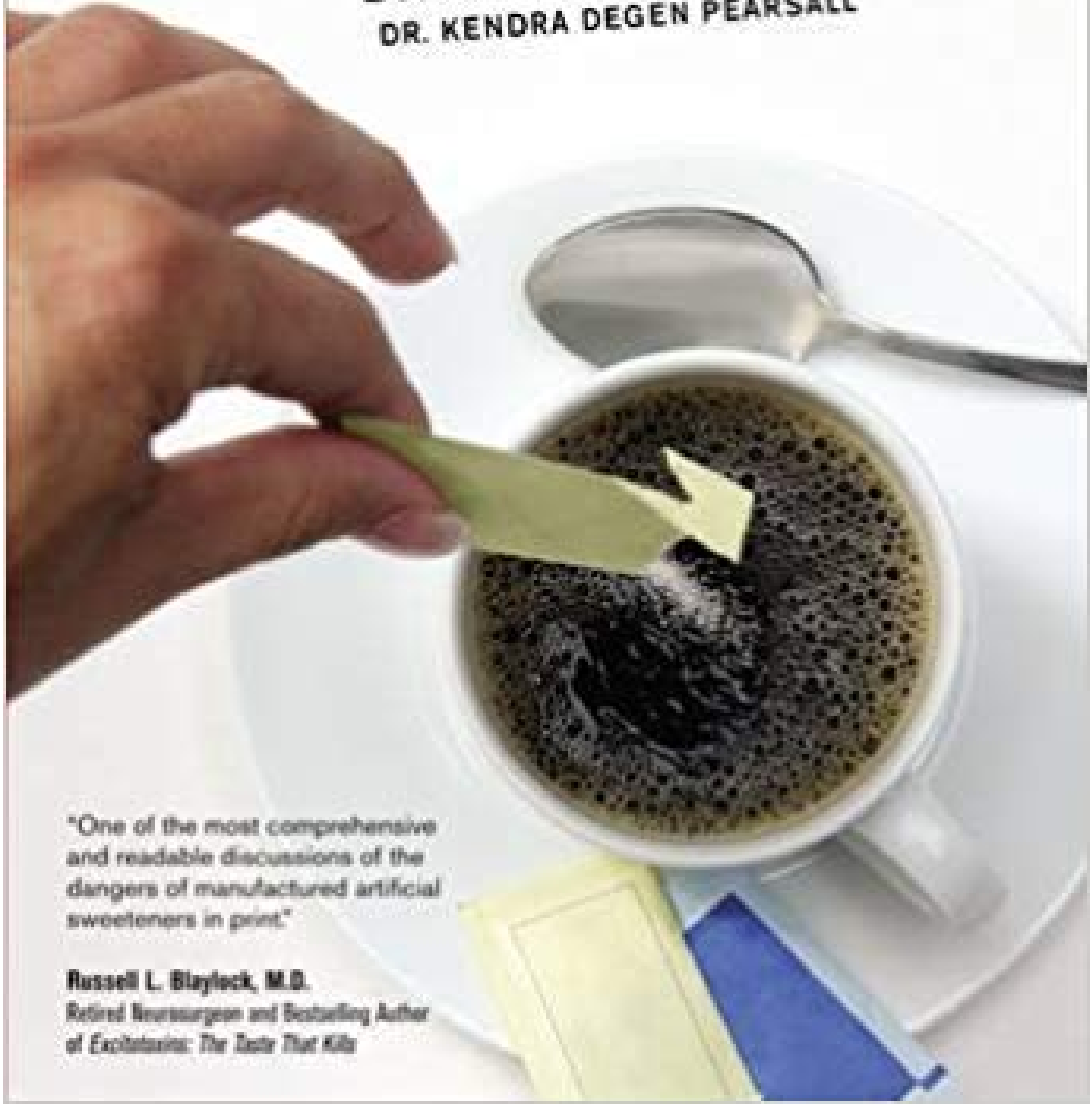


SWEET DECEPTION

Why Splenda®, NutraSweet®, and the FDA May Be Hazardous to Your Health

DR. JOSEPH MERCOLA
DR. KENDRA DEGEN PEARSALL

A close-up photograph of a hand holding a small, light green packet of artificial sweetener, pouring its contents into a white cup of dark coffee. The coffee is on a white saucer with a silver spoon. Two more packets, one yellow and one blue, are visible on the saucer. The background is a plain, light-colored surface.

"One of the most comprehensive and readable discussions of the dangers of manufactured artificial sweeteners in print."

Russell L. Blaylock, M.D.
Retired Neurosurgeon and Bestselling Author
of *Excitotoxins: The Taste That Kills*

Joseph Mercola

Sweet Deception: Why Splenda, Nutrasweet, And the Fda May Be Hazardous to Your Health



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Most people believe that sucralose (Splenda) is certainly a perfectly secure artificial sweetener, and the same is true for many of the various other artificial sweeteners becoming marketed today. The simple truth is Splenda is normally by no means secure; Big business and the FDA possess fostered that harmful misconception. Joseph Mercola---backed by extensive research and research---exposes the fact that Splenda actually contributes to a host of serious illnesses. Dr. Lovely Deception will lay out how the FDA really works for big food companies and should not really be trusted when it comes to your health.



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Very Informative - Educate yourself Peeps! Very informative, but occasionally an excessive amount of medical/chemistry terminology. This publication is outdated by many years. However, I found it to be relevant. Five Stars Great book! Mercola an educated and self-explanatory expert (nevertheless, I don't drink all his Kool-Aid) :O) All you want to learn to take yourself off all .. Excellent! Then it talks about specific users having adverse occasions. I've changed my eating habits for the better due to this book... I believed I was improving my diet with Splenda thus read this.. Good information Good info Sweet Deception This is among the best & most comprehensive books I have ever read on the main topic of the dangers of aspartame, sucralose and other artificial sweeteners." Of course, none of this is backed up by any studies or research.. Excellent read. thus informative and enlightening. Must read for everyone that's exploring the globe of sweeteners! This is such an excellent resource for information about the artificial sweetener industry and . Five Stars very informative. I've done a whole lot of reading attempting to determine what the best sweetener was for me, and this book answered a ton of those questions. I purchased the Kindle addition of this book, and finished up highlighting in least fifty percent of it, as it had a lot of info to digest nonetheless it was written at a level that was easy to understand. Although I have ultimately discovered that the very best sweetener is no sweetener at all, I'm happy that I read this publication so that I could help educate others about a few of the hazards which exist out there. It is a terrible way to die, Donald Rumsfeld has killed or caused more folks to die from aspartame than Hitler.. Mercola also addresses the annals of the sugar industry in this book.. My daughter passed away from aspartame disease from eating too much aspartame. This is sad that we can no longer trust our government to . Read all you can about the topic and choose for yourself.. Dr.. Everyone alive today should read this. A very important book, if you'd prefer your wellness and the fitness of your loved ones. Self promoting I think there are some scare strategies in this book, well worth a read but We didn't find it extremely compelling. It seemed as if he needed you to buy products from his website by the end of the book. Nice Deception by Dr. The narrative proceeds with Sucralose.. Sound science. Exactly why is it still available to destroy people's lives, doesn't our Meals and Drug Administration care? But zero proof behind it. Terrible Research. This whole book is usually conjecture disguised as technology. It discusses the industry and the FDA and essentially lays out how artificial sweeteners are all a big conspiracy theory to kill us. All you want to learn to take yourself off all artificial sweeteners. Therefore Sucralose causes a variety of harm in humans. Mercola There is a large amount of literature to read about how to remain healthy, and what things to eat and what never to eat. "Sucralose offers this one atom that is certainly used in a couple of insecticides. At no stage is compelling scientific evidence presented.. Sweet deception reminds me of the Paleo movement and most other crash diets. Great story. Dangerously Without Science Great Narrative. She actually is neither, hasn't attended medical college and is only certified as a naturapath. Mercola and Kendra Pearsall are frauds. Artificial sugars are poison to our bodies! Fraud Dr. Dr Mercola was sued and lost and must now pay over 5.3 million to his clients who bought into his hoax that his tanning beds due not cause cancer. These two liars and frauds and so are taking you for a trip. Both live in the lap of luxury on your own dime! I find Dr. Kendra identifies herself as a health care provider / Physician on her website. This book was eye-opening.. This is sad that we can't trust our government to keep us safe. This is such an excellent resource for information about the artificial sweetener industry and how these sweeteners impact our lives. It is POISON! I simply wish that I'd have read this reserve years back... Easy to adhere to. Not so! You know you would like to.



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