

Facts, Tips, and Advice for Dads-to-Be

SECOND EDITION

Armin A. Brott and Jennifer Ash

## Jennifer Ash and

The Expectant Father: Facts, Tips and Advice for Dadsto-Be, Second Edition



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Describes the changes accompanying each month of pregnancy and covers financial worries, emotions, ways to support one's partner, and preparation for fatherhood.



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An Annoying and Unhelpful Read for an Engaged Dad Maybe we simply had the wrong idea of what we were looking for, but neither my husband nor I enjoyed this book or felt it had been valuable. And having more current assets (e. Also, if the writer had been the parent of more children over time, perhaps his experience would have been enriched by dealing with more than two pregnancies, more than two births, etc.? My husband gave up just a little more than halfway through just because he didn't feel just like it matched his experience at all and really annoyed him. My wife and I simply welcomed out first boy into the globe on November 1st 2013 and this publication was there to help me with my feelings and thoughts along the way. This held me interested and very involved and occasionally I even returned and read some old chapters. This reserve is filled with a great deal of actual guidance and ways to approach getting together with your arriving child and its mom. and chose that I needed a man perspective to how I was feeling and this book fit perfectly. I bought this book as an expectant dad and also . But the man does are likely involved and a lot of times there just isn't that much info out there and the info you find are ladies discussing their husbands. I anticipate buying more books upon this and related subjects later on, and I do not intend to keep this publication on-hands as a reference now that I have finished reading it. For me personally, my biggest fear was our finances and how with my partner removing work for 24 months to raise our son, I would be the sole bread winner. This publication has an whole chapter on finances and even though it goes just a little deep into it at times, it was extremely nice to know that other guys out there experienced the same freak outs that I was currently going through. This book isn't designed to be read in a single sitting. I'd pick it up through the entire pregnancy and browse one chapter at the same time since they were broken out in to the months. Essential read for first time dads I found this book when we found out that we were pregnant with this first child. The book isn't perfect and I can guarantee a lot of it won't be highly relevant to everyone, but that's the beauty, you'll find something in here to trust and even if you don't fully support the author's decisions with childbirth or stances on parenting, he doesn't lay it on thick. He offers advice and progresses. This is among the better dad focused books out there and I recommend it to dad's to be. I read a little more of it simply for a perspective not written to the mother, and was likewise unimpressed. Placenta Pit This is in regards to a wealthy family where the dad is a writer, which is to state he stays in the home, and a mother who works part time. Stay away. If this were 2005, this book would be very current, as it was published in 2001. As the expectant parent of a son, a little more knowledge from parents of boys would have been helpful... Certainly, the viewpoint of a book like this will be more subjective than scientific. Great book, a little outdated I enjoyed reading this book and it was a relatively quick read. I purchased this book simply

because an expectant father and in addition bought my wife what to expect whenever your expecting. It got helpful information that was easy to read. However, this publication had two downsides for me personally which I will explain below. First, the writer relies heavily by himself experience. At that point I longed for a way to erase that from my memory space. I love books that partner the couple not isolate in information. Additionally, the author is only the daddy of two daughters (no sons). Actually, they dug a hole within their yard, and they and their friends all threw a bunch of placentas in there ( they keep them in the freezer so they don't proceed rotten in the mean period), and planted a tree over them. If that's your child dad, maybe you will discover this book more helpful? Second, this book is a little bit on the older side. And while I could handle a lot of the goofy guidance this reserve provides, they lost me at the complete "conserve the placenta to use as fertilizer for a tree in your yard that you could name after your kid" story. My hubby didn't like it. A few of the things that were relatively new tips when the publication was originally released are actually mainstream and need much less explanation. A whole lot of what the man provides assumes that the daddy reading is certainly emotionally detached from the pregnancy, or is over-concerned with the financial side of things, etc etc.g.. - Constant reassurance you are going to be considered a great dad - Pointless history (how birthing proved helpful in the 60s and 70s), - Every chapter letting you know to reassure your lady that you're not likely to leave her. Over-all, I liked this reserve, but I would not contemplate it the only reserve you need. This reserve is written from a man's perspective and contains most of the feelings that you will definitely be experiencing even though you may not really want to speak about it.. Good book I brought this book for my son in law. But in 2013, a few of the information was outdated. Somewhat useful Go through between my first and second child, so some of the sections didn't experience as informative as they probably would have. There is absolutely no compelling reason for me to believe all the information within this book since many are merely views. Most of the books available are based towards females because, let's face it, they are the ones carrying the infant. online resources) contained in the book would have potentially been helpful.. The main strength, if you can contact it that, is definitely that it assures dads-to-become that whatever they're sense is normal. Let me say that I knew in purchasing her book that I would also become reading it nonetheless it took me by shock when my partner was caught reading the expectant father and also asking me questions to cross reference topics between the two books. This reserve covers mostly anything a worried expectant father is interested in knowing and amazingly the woman in your daily life will become curios to see a mans perspective on being pregnant issues Hubby enjoyed it I got his for my hubby when we were expecting our first child. He found it useful and it explained to him what I was going through, what to

anticipate, etc. Neither do I. The overall psychological, gender-based concentrate wasn't for me personally, but there have been some useful parts (recipes, hospital packing guide, suggestions for encouraging and assisting your lover). It's even more You You. Generally, one could state that the tone of the publication is usually calming and reassuring, as are many other parenting books, that i think is a good thing. Fluff. Nearly relatable for many people. To set context, what I wanted was a reserve that explained scientifically what was happening with the baby through the 9 a few months, what to expect during labor and delivery, complications/hazards, tradeoffs we may have to make in the last second and a lot more than anything, depth of material. This book was severely disappointing and lacking. - Lots of fluff - Plenty of repetition and most of it useless. As one example, every chapter you start with something similar to "In this month, your lady will be feeling distress" (which just about appeared in every chapters), "In this month, your wife will be worrying whether she will be a good mother" . : P If you prefer a book that will bond the two parents during this time period by giving the baby daddy a better notion of whats going on with the mommy to be, this is simply not the one. uncertain what you do with that. - Building off the above, lots of dumb, unnecessary information. Eg. 4 full pages on methods to show your lady you caution like "Vaccum under the bed", "Grab a pizza on the way home", "bring home roses", "operate errands" and so forth. Some online language resources were shown, but a far more extensive list like the new websites that are actually available would've been helpful. No, not really kidding - EVERY chapter. Five Stars Great Best actual advice book I could find The rest of the books I examine were patronizing and with shallow protection of topics. I was scared, happy, nervous, excited, etc. One Star Book is aged and tattered



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