

"Alpha lipoic acid is probably the most potent . . . antioxidant known to man."

— *World News Tonight with Peter Jennings*

# The Alpha Lipoic Acid

# Breakthrough

The Superb  
Antioxidant That  
May Slow Aging,  
Repair Liver Damage,  
and Reduce  
the Risk of Cancer,  
Heart Disease,  
and Diabetes

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**BURT BERKSON, M.D., Ph.D.**

Foreword by **Julian Whitaker, M.D.**

Burt Berkson

Alpha Lipoic Acid Breakthrough: The Superb Antioxidant That May Slow Aging, Repair Liver Damage, and Reduce the Risk of Cancer, Heart Disease, and Diabetes



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The Amazing Antioxidant MANY PEOPLE ARE Talking About! Battle chronic liver disease · This impressive coenzyme, which occurs normally in youthful bodies but steadily diminishes with age, may very well be one of our best defenses against disease and ageing. There could be no stronger method than with antioxidants—and there might be no stronger antioxidant than alpha lipoic acid. Would you like to reach and keep your body's optimal health? In this well balanced and informative reserve, Burt Berkson, M.D. Avoid the progression of Alzheimer's and Parkinson's disease · Protect against heart disease ·, shows you how supplementing your daily diet with alpha lipoic acid might help: · Combat growing older · D. Drive back cancer and strokes · Are you searching for an effective way to fight the effects of aging and free radical harm? Prevent or treat complications of diabetes · And much more! Revealing the science behind this amazing antioxidant, Alpha Lipoic Acid Breakthrough offers a plan of action for improving your health starting now!



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Superb, but missing some vital items ... Berkson's publication is filled with specifics. Has made it his life-long mission to help health-challenged sufferers. Evidently he has not observed their importance in calcium fat burning capacity: among many other features, D3 helps mobilize calcium, after that K2 directs it to your bones and teeth . . you truly need this health supplement. and away from arterial walls and joint cells (atherosclerosis and arthritis). This lack makes his details on vascular damage a bit behind the days. We now know that sugar is the inflammatory agent, not really cholesterol, traveling vascular plaques and diabetes. In any other case, I gained a fresh respect for ALA and also have added it to my families daily supplements. Heads up cancer patients . . . . The writer, Dr. Burt Berkson, is an M.D. THIS, AFTER 5 YEARS OF A FAILED TRADITIONAL DRUG TREATMENT IN THE #1 NYC HOSPITAL! well-rounded tips. Dr. Alpha Lipoic Acid is a metabolic marvel. Alpha lipoic acid provides been called Nature's Supreme Antioxidant, and alpha lipoic acid recycles Supplement C, Vitamin E, Coenzyme Q10, and glutathione. Alpha lipoic acid can be a liver detoxifier, an excellent anti-cancer nutrient, a stalwart against diabetes's resulting nerve harm, and an aid to cardiovascular disease. He allows you to HEAL MANY DEADLY AUTOIMMUNE DISEASES. You'll be glad you took enough time to learn and study it. DR. BERKSON HEALED MY Small GIRL-Browse CURING COURTNEY and discover how ALA & Dr. Berkson is brilliant and keeps things simple. In my 2012 book CURING COURTNEY, you will see how his analysis offers helped HEAL MY Girl OF AUTOIMMUNE HEPATITIS WITHIN 3 MONTHS! and a Ph. Berkson achieved it!! This reserve is really worth the reasonable cost. This reserve teaches in a way that's logical. This doctor can be a hero, but I won't say why just browse the book.. Being diagnosed with AIH 3 days ago, I cannot wait to call Dr Berkson's office tomorrow! So happy to see solid research and years of experience to back up alternative methods to common ailments, as opposed to the typical steroid & ..! Berkson has a lot more scientific data published throughout the years that you could find on the web. YOU MUST BUY THIS BOOK. THE VERY BEST Book I've Read on Alpha Lipoic Acid "The Alpha Lipoic Acid Breakthrough" may be the best reserve on alpha lipoic acid [ALA] that I've read. I'll follow with an extremely deserving full review of this important book, however in the meantime in case you are investigating method of halting, reversing or avoiding CANCER, LIVER FAILURE or HEART DISEASE you should buy and read this short 150 page book. Occasionally too technical regarding chemical activities inside body. Then you'll go on-range to learn about his latest research and ways to heal these deadly illnesses. GRATEFULLY, Denise O. Do your own research. . Fortunately, Amazon refunded the price. So Her Mom Did You heard about ALA because of this guy.! Perhaps the doctor's recommendation on diet has transformed at this stage since this book was written in 98 and I don't discover many integrative medication doctors recommending grains today (won't take a superstar for that though). The Cancer answer you seek An awesome book! After you read it, you'll do further research . Burt Berkson should be carried around in a chair for his discoveries seeing that documented in this reserve. Recommended.. Burt Berkson should be carried around in a seat for his discoveries seeing that documented in this book. Informative. Love it: research-based & D and offers treated people who have mushroom poisoning with alpha lipoic acid and saved their lives from certain liver failure and death. read Healing COURTNEY. immunosuppressant protocol of Western medicine.. Many thanks for sharing your knowledge and understanding Dr Berkson.-Karri Life Changing This book cannot only change your life, but save your valuable life! Be aware! Only use the "R" type as this is the only form that's biologically useful to our body according to the latest research! and you'll not listen to the typical medical establishment anymore because Dr. What an incredible doctor. This Dr. The main purpose of this publication can be ALA and his factors on Alpha Lipoic Acid and

supplementing are solid. (R-Alpha Lipoic Acid). Nevertheless, Berkson does not mention the absolute need for people to get enough vitamin D3 and it's mandatory partner, K2. I wish the federal government would separate the Food and Drug Administration so we're able to get the natural healing we are in need of without the drugs which have so many side effects! Healing Courtney: Doctors Couldn't Save Her. Suggested. Testimonies make it audio too good to be true.! Some good information here, but be aware that the ALA he used was a prescription injectable or IV form. I bought a capsule form of R-ALA and had a severe allergic attack to it.. Interesting reseach Great book, interesting research.it's a primer. But at the end offers very good analysis and recommendations Great Read This book it for those thinking about getting well. I liked it due to the great coverage of several diseases. excellent excellent The Holistic Approach to Diseases This was an extremely informative book, I liked the qualifications of the writer and the holistic approach he takes to cancer nd other devastating diseases.



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