

Am i

~~pretty enough~~

~~smart enough~~

~~successful enough~~

~~good enough~~

enough?

EMBRACING THE TRUTH ABOUT  
WHO YOU ARE

grace valentine

Grace Elaine Valentine

## Am I Enough?: Embracing the Truth About Who You Are



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Have you had enough? The barrage is constant. We are able to choose the Person who has chosen us—Young women today are constantly told they aren't enough because of this world— The consequences are real. The damage often feels permanent.s a declaration that we will never be adequate for this globe because we weren't created for this world.You are plenty of for me personally, My child.the main one who says: “lies such as:You are beautiful because a man told you so,Like should be earned,You should forget your recent,You will never be enough, and more. With an engaging mix of honesty and humor, Grace uses her tale to confront the lies the globe tells us every time—Am I Plenty of? is a line in the sand. It’As a female herself, Grace Valentine has felt the pressure of trying to survive in a toxic lifestyle, let alone thrive. Rather, Grace reminds us that we were created by Somebody better for something better.not pretty enough, not really smart enough, not exciting enough, not spiritual enough, and just plain inadequate.s had plenty of. But she’ Come when you are.”



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