



The  
**Expectant  
Father**

—  
Facts, Tips,  
and Advice  
for Dads-to-Be

THIRD EDITION

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The Expectant Father: Facts, Tips, and Advice for Dads-to-Be (New Father Series)



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This indispensable book explores the emotional, financial, and even physical changes the father-to-be might experience during his partner's pregnancy. In addition, it incorporates the wisdom of top professionals in the field, from obstetricians and birth-class instructors to psychologists and sociologists. This new edition features the latest research on many topics (and there's a huge amount of it), from expanding sections on overcoming infertility, in vitro, artificial insemination, and other tech-assisted pregnancies, especially where dad is not the biological parent, to updating the sections on childbirth to reflect the fact that about 80 percent of deliveries are now done with epidurals and new information on Written within an easy-to-absorb format and filled up with sound advice and practical tips for men on such topics as, how to make sense of your conflicting emotions, how pregnancy affects your sex life, and how to start a college fund. This quantity reassures, commiserates, and informs.



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An Annoying and Unhelpful Read for an Engaged Dad Maybe we simply had the wrong idea of what we were looking for, but neither my husband nor I enjoyed this book or felt it had been valuable. My husband didn't enjoy it. Generally, one could state that the tone of the publication can be calming and reassuring, as are a great many other parenting books, which I think is a great thing? This held me interested and very involved and sometimes I even went back and read some older chapters. Let me say that I knew in purchasing her book that I would also be reading it nonetheless it got me by surprise when my partner was captured reading the expectant father and also asking me queries to cross reference topics between your two books. A must read for first-time dads I found this book when my wife and I found out that we were pregnant with our first kid. Neither do I.. Most of the books available are based towards women because, let's encounter it, they are the ones carrying the infant. But the man does are likely involved and lots of times there just isn't that much info out there and the information you find are women talking about their husbands. This book is created from a man's viewpoint and contains a lot of the feelings that you will definitely be experiencing even though you may not want to talk about it. For me personally, my biggest fear was our financial situation and how with my partner removing work for 24 months to raise our son, I'd be the sole bread winner. This reserve has an whole chapter on budget and even though it goes just a little deep into it at times, it had been extremely nice to learn that other men out there experienced the same freak outs that I was currently going through. This book isn't designed to be read in one sitting.

- Lots of fluff - Lots of repetition and most of it worthless. My hubby gave up a little more than halfway through just because he didn't feel just like it matched his encounter at all and really annoyed him.

Placenta Pit This is in regards to a wealthy family where in fact the dad is a writer, which is to say he stays at home, and a mother who works in your free time. He offers guidance and moves on. This is one of the better dad focused books available and I would recommend it to dad's to be. My wife and I simply welcomed our first son into the world on November 1st 2013 and this publication was there to help me with my emotions and thoughts on the way. The book isn't perfect and I could guarantee a whole lot of it won't be relevant to everyone, but that's the beauty, you will discover something in here to agree with and even though you don't fully support the author's decisions with childbirth or stances on parenting, he doesn't lay it on thick. Nearly relatable for most people. And while I possibly could handle most of the goofy information this reserve provides, they lost me at the whole "conserve the placenta to make use of as fertilizer for a tree in your backyard that you can name after your kid" story. Actually, they dug a hole within their yard, plus they and their close friends all threw a couple of placentas in there ( they keep them in the freezer so they don't move rotten in the mean time), and planted a tree over them. Five Stars

Great Best actual advice publication I could find The rest of the books I go through were patronizing and with shallow insurance of topics. and determined that I required a male perspective to how I was feeling which book fit perfectly. Nevertheless, this book got two downsides for me personally which I will describe below. Great book, just a little outdated I enjoyed scanning this book and it had been a comparatively quick read. No, not kidding - EVERY chapter. If that's your baby dad, maybe you'll find this book more helpful? At that point I longed for ways to erase that from my memory. First, the writer relies heavily by himself experience. Obviously, the viewpoint of a publication like this will be more subjective than scientific. There is no compelling reason behind me to believe all of the information contained in this book since many are simply just opinions. Additionally, the author is only the father of two daughters (no sons). As the expectant mother or father of a child, a little more experience from parents of boys would have been useful. This book is filled with tons of actual tips and methods to approach interacting with your arriving kid and its mother. Second, this book is a bit on the old side. online resources) contained in the book could have potentially been helpful.. Some of the things which were relatively new concepts when the book was originally released are actually mainstream and need less explanation. And having more current resources (e. Good book I brought this publication for my child in regulation. If this were 2005, this book will be very

current, since it was published in 2001. Some online language resources were detailed, but a far more extensive list like the fresh websites that are now available would've been helpful. It's more You You You. It had helpful information that was easy to read. : P If you want a book which will bond the two parents during this time period by giving the infant daddy a better idea of whats going on with the mommy to be, this is NOT the one. Total, I liked this book, but I'd not contemplate it the only publication you need. A whole lot of what the guy offers assumes that the daddy reading can be emotionally detached from the being pregnant, or is over-concerned with the financial side, etc etc. I was scared, happy, nervous, thrilled, etc. I love books that partner the few not isolate in info. I bought this book simply because an expectant dad and also . To set context, what I wanted was a reserve that explained scientifically that which was happening with the baby through the 9 months, what things to expect during labor and delivery, complications/hazards, tradeoffs we may have to make at the last second and a lot more than anything, depth of material. But in 2013, a few of the info was outdated. uncertain what you do with that. I go through a bit more of it simply for a perspective not really written to the mother, and was similarly unimpressed. This book addresses mostly anything a concerned expectant father is interested in knowing and remarkably the woman in your daily life will end up being curios to visit a mans perspective on pregnancy issues Hubby enjoyed it I got his for my hubby whenever we were expecting our first kid. He found it helpful and it told him what I was going right through, what things to expect, etc. Somewhat useful Go through between my first and second kid, so some of the sections didn't experience as informative because they probably would have. The entire psychological, gender-based concentrate wasn't for me personally, but there were some useful parts (quality recipes, hospital packing guide, concepts for encouraging and helping your lover).g. I anticipate buying even more books upon this and related subjects later on, and I really do not intend to keep this book on-hands as a reference now that I've finished reading it. Fluff. - Building off the above, lots of dumb, unnecessary details.. This reserve was severely disappointing and lacking. I would pick it up through the entire pregnancy and read one chapter at the same time since they were damaged out in to the months. As one example, every chapter you start with something like "In this month, your lady will be feeling irritation" (which pretty much appeared in all chapters), "In this month, your lady will be stressing whether she will be considered a good mother" .. I bought this book mainly because an expectant dad and also bought my wife what things to expect when your expecting. Avoid. Eg. 4 full webpages on methods to show your lady you caution like "Uaccum beneath the bed", "Grab a pizza on your way home", "buying roses", "operate errands" and so forth. - Constant reassurance you are going to be a great father - Pointless background (how birthing worked well in the 60s and 70s), - Every chapter letting you know to reassure your lady that you're not likely to leave her. The main strength, when you can call it that, is definitely that it assures dads-to-end up being that whatever they're sense is normal.. Also, if the writer had been the mother or father of more children as time passes, perhaps his experience could have been enriched by dealing with more than two pregnancies, more than two births, etc. One Star Book is old and tattered



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