



KAREN KINGSTON

AUTHOR OF **CREATING SACRED SPACE WITH FENG SHUI**

FREE Yourself from Physical,  
Mental, Emotional, and  
Spiritual Clutter Forever

Clear  
Your  
Clutter with  
FENG SHUI

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## Clear Your Clutter with Feng Shui: Free Yourself from Physical, Mental, Emotional, and Spiritual Clutter Forever



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Obvious Your Clutter and Transform YOUR DAILY LIFE! You will learn: Why you keep clutter How to identify and very clear clutter in your house or workplace How to clear clutter from your body, brain, and spirit How to stay clutter-free of charge In Clear Your Clutter with Feng Shui, Karen Kingston, pioneer of a branch of Feng Shui known as Space Clearing, expertly guides you through the liberating job of mess clearing. The simple act of clearing mess can transform your life by releasing adverse emotions, generating energy, and allowing you to produce space in your daily life for the stuff you want to achieve. Clutter is trapped energy which has far-reaching results physically, mentally, emotionally, and spiritually.



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Four . 5 stars. I really like this book. Thank you, Karen. Honestly, 21-23 floundered and she seemed out of her depth. Does this make me happy? A number of statements not properly backed up with references to support the claims and so forth. Great info Helped me clear my mind. As I am clearing my mess, I am adding elements of Feng Shui as I go. I have several highlights throughout and it provides motivated me to keep my Feng Shui journey. Tomorrow will be the third day of disengaging from many of the items that were crucial to me before but are no longer. I've already recommended this reserve to friends. If you only read one book on clutter clearing... I read the original long ago and also have bought copies through the years as gifts. This time I delivered the revised edition to a friend who is getting ready to move and requirements support for getting rid of stuff! I gave them to Salvation Army. This awesome little book, and "Former and Present," helped me a lot, though, to go beyond that -- particularly when "noticeable logic" had failed to give me an excellent enough answer in regards to what to do next with a specific series of items. This book is usually tremendously insightful on how to allow good energy to circulation through your home while removing objects that are obstacles to the path of serenity. It deeply motivates you to take action. Having said that, if one really wants to clear mess, the best queries to talk to oneself are:: "Am I going use this in the next ten years of my life? I got right back into the swing of stuff once "movement of energy in a household" and "clotting" and various other concepts had been how I was considering, rather than just "will there be space for this item". This publication has deeply motivated me to continue my Feng Shui journey. Removing mess and aligning what I own to enhance my life. It's a publication well worth reading and re-reading (at least different highlighted areas) refreshing one's energy. We believe it could have been more effective if certain chapters were omitted but I can see the value of adding those chapters, they simply didn't enhance me personally. My two favorites of these first books I had found -- ("Soul Space" by Xorin Balbes and "Breathing Area" by Lauren Rosenfeld and Dr. old books I don't like, makeup I avoid I am in the middle of reading this ebook about my iPhone Kindle app at lunch. This book has inspired me to clear a whole lot of my mess (old clothes I hardly ever wear, old books I don't like, makeup I don't use, etc.) - and Personally i think better and have more space in my condo as a result. Excellent book. (I believe, in hindsight, it had been partly that such a mega-big improvement had been made currently, at that point, that I couldn't imagine that much more would have to be done?.. Superb book. As a therapist I've recommended this reserve and as people begin the procedure of clearing out the physical junk, much of the mental issues begin to get rid of and folks do begin to move on with their lives. this is actually the best clutter-removal helper that I have found In my view, this is the best clutter-removal helper that I have found. I should say that with my deceased friend (and her family members and friend's) stuff, I had also found that a book known as "Past and Present" is also very helpful. because I did actually have enough space for them, plus they weren't in my way. I've always enjoyed living in an aesthetically pleasing environment. I think she could took highlights from those chapters and just added it to her "What Following" section. Can another person derive pleasure from this more than I can? I look at my kitchen, my home office, my library, my garage area, etc. I am currently casting so a lot of things away. Quickly got me back to making good progress A couple of years ago I bought eight books on de-cluttering (but not this one -- We didn't yet know it existed) to greatly help me go through my own stuff; < GREAT BOOK This book will remain with you long after it's read. I'll definitely go back, once my house is finished and re-read the book entirely, or at least the highlighted areas. Once I began seeing keeping the things as a "clotting" problem or a "flow" issue with a household's hidden or invisible energy, then that's what it had taken to get me to "flow" those items elsewhere. We would be a better species for this.)

Part of me had wished to go further with discarding even more stuff, but I couldn't obtain overly enthused about continuing -- therefore I found myself "resting on my laurels". But this isn't the first time that I acquired "stuck" with the work of going right through a lifeless friend's stuff, and trying to respectfully find homes for anything worth saving -- so if you ask me, having four favorite de-cluttering books, and also a few others that had okay ideas, made solid feeling in my situation. Within hours to getting a used copy of this reserve, though, and randomly flipping through it to obtain a quick overview, I came across myself all worked up about getting back to the task(s) accessible. Despite huge improvements in many areas, general, something still felt in some way "off" -- but I couldn't logically pinpoint what or why, until I acquired this publication. As I do so, I feel much freer. plus half a hundred years of stuff I experienced inherited the work of sorting through. (A deceased friend had also inherited stuff from others, so, the work I faced was really de-cluttering belongings from not only two different people, but from much more people than that.) With two of these books I acquired bought in the past, I had made extremely good progress for a significant long while. It doesn't take apart from the fact that it's an Amazing book for de-cluttering one's life utilizing the Feng Shui techniques. Melva Green) -- were very inspirational and beneficial to me ... but after some time (a good lengthy while! When thinking of it with regards to a home's positive energy stream, and seeing the examples and analogies used in this publication, it instantly became easy to spend the the "hardest items". As a therapist I've recommended this .After taking her concepts to heart, I had a garage sale and grossed \$3,000. Today I've found myself to end up being ruthless I really like the feeling! But I will never again be the size of the dresses I gave away! Only a few. An environment that I enjoy coming house to and reluctant on departing. I happily discovered myself quickly picking stuff, in my head, that I needed to take another appearance at: to see how I felt about them, in energy conditions. By enough time three hours had past, I hadn't just looked, but had produced two or three excursions to the dumpsters.) my de-cluttering work reach a plateau, or a slow-way-down point, for reasons that I didn't grasp. My mind freaks amid amid clutter My hunch is that those that need this will most likely not read this lol Creating clear surfaces has become second nature and easy very motivating, good recommendations, i can't help decluttering, my new addiction. In one case, it completely turned my friend's existence around. I am pleased to believe that some how these exact things will find happy homes! I've with all this book as presents to at least six friends. My daughter is quite taken by this author and her suggestions. and the items that person experienced inherited from others, and got kept, because so-and-so acquired possessed it.) Those four de-cluttering books made a very good team, I thought! (Once again, I should note: if it was just my own stuff, I wouldn't have needed that lots of books! Decluttering my own stuff is simple enough that I would not need needed any books? Have I experienced any regrets?) Anyway, those four preferred de-cluttering and life-changing books provide me an extremely well-rounded series of methods to tackle big jobs. interesting book Useful for decluttering / downsizing. This book will stay with you long after it's read. I'll also be checking out this author's various other books, before too long! THE VERY BEST Feng Shui and/or Decluttering Publication Available, Period I bought this book several years ago and it was so good, I acquired her Sacred Spaces book, too. Even more was arguably needed, but it sensed like "diminishing returns" experienced occur, at some point. THEREFORE I know they work. I finally discarded the rest of my PhD materials today!g> Had the author stopped at Chapter 19, I would have given it 5 stars. Everyone should read your book. I have been intermittently involved in this de-cluttering for the past ten years. Great book Really good book it really is a must have. Gets into fine detail and explains everything well Worthy product I ordered this as a gift. (Especially if you are the only

person attempting to declutter a half-century's worth of a deceased friend's belongings; A real gem This book was so helpful. Soul Space and Inhaling and exhaling Room were great "logical books" that worked, I thought, perfectly for facing the type of problems that systemic logic and your five senses works so well on perceiving and analyzing. Great read Fast delivery! Good information Nice book. That said, the book is very insightful and motivating. When seen strictly as "do you have room because of this" and "is it stored neatly" I couldn't (formerly) get rid of some things;



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