

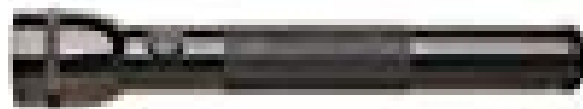


Peggy Layton

Emergency Food Storage & Survival Handbook



*Everything You Need to
Know to Keep Your
Family Safe in a Crisis*



Peggy Layton

Emergency Food Storage & Survival Handbook: Everything You Need to Know to Keep Your Family Safe in a Crisis



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What if your life was disrupted by an all natural disaster, food or water supply contamination, or any other kind of emergency? Have you got the essentials for you personally and your family? Have you got a plan in the event that your power, telephone, water and food supply are cut off for an expanded amount of time? Imagine if there were no medical or pharmaceutical providers available for times, weeks, or weeks? Use what you store and store what you make use of •Inside you'll find 10 techniques to an affordable food storage program plus how exactly to:•food, water, fuel, first-aid supplies, clothing, bedding, and more—simply and economically. In other words, this book could be a lifesaver.With this guide by your side, your household will learn how to plan, purchase, and store a three-month way to obtain all the necessities— Shop water safely and provide for sanitation needs • How prepared are you? Prepare a home "supermarket" and "pharmacy" • And much more invaluable tips and hints"This apparent, concise, step-by-step program is not only affordable and doable, it's important in these uncertain times. Create a first-aid kit, car kit, and 72-hour emergency kit for your family • Right now, everyone from apartment dwellers to basement owners can store a three-month supply of the essentials, including satisfaction! Joni Hilton, writer of Once-a-Week Cooking Plan and Food preparation Secrets My Mother Hardly ever Taught Me" —



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Book Delivers 100% A no nonsense guide that truly delivers fully on its promise giving you all of the how-to information on how exactly to keep your family safe and sound, fed and hydrated, and as comfortable as possible in a crisis. There is very little "survival" section in this survival handbook. Good book! Collecting correct containers for different uses that are protected in the publication. (like how to make a serviceable toilet). THEREFORE I guess the easiest way I could explain this book in short phrases is to say it contains a lot more info than simply water and food storage, it contains all the things to be ready and have at your finger suggestions, things that you would never realize you required until an emergency presented itself, it does this as inexpensively as feasible, plenty of common sense here. I could continue and on explaining how awesome this reserve is but I'd like this review to become more concise and not drag on and on. Pure practical, must have day to time must will wish you had but would never think of until a brilliant crisis hit and instantly there was the necessity for something simple and immensely important staring you in the facial skin. I think that the title is misleading. In the event that you purchase no other guide for maintaining your family safe in a crisis, get this one! It really is more of a grocery list and recipe book rather than a book of skills. Great source of information! It covers meals and prepping and cooking food in great fine detail. My kids liked and ate it up. It also covers the fundamentals for power outages, organic disasters, but doesn't go in depth for surviving without electricity long term. wouldn't waste the money This book only states the obvious and a good part of it is left blank for a listing planning chart. Just don't stop right here and be prepared to be a specialist. Once you expert the basics here expand your understanding for urban survival, worldwide survival, etc. Disappointing I purchased this book hoping to find detailed instruction and guidance on practical options for preparing foods for storage space. It was made with all dehydrated foods therefore i can easily see myself having all the ingredients on hand for any quick meal I need, even in a power outage or other emergency situations. The reserve preps us for that so we can be well prepared and better safe than sorry. It could help you buy what to prepare for a crisis, but since all of the advice is how exactly to buy, store, plus some simple dishes, it wouldn't help you in a survival circumstance. I can make my own chart on paper therefore i felt this is a waste of space. There is also lots of space taken up with "complete the blanks" record keeping. Good Good Well written Have used many of the methods in the reserve, well written. There are numerous scenarios to prepare for and I would recommend this book for an addition to the survivor's library. For example, there is only a 1/4 page on dehydrating meals, it lets you know nothing various other than you can purchase nice dehydrators also to follow their instructions. They make up half the publication. I think the name is usually misleading it, it will have been called "favorite meals dishes" or something along those lines. No phrases are minced or wasted in this invaluable instruction, everything from checklists of the necessities you will have to dishes for using foods that hold up to long term storage. This reserve has opened a whole "new world" for me--the usage of dehydrated vegetables! More than 50 web pages of recipes using storage space food items are included. There exists a wonderful section with recipes on how to use dehydrated food to make soups and casseroles. Good Basic Publication as a starting point I purchased this book along with the SAS survival handbook by Wiseman, and I have to mention the SAS handbook was better and more comprehensive, because the SAS book covered how to get food in the wild. But there were quite a few tips in this reserve that I thought produced purchasing it worthwhile, and the price is significantly less than \$20, that i felt was reasonable for the information given. The author gives lots of ideas for how to cheaply increase food space for storage in your house, like in

your bed, and steps to make or buy inexpensive shelving for huge amounts of canned goods. The inventory planning chart was mostly filler pages and something I could have done with a wire-bound notebook. The checklists were good-- the author basically has very long lists of all the items you ought to have in your house at all times. Informative and Very Useful! Layton will remind you of all the things you should store for emergencies. One small complaint - I could have done without the 70+ webpages inventory forms and mainly blank list pages -- could have favored a website address where I could have printed off those forms if I desired them. I purchased the \$49 vegetable sampler pack from Hamrnonny Home Foods through amazon.com and tried Layton's recipe for Poultry Noodle soup. It proceeded to go in the pot in under 5 minutes, cooked in 25, and was fabulous! That is a great reference for cooking with famine type foods. After getting the book yesterday, I found that the publication is more what you can buy and how to store it. Nice beginner's preparedness book This provides a good general overview for preparedness newbies from a author who knows her subject. This book is fabulous and practical for a family group who wants to both learn how to store food for emergencies and how to cook more economically while maintaining nutrition and taste. Lot's of good info. The best area of the book, for me is the recipes. After that another almost 100 pages is recipes (like tacos). They are easy, economical and so far, very tasty! I would say her methods are best for any family even if you are not anticipating emergencies. An excellent book for newbie economists. Not a total waste materials of money, but not a good book for practical food preservation advice. THIS ONES A KEEPER! Excellent Food Prepping Book For Beginners Excellent recipes, the books primary focus is preparing for famine type survival scenarios. too basic This book is extremely basic. Four Stars Good basic book on the subject of food storage with lots of lists and recipes. How to set up an extended term water supply, steps to make an emergency use toilet that you can use for as long as you have too. She targets water storage and purification, basic gardening, stock-piling meals and other materials, and on top of that, how to effectively use your storage space in everyday life in order that nothing goes to waste and so that emergency circumstances aren't so painful. Food Storage Very useful. Make sense, I will be using this book alot Five Stars FOUND ITS WAY TO GREAT CONDITION



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