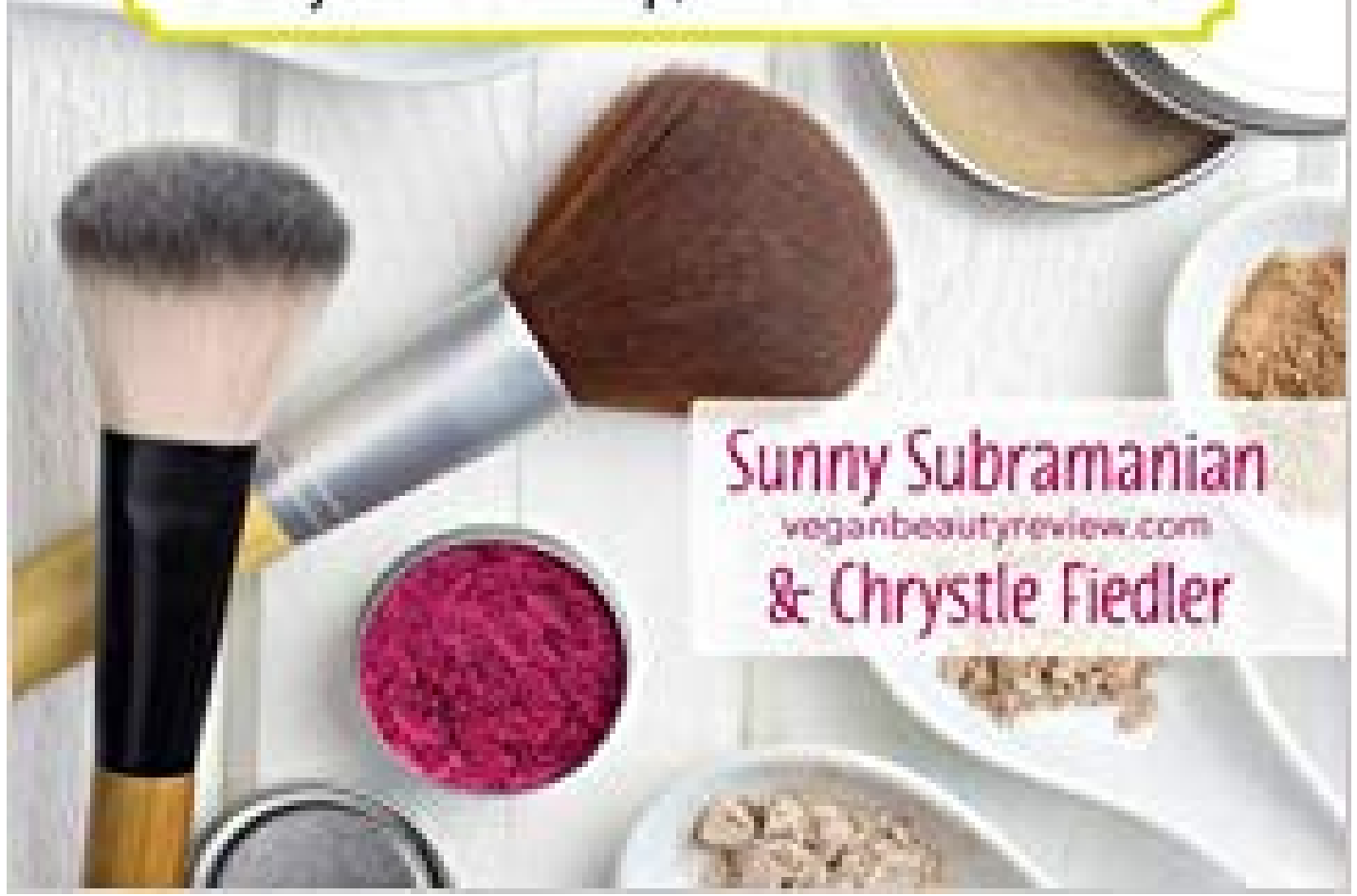


# THE COMPASSIONATE CHICK'S GUIDE to DIY BEAUTY

**125 RECIPES** for Vegan, Gluten-Free,  
Cruelty-Free Makeup, Skin & Hair Products



Sunny Subramanian  
[veganbeautyreview.com](http://veganbeautyreview.com)  
& Chrystle Fiedler

Sunny Subramanian

## The Compassionate Chick's Guide to DIY Beauty: 125 Recipes for Vegan, Gluten-Free, Cruelty-Free Makeup, Skin and Hair Care Products



[continue reading](#)

Component DIY vegan beauty how-to, part cookbook, and part self-improvement manifesto, The Compassionate Chick's Instruction to Beauty showcases non-toxic, rejuvenating and restorative skin care and beauty products that you can make in your kitchen with simple elements for pennies per treatment. Why spend \$40 on a facial mask or \$8 on a package of organic facial wipes when you can make these products yourself for a dollar or two. With Sunny's witty, whimsical, edgy and inspirational style, easy-to-follow instructions plus step-by-stage photos that detail how to make and utilize the products, this publication is definitely a delight to read. The recipes are easy, inexpensive and provide real beauty outcomes. And there's the aesthetic/make up section where you'll figure out how to make everything from mascara to liquid basis and lipstick with organic, nontoxic ingredients. And of training course, there are over 115 recipes that will make you feel fantastic from head to toe. Recipes from the bath and body section offer a spa knowledge in the comfort of your home and the hair treatment section addresses from conditioning to dandruff. This head to toe natural beauty guide can be your go-to guide when it comes to vegan beauty. You'll discover how to care for your skin the correct way. Everything you want to know about making your personal vegan cosmetics is here now -- from the benefits of going vegan and why it is critical to only use products that haven't been animal tested to a complete list of what you'll need to begin from the ingredients to the gear. Included are recipes for normal, oily, combo, dried out and mature skin along with daytime/ nighttime beauty regimens. It's fun and informative and actually features a present section, an alphabetical ingredient list and their benefits in addition to a listing for vegan assets.



[continue reading](#)

**Gorgeous Reserve of Vegan Details and Recipes** This is a gorgeous book filled with yummy photos of products you may make yourself that are so healthy, most of them are edible. Best book ever! Beautiful and detailed book! . This in itself isn't a bad thing.. I saw this book advertised in VegNews magazine and it .. In case you are interested in making your own makeup products, many of the recipes she provides use the same elements in varying proportions, so you really simply focus on obtaining a few different substances to create several natural beauty products! So many amazing recipes for skin care and makeup! That said, this book will educate you on enough to get creative and physique it out for yourself!. I was able to make the aloe vera body scrub immediately with ingredients I currently had in my pantry and my pores and skin has never been so smooth, even a full day time after using it. There have been two things that halted me from giving a 5 superstar rating. I specifically appreciate the actual fact that she includes a smaller list of staples that you can focus on gathering if you would like to change to natural splendor products so that you aren't overwhelmed! They are clear about procedure, ingrediants, storage space, and shelf life. A great deal of recipes and photos. The majority of the recipies require few ingrediants, easy preps, and are cost effective. Note to writer: please create another recipe book for household/cleaning products! The first is that I felt there is too much unnecessary, "fluff," text message. The second reason is that the actual lanuage of the book felt extremely juvenile. It's everything a vegan DIY instruction to beauty products should be!. It had been just not my preferable language style. **Unique and Unique DIY Beauty Book** I simply got my duplicate of *The Compassionate Chick's Instruction to DIY Beauty* and I actually am thrilled! The publication is a pleasure to look at easy to flip though with bright colours, fun patterns and a few pictures of cute furry animals. The vocabulary can sometimes be a little silly (some individuals might contact it "hip"), but it is still beneficial and useful. It uses phrases like cray, am I right or am I best, identifies people as guy and chick, etc. In case you are thinking about creating your very own vegan beauty products, I highly recommend this reserve as a great place to start! It's fairly comprehensive take on the basics and encourages your very own creativity. It favors breadth over depth, so if you're looking a book with 25 different quality recipes to make bath bombs, this is simply not the one. I saw this publication advertised in VegNews magazine and it had been exactly what I am looking for. (I wrote about any of it and included images on my blog, *Vegan Adventures* and *Even more*)Now, you might wonder why I'd purchase this book when I could easily find DIY cosmetics online. Well, in the first place it can end up being difficult to find an excellent vegan beauty recipe. Some that advertise themselves as vegan aren't often vegan because they make use of honey or don't explain that a lot of sugar (unless organic) offers bone char. By buying this publication, I receive a level of quality and thought put into the guiding guidelines that not absolutely all DIY recipes could have. Can't wait around to try all the "recipes"! This way, I'll have a assortment of reliable recipes, conveniently found!This book can be much more than a set of beauty recipes. Let me start by saying I really like the recipies in this book Let me start by saying I love the recipies in this book! This reserve help me save lots of money..The appendix offers some useful information such as a table of all normal vegan friendly beauty brands and types of products, what chemicals to consider in nail polish and tips for packaging your organic vegan creations. Finally, the resource web page thoughtfully has helpful help with where to buy the different materials found in the instruction. Sunny's considered everything!This book contains even more information than I've attempted to relay. In fact, I anticipate to get a lot of usage of out this publication and utilize it for reference quite often. *The Compassionate Chicks Guide to DIY Beauty* is certainly a striking, well-made book that offers 125 total vegan and gluten free dishes detailing steps to make everything from blush to conditioner and facial moisturizer to deodorant. There's nothing at all else out there that comes even close to it. **Quirky DIY Vegan Beauty Book** This is a fun diy vegan beauty book. This is actually the best book There is so far for creating your own cosmetics. I must admit, a few of her dishes weren't effective when I attempted them out, like the beetroot blush. It came out grainy and was not effective. It's a satisfaction to learn and although I don't believe every recipe is

Fantastic, this is a good, creatiur reserve for a beginner. Overall that is a lovely reserve, despite the fact that she replaces beeswax with candelilla wax on her behalf recipes.? Well worth the amount of money! This would be considered a great guide for a DIY beauty party ! Highly recommend! This book has gorgeous photos. I can't wait to try the recipes. Great sale! The author's bubbly personality shines through and she peppers the reserve with humor and interest. Plus I hate loosing an excellent beauty recipe to the web and then being struggling to recreate it months afterwards. Shipped fast and found its way to great condition! Figure out how to make cosmetics to nourish your skin organically without the toxins of typical store items. Fantastic spectacular wonderful interesting greatest diy book ever! I cannot believe how easy it really is to make my own lipstick, face powder, lotions etc with great elements and no yucky stuff! This book has great advice and detailed information on the ingredients in the recipes. This reserve has motivated me to have one. tried any of the recipe yet however they look easy to create and not complicated thank I haven't tried the recipe yet however they look easy to make rather than complicated thank u but the quality recipes are great and really worth it It gets just a little preachy on the subject of going vegan, but the recipes are great and really worth it. And this book helps me deal with anti-inflammatory .. Very Celiac friendly I'm a college student with celiac disease, a whole lot of gluten free items are too expensive. (See page 56). I love that I helping the environment and my health..We have to have more books like this. Five Stars Very neat book! I am an extremely detailed person and loved that all the information was right there. Five Stars Awesome cover to back



[continue reading](#)

download The Compassionate Chick's Guide to DIY Beauty: 125 Recipes for Vegan, Gluten-Free, Cruelty-Free Makeup, Skin and Hair Care Products txt

download free The Compassionate Chick's Guide to DIY Beauty: 125 Recipes for Vegan, Gluten-Free, Cruelty-Free Makeup, Skin and Hair Care Products ebook

[download free The 8-Week Healthy Skin Diet: Includes More Than 100 Recipes for Beautiful Skin mobi](#)

[download The 5-Minute Facial Workout: 30 Exercises for a Naturally Beautiful Face e-book](#)

[download free 28 Days to Younger Skin: The Diet Program for Beautiful Skin fb2](#)