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The #1 Bestselling Pregnancy Book

WHAT TO EXPECT WHEN YOU'RE EXPECTING

5th EDITION

The all-in-one guide that explains everything you need to know – and can't wait to find out – about your amazing nine months, from conception to birth and beyond. Featuring a week-by-week look at your baby, and information just for dads throughout.

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Completely New & Revised
.....

Heidi Murkoff
and Sharon Mazel

Foreword by Charles J. Lindstrom, MD, Professor of Obstetrics and Gynecology and Public Health, Dean, Merwin College of Medicine, University of South Florida



Heidi Murkoff

What to Expect When You're Expecting



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A completely revised and updated edition of America's gentle cesareans's trademark warmth, empathy, and humor, it answers every conceivable question expecting parents could possess, including a large number of new ones based on the ever-changing being pregnant and birthing procedures and choices they face. 5 million copies on the net, What to Expect When You're All medical insurance is completely updated, like the latest on Zika virus, prenatal screening, and the basic safety of medications during being pregnant, as well as a brand-fresh section on postpartum birth control. Most Influential Books of the Last 25 Years" by USA Today. This cover-to-cover (including the cover!) fresh edition is filled with must-have information, guidance, insight, and tips for a fresh generation of moms and dads. Tips for dads is fully integrated throughout the book. With 18. With What to Anticipate're Expecting is read by 93% of women who browse a pregnancy publication and was named one of the " Current life-style trends are incorporated, too: juice bars, raw diets, e-cigarettes, push presents, baby bump posting, the lowdown on omega-3 fatty acids, grass-fed and organic, health meals fads, and GMOs. Plus expanded insurance of IVF being pregnant, multiple pregnancies, breastfeeding while pregnant, water and house births, and cesarean trends (including VBACs and "s being pregnant bible, the longest-running New York Times bestseller ever.).



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Careful! Suck great info for the new mom! Be careful when purchasing that you get the right edition. The 1st time I ordered, they sent the united kingdom edition.(by no means mind the fact that the even more you cut calluses, the even more they grow back again). Reordered and got the correct edition. Frustrating though. See picture for different variations. UK is usually on the left. Good info but related to website I bought this book when I then found out We was pregnant based from my doctors recommendations. It definitely has a large amount of useful information, nevertheless, the website is very similar. In the event that you sign up for their email messages, or I'm sure simply see the site, the information is strictly what you're reading in the publication. If you wanted to not spend the money on the publication, I'd just just browse the website or join the email messages if you want the info on a weekly basis.. Areas of misinformation. I purchased this publication because it's well-known. It's an easy read and I usually anticipate reading what is coming next. I came across this book to end up being extremely informative. I also discovered it annoying that there were sections on HIV, diabetes (gestational and non), etc—these topics usually do not pertain to the general population and the ones that do want information regarding these topics need a whole book and close monitoring by a professional to become at all ready for pregnancy with those conditions. I won't enter detail about how exactly calluses form, but they don't type because they're cut aside. Furthermore, the writing design is a touch too cliché, filled up with puns and childish humor. Because you're an expecting mom doesn't mean you now talk and think like a child. The mark audience feels like expecting teenagers, not expecting adults. Finally, there are some regions of misinformation and, when I go through them, it discredited the complete book. Bought this for my son and his girlfriend to learn together because they take the trip into parenthood jointly... It isn't labeled at all, you merely start reading and notice that they discuss different healthcare problems and use a lot of different British slang. Great book Great book Very pleased! It felt like fluff to bulk up the reserve as nearly no reader could benefit from the included information, even if they had the conditions. They form because of friction or overloading the effect of a biomechanical or musculoskeletal element. I wish I've had this book when I had my first child (18 years back!). If you would like the info right close at hand in book form, after that this is for you personally.) are answered here. Best for daddies too! I almost quit reading after that stage and once I got to the end, I wished I'd have.). Lots and lots of very helpful information, specially for those mommies (like me) that are a little bit apprehensive or anxious and get easily concerned. I read a youthful version 23 years ago, and this version is proving to become as useful and interesting to expecting parents as the old one was to me. It really is a helpful reserve! that add to the reading.My hubby really LOVES this book, and he says it has been very useful for understanding all the changes (and problems) that I am going through. He also loves to to understand week by week how our baby keeps growing and what to expect for that week. There exists a LOT of information in right here but I am the sort of person who wants everything so it proved helpful for me!! Great reference guide for parents to be Husband and I love to read this together, while we feel it gives us a nice heads up on what things to expect week to week. The Q& An absolute must have for pregnancy! Pregnancy really is wonderful point, but there are so many unforeseen and unknown parts to it, it could get really intimidating and scary. Reading what others 're going thru or did thru is actually comforting, and it can help us get our questions ready for our monthly doctors visit (there are so many things you don't even think about asking! Very extremely thorough, all of your doubts and questions (even weird ones. I recommend this book! This is a must for any pregnant woman. Highly recommend for fresh moms! I found hardly any useful details in the publication and certainly nothing was protected that wasn't discussed in every app out generally there. I cherished it! Admittedly, I experienced like it was one of those books every expecting mother should read and I didn't investigate the kind of content that

would be covered. I recommend this book for brand-new mamas. Absolutely suggested for all the moms and dads to be! Its been great to truly have a reference guidebook on what to anticipate, and what tests are coming up, so when they perform happen, we are better ready and can reach the core questions answered by our OBGYN. A Must Have Love! This publication contained so much precious info. My doctor kept stating everything was great & Cool when a publication can provide important info and evoke an emotional response. It was a gift if you ask me 23 years back when I got my son. Recommend this to all expecting families, it's been really helpful for ours. I give it to anyone expecting! Recommended Recommended for fresh and experienced mommas! As I watch them reading jointly, I am struck by how this publication helps to foster an instantaneous connection for both of them with their developing baby. For example, page 155 beneath the Manicure and pedicure section it discusses slicing calluses and notes, ". The information is presented very completely, yet in a manner that is quite warm and sympathetic. I recommend this publication for all expectant parents. I didn't need to do anything but after passing up on some testing during the first trimester I made a decision to read ahead in the reserve. cannot wait to learn it!" That is completely untrue and is written in as Truth! I rented this book from the library and decided to buy it!! I also recommend buying what things to expect in the initial year! It's filled with great information. Get this book You will enjoy this book!A part is also great, as there are plenty of questions on there that we can connect with, and we get giggles out of a few of the Dad elements, which are really a good add-on and get this to book feel like its designed for all participating associates. Such an amazing resource! Easy To Read I bought this for my newly pregnant daughter. Arrived on time and brand new! I love reading it We enjoyed reading it. The app is a very good complement for the book, as possible get videos, picture, forums, etc. Timeless Love this book! Because of it I could go into my appointments well informed and able to require certain tests with enough time to complete them. I am entering my third trimester and it has been pretty spot on with everything. I've already purchased the WHAT THINGS TO Expect The First Yr & Must read for just about any soon to be mother! Love this book! They might send you the united kingdom version!



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