

5TH EDITION

BACKCOUNTRY

FIRST AID

AND EXTENDED CARE

BUCK TILTON

Co-founder, Wilderness Medicine Institute of WCLS

Buck Tilton

Backcountry First Aid and Extended Care (Falcon Guide)



[continue reading](#)

Small plenty of to take the field, this pocket-sized survival important will benefit everyone in a wilderness setting. With information on treating shock victims, abdominal discomfort, sprains, fractures, dislocations plus much more, this can be an inexpensive way to save lots of someone's life!



[continue reading](#)

Very fine small first aid manual Backcountry First Help is an excellent choice for a little manual or compendium about first aid treatments when you are in the outdoors. Most people spend a lot of time and cash on preparing for a lot of crazy "what ifs" but the probably thing to trigger you any sort of problem would be a medical emergency, whether it's only a little cut or something much more serious. The former provides much more detailed details on wilderness medical care, while the latter is certainly spiral bound on waterproof paper possesses more charts and step-by-stage flows. Topics like Bites and Stings, hypothermia, shock, water disinfection, etc, etc. The topics are covered very well - succinct and as comprehensive as you could hope for in a portable manual. Of course it pays to read the manual before moving out, and actually is valuable for anyone who wants to be ready for an accident or sudden sickness, whether in the wilderness, driving to work, or in your backyard. The pros of the book are that it's small enough that you'll actually take it with you and that it's written in ways so you know how to proceed if help isn't only a phone call away. Little and Light, covers the bases This book appears to be the standard for wilderness first aid kits. The index is normally right there on the back cover, therefore it makes it easy to find everything you are looking for. Certainly provided the size they couldn't in shape everything in, but seems pretty comprehensive. Would have liked it to add a blank SOAP note in someplace just like the back page or back again cover but besides that, I've been pretty happy with it. Not waterproof, but small and light. Pleased I read it -- will make . I feel more secure knowing how to take care of many medical emergencies including frostbite, dehydration, and deep cuts. Quick, easy to read guide I really like this book, it's small so it easily meets into any medical kit, and it lays everything out in a format that's easy to understand even in stressful circumstances. Symptoms, descriptions, and recommended care. it's an excellent book very good book A great deal of useful information. Survivor 101 After reading several books on surviving the wilderness in all types of conditions, I thought this book would be handy to take along on camping trips and also in the home during emergencies. A whole lot of medical books just tell you what to do while you wait for the paramedics, even though there are a great number of points that the average individual can not do, this publication at least gives you a bit more advice with how exactly to do some more long term care for the injured.. A great deal of useful information. Pleased I read it -- could make the difference between existence and death some day time. Useful for review This short (117 pages) booklet was contained in the materials distributed throughout a recent NOLS/Wilderness Medicine Institute Wilderness MEDICAL class. When you can spend somewhat more and may deal with a larger size of publication in your first aid materials, consider NOLS Wilderness Medicine: 4th Edition (ISBN-10: 9780811733069) or perhaps The Field Guideline of Wilderness & The publication provides sound and useful advice for coping with emergencies when instant health care is not accessible; If you are reading this for the first time while trying to handle an injury, that might not be the best format. Given those characteristics, you could treat minor injuries using this text, if not under tension. However, the publication binding will not lay flat and most of the info is structured in paragraphs, instead of in charts or flow diagrams. the writing design is obvious and straightforward. The trunk cover have an instant reference. It would probably be most useful as a refresher or review for anyone who has used this or comparative training, but I'd not recommend as a principal reference in your medical kit. Four Stars A basic reserve to the unknowledgeable in what to do in keeping detrimental health problems. The trunk cover comes with an "Actions Index" that refers you to the web pages for 47 different circumstances or accidents. Great referance for your medical kit. I would suggest that you go through and practice the skills so that you are ready for an emergency even if you don't have the book with you, nonetheless it is wonderful to have this in case you are

drawing a blank within an emergency. It is four ins by five . 5, and 125 pages long, so it will suit in an initial aid kit or handbag.Strongly suggested.. I bought another one of these just in order that I possibly could have a copy in each of my medical kits. This is an excellent first aid book for anybody who plans on spending any amount of time in the wilderness. Rescue Medication (ISBN-10: 0970464606). Great pocket book for Wilderness First Aid This book fits in most medical kits. For the price point, this is simply not a poor addition to a first aid kit. This content has easy to comprehend Sign & very good dealing s with seller has all information needed, very good coping s with seller.



[continue reading](#)

download Backcountry First Aid and Extended Care (Falcon Guide) fb2

download free Backcountry First Aid and Extended Care (Falcon Guide) djvu

[download free Wilderness Survival, 2nd: Staying Alive Until Help Arrives \(Kestrel\) pdf](#)

[download free Wilderness Medical Society Practice Guidelines for Wilderness Emergency Care ebook](#)

[download free Choose Costa Rica for Retirement, 8th: Information for Travel, Retirement, Investment, and Affordable Living \(Choose Retirement Series\) txt](#)