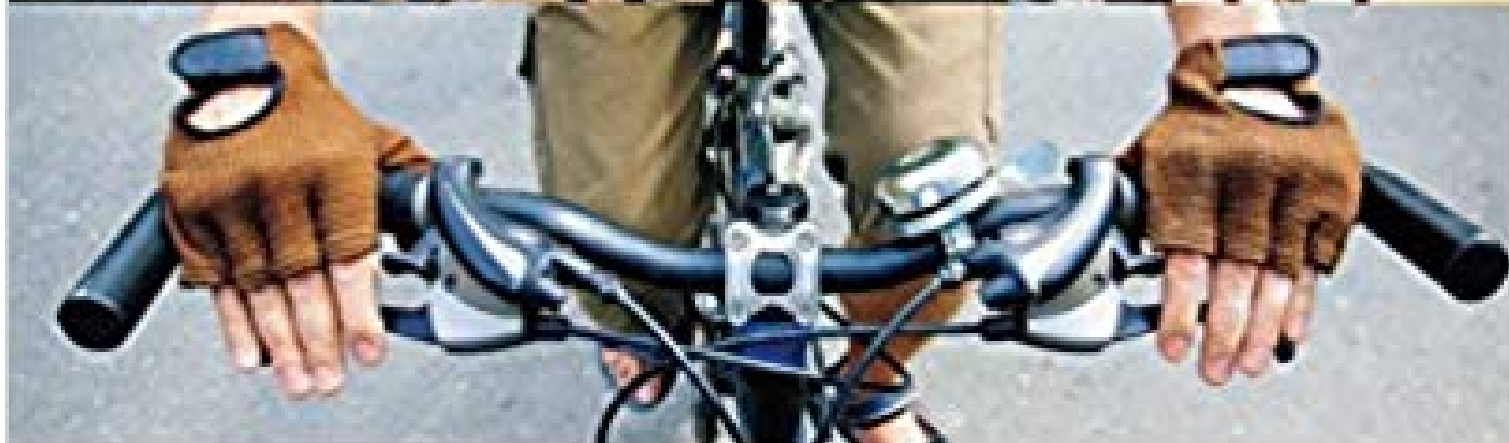


# THE ART of CYCLING

Staying Safe  
on Urban Streets

Robert Hurst Foreword by Marla Streb



Robert Hurst and

## Art of Cycling: Staying Safe On Urban Streets



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The bicyclist is under attack from all directions - the streets are ragged, the air is poison, and the motorists are angry. Yet, with the proper attitude and a little bit of knowledge, cyclists can thrive in this hostile environment. After a short heyday at the change of the twentieth century, American cyclists fell out from the social consciousness, becoming an afterthought when our towns were planned and constructed. Its main concern is safety, but this book goes well beyond the most common tips and how-to, diving into the realms of background, psychology, sociology, and economics. As if that weren't enough, the American cyclist must bring the weight of history along on every trip. Covering a lot more than just buttoning a shirt in traffic, author Robert Hurst paints, in uncanny fine detail, the challenges, strategies, and artwork of riding a bike on America's modern roads and roadways. The Artwork of Cycling dismantles the bicycling encounter and slides it beneath the microscope, piece by piece. Cyclists today are remaining to navigate through a hard and unsympathetic globe that was not made for them.



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Useful information to take pleasure from the ride...browse it and enjoy the ride. The fact again and again is certainly the cyclist can be right, but sometimes dead right. Hurst gives useful real world strategies for the cyclist to trip safely. Even after nearly 50 years of knowledge cycling the world over I found *The Artwork of Cycling* an engaging go through. The bad parts: Many.. Consider it from the library and photocopy the full page overhead drawings of visitors hazard situations. Robert Hurst's writing about riding and savoring the bike while expanding upon the individual driving a motorized vehicle's responsibility, clearly leans towards the safety and survivability of the cyclist. This is a fantastic book. The author shares his wisdom about biking ... This is a fantastic book. The writer shares his wisdom about biking with impressive cleverness and humor. Example: Hurst appears to have some sort feud against John Forester. interesting. The book is badly organized too. straighten out the known from the unknown. If you are not used to the joy that is buttoning a shirt or like me possess many miles in the saddle you will see something of value in *The Art of Cycling*. Hurst addresses information regarding urban riding that's worthwhile for both beginner and the veteran rider. Open your eye and take everything in..... Now y'all gather 'round .."]. There's an overly Zen approach to advice ["What is present in the shadow of knowledge? The known, and the unfamiliar. There's some worth in the book.... Research those. process the vectors. ass-kicking.. Way too many riders number they already know it all. One final note, there are three different editions of the text with somewhat different titles, but each edition is basically the same. I have already been bike commuting in NYC for four years and discovered this book to be relevant, reassuring, encouraging & No justification for abruptly giving opposite tips. Hurst repeatedly misrepresents Forester's ideas. Hands straight down, this the best publication ever written on urban cycling. Another example: Hurst gives seven very good web pages proving that bike helmets aren't really required and don't work very well. After that he concludes by stating "Cyclists should put on helmets. He's the guy who wrote *Effective Cycling* and 1st showed that bikers do greatest when following standard guidelines of the road. You can do way better The good part concerning this book: It lets you know that there are things to learn about riding a bike. Example: The chapter on polluting of the environment is followed by a chapter on how to fix a flat tire. It's like somebody rolled dice to type the desk of contents... He really teaches the "artwork" of urban cyling that may help you to your destination secure and happy.. Skip the rest and purchase "Urban Bikers' Tricks & Tips" by Dave Glowacz (trendy, cartooney, more fun and better info) or on "Cyclecraft" by John Franklin (serious and maybe overly detailed, but with the very best info and organization). A must browse for each bike commuter! But when Hurst does give concrete advice, it's direct out of Forester. There's a cocky, cutesy smart-a\$\$ writing style ["cruisin' and bruising' . There are perhaps a dozen. This not really for the reckless bike messenger wanna-be, but it is a must read for anybody that commutes by bicycle in an urban area." ]There's internal inconsistency galore.



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