

WILDERNESS FIRST RESPONDER



How to Recognize, Treat, and Prevent
Emergencies in the Backcountry



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Wilderness First Responder: How To Recognize, Treat, And Prevent Emergencies In The Backcountry



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The leading edge in medical training for wilderness rescue and self care Wilderness First Responder is a thorough text for the recognition, treatment, and prevention of backcountry emergencies. It shows how to conduct an individual assessment, improvise when ideal materials are not useful, and decide whether to evacuate a patient. stings Diabetic emergencies Poisoning emergencies Allergic reactions and anaphylaxis And much, much more It's important reading for wilderness educators, trip leaders, guides, search and rescue groupings, and anyone who functions or plays definately not definitive health care. Readers will learn how to assess and deal with: Airway obstructions Cardiac arrest External and internal bleeding Shock Spine injuries Head injuries Chest accidental injuries Abdominal accidents Fractures and dislocations Athletic accidents Soft-tissue injuries Cool- or heat-induced accidental injuries Altitude sickness Insect bites & This invaluable source includes expert, step-by-step instructions, clear illustrations, and "Indicators and Symptoms" sidebars designed to help anyone provide immediate care in the wilderness? whenever they are a lot more than an hour from an ambulance or a medical center.



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best wilderness first aid book on Amazon We are avid campers, backpackers, snowshoers and whitewater rafters. I'm also a WW kayaker. We've viewed a lot of wilderness first aid books and found this one to be our favorite. It is the most well-organized, thorough and easy to follow. Five Stars has all you need to know Four Stars Great read for a person who is trying to learn as much while they are able to but can't afford a class. This book turned out to be the perfect purchase to meet up that goal., high-altitude illnesses) and ends with a "solution" to that situation given what you've learned in the chapter. I read this book for personal knowledge without the purpose of obtaining the certification. Despite being written this year 2010, this book is an excellent resource and, in many aspects, is superior to other "Wilderness Medicine" books, which may contain too much information for all those taking local excursions, especially those lasting less than 5 days. I did so take 1-star off for a few reasons: 1) there were a lot of advances in the last 8 years, which would make this a more relevant resource 2) first aid/medicine as a discipline has its own language; as such, the inclusion of some fundamental medical terminology (ex. supine vs prone, distal vs proximal) and anatomy/physiology will be of great benefit for the company, to say nothing of for the patient This reserve was a bargain and a worthy addition to my library. Still strongly suggest! Four Stars Great info for anybody entering the woods or surviving in the backcountry. Wanted a handy reference to review the materials and push my knowledge forward a bit. An excellent study information for wilderness medical care. It is very easy reading and each chapter starts out with a scenario linked to the theme of the chapter (e.g. The glossary and index in this book will be the best of any wilderness first aid book we've viewed. I'm still operating through it but Personally i think confident I'll be well-prepared for my next medical training course. Comprehensive, readable Easy to read and follow, very substantial in its content material. I highly recommend this book and have been reading and discussing it frequently since I got it. This is an excellent, dedicated resource. Great and informative Great and informative. The other books we've viewed, but found to be less ideal (in no particular order) are:- NOLS 5th edition, Tod Schimelpfenig- Wilderness Medicine, William Forgey- The Wilderness MEDICAL Handbook, Tod Schimelpfenig (This compact and waterproof book is a superb one to retain in your WW first aid kit)- additional books we found at REI Just a little out-dated/Still contains plenty of good info As a 20-calendar year trauma nurse, former EMT and boy scout, appropriate outdoors health care is very near my heart. The information is great for any outdoors person. I viewed additional books about them and found that other books were not able to narrow the topics into concise lessons which can be focused on memory and readily applied in the field Great medical overview I bought this mainly because a follow-on to going for a Wilderness First Aid course. The author offers you the critical info, including some of the "why" behind symptoms, without bogging down in unneeded detail. The diagrams have become clear and easy to follow and understand. It goes over all of the most common injuries that you're likely to encounter in the back country and goes into detail on how to handle each circumstance. I'm a Scoutmaster and spend quite a bit of time camping from ready usage of first responders and this gives me a great way to continuously review the Wilderness MEDICAL procedures that people covered in the class. A little big to carry around in a pack but will continue to work good to retain in the camper. Good info Great book. The scenarios are great and the text facilitates each topic. I recommend this reserve to anyone that wants to feel well informed with first aid procedures, particularly when you're routinely in situations where medical care is not readily available. Superb reference for the WFR candidate I purchased this after renewing my WFA certification. I hope to update to WFR next season and wanted a text message that focused particularly on that objective. You DO NOT need to be teaching to become a Wilderness Initial Responder to discover

this publication useful and informative. Lots of details. I took an intensive 2-day Wilderness First Aid course through Wilderness Medicine Institute 2 years ago, and seriously desire this book have been part of that course because concepts in that course make a lot more sense after the reading in this publication. I tend to understand concepts much better when some debate of the details of "why" are included, so found this publication exceptionally well-appropriate to my learning design. It's clear that very much thought went directly into what to include, and not include, in this publication, so that it would be very comprehensible. Very valuable book This is a very valuable book for anybody wanting a good summary of the subject. NOLS companion Bought this after taking a NOLS first responder course. It is a good companion. extremely useful book This book is extremely well written. The information is comprehensive and concise.



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