

BACKCOUNTRY

First Aid

and
EXTENDED CARE



Fourth Edition

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Backcountry First Aid and Extended Care, 4th



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This book provides principles for dealing with many serious emergencies, and a few common problems, when a doctor is a lot more than an hour away.



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Very fine small medical manual Backcountry First Aid is an excellent choice for a little manual or compendium about first aid treatments when you are in the outdoors. Ideal to take with you in your backpack A great little book to have on hand A great little publication to have on hand. Of program it pays to learn the manual before heading out, and actually is valuable for anyone who wants to be equipped for an accident or sudden sickness, whether in the wilderness, driving to work, or in your backyard. Topics like Bites and Stings, hypothermia, shock, drinking water disinfection, etc, etc. Highly recommended. The back cover comes with an "Actions Index" that refers you to the pages for 47 different circumstances or incidents. The topics are protected perfectly - succinct and as comprehensive as you could hope for in a portable manual. pocket sized Pocket sized. It really is four ins by five and a half, and 120 pages long, so it will suit in a first aid kit or bag.



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