

The All-in-One Pregnancy Diary

# WHAT TO EXPECT<sup>®</sup>

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## PREGNANCY JOURNAL & ORGANIZER

Keep track of it all: Memories and milestones • Appointments and test results • Weight gain and diet • Shopping and showers • Plans and prep for the big day and beyond

Heidi Murkoff

with Sharon Mazel



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Workman Publishing The What to Expect Pregnancy Journal & Organizer



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YOUR INDIVIDUAL Pregnancy Companion A Journal and daily diary to record those memorable occasions in the building of your baby-from the test returning positive to the first ultrasound.An All-in-One Spot to write down everything you'll want to remember about the most fascinating nine months you will ever have.An Organizer to keep track of everything pregnancy: practitioner visits and buying lists, birthing plans and birth announcements, baby brands and baby gifts. From the 1st kick to delivery to the first cuddle.



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Met my anticipations!! It is a classic help that is regularly updated through the years and instead of telling you how exactly to do things, the author gives you the pros and cons of most options and information to back it all up. I am starting over being a new mom again after 18 years since my last being pregnant and it offers eased my stress with how much stuff have changed through the years. This is a great read for new parents! Because it does not need to be read from start to end I am not really overwhelmed. She has found it very helpful, a good reference book instead of something you read completely. You can look up the topic that interests you and it is all within. It seemed an all natural fit to follow-up with this book. I got the same publication way back in the day and I knew this was an excellent guide for a new parent. I simply flip to a seemingly relevant section and quickly find answers to my worried mom questions. From safety(don't skip this and assume you know it all already--there's usually something you'll overlook), to skin conditions, to Breastfeeding guidelines, etc. It requires you step-by-step through every ... To Expect When You're Expecting" book and it was super helpful. Just the simple things like how often, when and how exactly to give a bath. I bought this for my child who is expecting her first kid. It's also unbiased with regards to different universities of thought but definitely outlines which safety practices are motivated by AAP. I used the "WHAT THINGS TO Expect IF YOU ARE Expecting" reserve and it was super helpful. When I noticed they had a book for the first yr I had to get it. That is especially nice, to be a new mom has already been overwhelming. This edition is updated with current information. Everything is organized and organized perfectly. As a first time mom, this publication provides helped me make important decisions as a mother or father and to better understand my baby and his advancement. It has been very helpful . Would recommend for new parents! Great publication! I'm still pursuing along with it since my baby is not a year previous yet and it addresses almost all my inquiries. Highly recommended... Recommended for mommas Very informational! I recognize it's a book, not an encyclopedia so it can't cover everything! But for that reason I made a decision to knock off a celebrity since it's a fairly big offer. Overall great information in a clear, slice to the chase design. " It is awesome. .. This might aswell be called "the infant Bible!. Love it & I was VERY relieved to find they also have a publication for what expect the second year! Also produces a great gift! Valuable Information Good read Being able to know which milestones are ahead is great, because then I can prepare another activities and necessities for my babies growth. I was able to lower my crib simply with time for my baby to understand how exactly to roll over. This reserve offers been 100% accurate atlanta divorce attorneys detail. This is actually the same author as the previous book I purchased "what things to expect, if you are expecting," that was also an amazing book to have while pregnant and nervous of what is yet to arrive. If you want to learn all about babies needs within the 1st year, definitely buy this book. Every question I could possibly have provides been answered within this publication." It really is awesome. Highly recommend! Quick access to answers to difficult questions I love just how this book is established. highly recommended reference book Got this for my daughter when she had her first baby. Great Baby 101 Book I am having my first child and even though I have a whole lot of encounter with kids, I must say i don't know what things to expect. I simply flip to a seemingly relevant section and quickly discover answers to my concerned mom queries. As this is actually the beauty of this particular book, I'd not recommend purchasing the Ebook. Recommend for new and experienced moms! Must Have Read!. I had read the What to Expect If you are Expecting 30 years back and what amazed to see it is still a high hit with today's era. Almost anything you can think about to ask about what's happening together with your baby. I came across it so extensive there were hardly any queries I had as an initial time mom that this

reserve didn't address. Would recommend to anyone expecting whether it's your initial or your next or third. Very educational and an absolute must have read to help maneuver during that first year. The only book baby book I needed It's a lot to claim "the only book you'll want". It was for me personally! It even has helpful information on the thing you need and should put on your child shower registry!. It takes you step by step through every month of your babies life. The one thing I was struggling to find was a part covering rest regression. I don't believe you can flip through an ebook with the same results. Came quickly, completely new and just as advertised Softcover book in great shape, no damage, no bends or tears. This publication has everything. It will not cause you to an expert mom, but will at least will put you relaxed. Highly recommend it! Very informative. That is especially nice, to be a new mom has already been mind-boggling. When I realized they had a reserve . How to proceed with the umbilical nub and how exactly to look after it. Fast delivery. You can either read it from begin to finish, or pick topics of interest. Thanks seller! Seems like a good book to have I had good intentions for this book but never actually looked in it lol Gave it to my cousin after me. Very informative I found the book very informative and supportive. This has been the most helpful baby book I have found. A must have for any first time mother! Also I was kind of reading behind while my baby was method past the chapters I was reading, plus some queries I was baffled about or doubting easily had made the proper decision or easily was reading my baby correct had been cover in the book and it boosted my confidence in my senses and offered me reassurance. This book is a blessing for me personally. The glossary makes issues no problem finding. I also love that it has details on almost every topic meant for dad to read. I believe that is great because we frequently leave the fathers at night with regards to these books and producing them feel included also to help them understand things from a fathers look at rather than mothers is very useful. My fiancé loved reading the sections for father and looked forward to discussing what both of us read. I love reading it while my baby is normally napping, occasionally I skip ahead per month or two to discover what brand-new milestones to expect.



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