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FOOD CURE FOR KIDS

A Nutritional Approach
to Your Child's Wellness

Learn How to Conquer These Chronic Conditions

- Ear Infections • Bronchitis • Stomachaches
- Skin Rashes • Low Energy/Moodiness

Natalie Geary, MD, and Oz Garcia, PhD

Natalie Geary

Food Cure for Kids: A Nutritional Approach To Your Child's Wellness



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A must-have source for just about any parent whose kid has chronic ear infections, bronchitis, tummy aches, or skin rashes. This eye-starting book will finally offer parents the results they are searching for--without just one more visit to the doctor's office.



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Filled with helpful information, and readable If you are a parent who cares about what your kids eat, this book by a pediatrician and a nutritionist is strictly what you need. Without a bunch of dry information about chemistry, and with a well balanced attitude about the organic foods we might prefer, and the fast snacks that are hard to avoid, I came across it to be easy to read and very helpful. Great book Heaps of information to be learned in this reserve.. VERY HELPFUL! I began probiotics with my baby at 90 days and she became the happiest baby. She is expecting her second baby and I believed "how could this harm? My friend's daughter is only 4 and provides multiple health issues that trigger us concern. Four Stars Super interesting book. Highly reommended!. She is "devouring" the book and loves it! Good reference book This books is really as described: it is an excellent reference book with explanations and examples to expand also to acquire better understanding of how certain food can affect little bodies. Generally, it is a good reference book that goes back to the basics of what food used to be and must be. Excellent content This book offers some very helpful and informative information regarding feeding our kids. Recommend to anyone...also ones without kids ,but most useful if have children!!! We recommend this for just about any parent I read this when my baby was 2 months old and i am glad i did. It is extremely helpful and sets you up for achievement to keep your child as healthy as possible. Oz show. I love that it's built-in fact and not subjective.", so. Great reserve. book my child loved this publication and it was in perfect condition great seller - it's great to have a second approach to help with little remedies for bee stings, etc. I'll definitely put a few of these principles to good use for my child. I really like learning about anything that can give you a better feeling of existence. They would each recommend it to additional parents. Feed your kids wisely I purchased this book as a gift after seeing it in the Dr. I did so not read this publication for myself. It was something special to my two daughters-in-law for their children. They both stated they found it very helpful and found what to change in their kids diets. Every Parent Must Read I work per day school and this publication has helped me to manage all my little finicky eaters as well as talk to parents!



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