



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Thai Spa Book: The Natural Asian Way to Health and Beauty



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Bring the traditional healing of Thailand's super deluxe spas into your house



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Wonderful Photos I came across that the photos were a little bit better than the written text. The book is not bad, but there are others (such as Asian Secrets of Health, Beauty and Relaxation) that are much better, with better information. Fantastic book This is among the best spa books that I own. Five Stars Great book and gorgeous photography and illustration. A great present for anyone interested in spas and well-being I got this book simply because a present-day and really loved it. Still, a good read. Beautiful Book! Love Thai. Eat. Pray. This book has breathtaking photos of Asian spas and great "recipes" for your hair, skin, and more. Very informative! I recommend this book as a great gift for anyone who want in spas and well-being. I kept it when clearing my bookshelves because it has factors most others don't!! Like Thai. The great thing about this publication is that the "recipes" are not extremely complicated, like some make-it-yourself-beauty-books could be! Great Great reserve and Great assistance. I love obtaining massages and am thinking about herbal remedies which book is very informative and useful, especially the section with do-it-at-home beauty treatments. I also find the publication to be very quite and and pleasant to look at. This book has answers to beauty problems and not just that, the things that are listed in the book you can get from your local supermarket.



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