

— NEW YORK TIMES BESTSELLER —

The

Female Brain

Louann Brizendine, M.D.

The book
that inspired
the movie

"Sassy, witty, reassuring, and great fun. All women—and the men who love them—should read this book."

—Christiane Northrup, M.D., author of *The Wisdom of Menopause*

10TH ANNIVERSARY EDITION

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Since Dr. Brizendine distills all her findings and the latest information from the scientific community in a highly accessible book that educates ladies about their unique mind/body/behavior. It's been ten years back, the response has been overwhelming. The effect: women will come from this book knowing that they have a lean, mean, interacting machine. Her book has been translated into a lot more than thirty languages, has sold almost a million copies between editions, and has lately inspired an enchanting comedy starring Whitney Cummings and Sofia Vergara. Why are females even more verbal than men? And its profound scientific understanding of the nature and experience of the female brain continues to steer women as they pass through life stages, to help men better understand girls and ladies in their lives, also to illuminate the delicate psychological machinery of a appreciate relationship. D. THE FEMININE Human brain Why do ladies tend to form deeper bonds with their female friends than guys do with their man counterparts?, brings together the latest findings to show how the unique framework of the female brain determines how ladies think, what they value, how they communicate, and who they love. Today, pioneering neuropsychiatrist Louann Brizendine, M.D. Why do women remember information on fights that men can't? These and additional questions have got stumped both sexes through the entire ages. While doing analysis as a medical student at Yale and then as a resident and faculty member at Harvard, Louann Brizendine discovered that the vast majority of the clinical data around on neurology, psychology, and neurobiology focused specifically on men. In response to the overwhelming need for information on the female mind, Brizendine established the initial clinic in the United States to review and treat women. In *The Female Human Brain*, Dr. Brizendine wrote This New York Times bestseller *Men Will Establish a Serious Case of Mind Envy*.



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It also has the most useful details I could get on Peri and Post menopause. Everyone who has is a woman, married to a female, works together with women, or has a female as a kid, should read this reserve. It also has the most useful information I could find on Peri and Post menopause. Pregnancy, birth and motherhood are a lot more than the hormones extracted and how big is the brain. Very eye opening and assists all understand the fantastic mystery of why we females are so complex. It tracks development of the brain and the interplay of hormones influence on our thinking, acting, and their physical expression through all of the stages of lifestyle. AMAZING! I really do not know the author, but I can tell you this, Louann is did a great service to the population in the compiling and mastering the research, and then handing it to us.. Solving the Mystery of Woman Behavior This book was a revelation and presents compelling information every woman (and man) ought to know. should be interesting! There are plenty of other examples of giants leaps to conclusions or distortions of technology, just search for responses to this publication from the neuroscience community. Great details and I learned so much. Excellent resource for all women I learned so much about the physiological facet of the aging process - the complete lifespan - of women. never to technical either This here is an exceptional book pack with knowledge Educational Disappointing, Misrepresents Scientific Literature I wish other reviewers would address the many scientific errors and misrepresentations in the book. This book would be especially helpful for women who are headed into menopause/post menopause, to obtain an idea of what to expect. Great Insights for men and women I read this book years ago and still remember some of the insights We learned from it. I bought and read the sequel "The Man Brain" and discovered that book equally informative about people's behaviors. She totally lost sight of what it means to become a woman I will begin by saying that We only read the chapter about motherhood, but it was thus awful that I felt I had to write this review. Should help me through the dreaded teen years within my house! At times it read just like a womens magazine content to uplift women. Long-term couples and their parents can advantage hugely from scanning this book and its own companion. Great info. Good to learn information for both women and men Good book, easy read, good information all men have to know. It is both reassuring and unsettling. I believe however that in The Female Brain there was more bias towards females. These books can be used as "self-help" books are budding adults, whether they are young men, young ladies or young families. Womens suffrage during the past is recognized by everyone but males dying in wars to save nations, spending so much time labor and dying youthful also needs to be considered. I wonder if today's females erratic behavior isn't more social transformation than hormonal. Leaving your spouse for no cause at 60 is incorrect regardless of your hormonal change. ABSOLUTELY BRILLIANT One of the best books I've continue reading the difference between women and men. Not only describes what goes on in a female's mind but also in the man brain from conception thru death. Her sole focus can be on hormones and how they effect us, but that is not what makes a female. Looking towards reading the man counterpart. Excellent short overview of the female brain. childhood, puberty, motherhood and menopause..Read this when We was 72. Well-written, scientifically accurate (at the time of publication), filled with important and essential information. Easy read and incredibly helpful This book highlights biological strengths that women have because of the structure of their brain and the hormones that cycle through the brain and body. Take note also a companion summary of the male human brain by the same author (a few years later). Five Stars Great book, to raised know how hormones affect the mind, incl. Wish I could have browse it when I was 18. Suggested for both female and male readers. Each chapter describes the functioning and development of the female brain through the phases of a woman's existence.! I

heard the author interviewed on various NPR applications, including Terry Gross' "Fresh Air" and my local public radio station KQED's plan "Forum". This is what happens to people in academia who are analyzing human phenomena from the exterior. Her portration of being pregnant and birth as miserable and "nightmare"-ish is merely appalling. EVERY adolescent woman OR boy should be required to browse this by the time they get out of high school! We use it in every of our pre- marital classes. Zoom out from the hormones and begin understanding human beings. Understanding women.. She understands her field! This is stupid. It really is well-written for the nonclinical person and made a liar out of me, since I used to insist my feeling didn't vary at different factors in either my entire life or menstrual cycle. Brainy book filled with interesting examples. This publication and its "companion" "The Male Brain" should be delightful reading for parents, their teenage and adult children and college freshmen, who must navigate life's challenges by themselves as recently minted, liberated adults in the fast-moving, evolving environments in schools (and universities), particularly if they live on-campus or away from home (off-campus housing).. This author is a disgrace to the feminine gender. Our behavior should not be dismissed as simple "hormones." We claim we are above pets, that we are aware of ourselves, so we ought to not allow biology dictate who we are. If you want a real book, go examine Delusions of Gender by Cordelia Fine. I read both male brain and woman human brain focusing mostly on the "mature brain" chapters. Unfortunately Brizendine didn't get around to writing it until I was 63.. I would recommend this to every woman I understand and men as well. As a review in the science journal Nature points out: "Yet, regardless of the author's extensive academic credentials, THE FEMININE Brain disappointingly fails to meet even the most basic standards of scientific accuracy and balance. The publication can be riddled with scientific errors and is misleading about the procedures of brain development, the neuroendocrine program, and the type of sex differences in general. Unfortunately it is not true, as studies looking at this show no significant difference or that men speak slightly more typically than females. This aligns therefore neatly with gender stereotypes - taciturn men, chatty women!" One example: the writer uses erroneous data to state normally, women use more words per day than males do. The content should probably be required reading at some time in a woman's life.



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