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# HOW TO CARE FOR AGING PARENTS

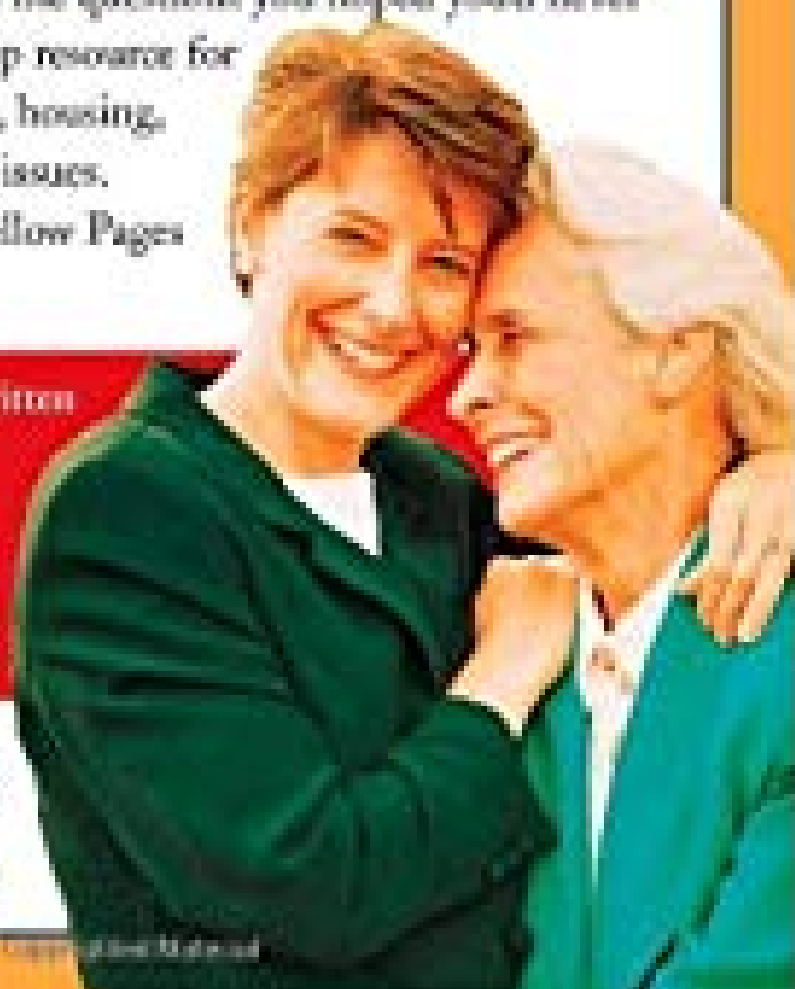
- The book that answers the questions you hoped you'd never have to ask.
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**VIRGINIA MORRIS**

With a Foreword by  
ROBERT M. BETLER, M.D.



*Virginia Morris*

## **How to Care for Aging Parents**



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Thoroughly updated and expanded, a compassionate, single-volume reference to the many emotional, legal, financial, medical, and logistical issues connected with looking after aging parents covers such areas simply because nursing homes, finances, finding a good doctor, legal arrangements, redefining parental relationships, and handling emotional challenges. Original.



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A Graduate Course THAT LOTS OF folks Will Need I suggest everybody read this simply no afterwards than when their parents reach age 60. Personally i think so very much safer having this as avresource to do whatever I can for my parents, whom I dearly love. Amazingly helpful and informative. This book was an invaluable tool and resource for me personally. The strengths of this reserve are: Its breadth and depth of clearly presented information; the countless quoted reflections by adult kids caregivers, which are illuminating and touching; and the annotated links. I was disappointed about the lack of specifics on changing the diaper of a bedridden adult and approaches for securely moving an elder who's weak and unsteady on his/her foot. Estate planning, end of existence decisions, legal considerations, funeral planning, resources for long term care, cancer care, Alzheimer's and dementia, respite care for caregivers, and so a lot more practical info all in a single place. Nevertheless I recommend this book. It has information regarding every part of eldercare from what signs and symptoms of maladies common in geriatric individuals. I purchased books for my siblings as well so we are able to have a better understanding of the road ahead. This is my third copy of the book. The reserve is well-written, thoughtful, useful, and completely on focus on, on any topic we had a query about. It is a serious thing to care for a parents in fact it is not really easy. I recall thinking at the time that I want I had go through this book about 6 months earlier. Essential Source! I also thought the frequent reference to "spending down" to achieve Medicaid eligibility must have more often been accompanied by warnings about the risks of long waits and occasionally poor services by providers that accept Medicaid reimbursement. Essential for anyone with aging parents, and worth a read which means you can make things less complicated for those who will be caring for you in your later years. Obviously not every little bit of advice will fit every family, nonetheless it gives you a lot to take into account. I've read it all and discovered it very useful for my current situation. Great resource, plenty of helpful details, and a reminder: YOU ARE NOT ALONE Lots of great info. Some anecdotal stuff too. And no nursing home. I have recommended this book to dozens of people through the years, including my monetary planner who gives a copy to new clients. Love, Patience, Understanding Many people today end up in the uncomfortable (or important) position of looking after an aging parent or parents. We say among ourselves, you can't get this to stuff up, and nobody writes a book to let you know how to get this done, but here's a book that actually is a superb resource. This book is very comprehensive and informative. Probably because I am a nurse and even more aware of what is entailed in looking after people who have disabilities, I was longing for more. Unless you know where to start with figuring out how exactly to look after your aging parents, this is a good reserve to use to begin with the journey. All the information had a need to learn about the issues of aging parents. This book has some good basic advice This book has some good basic advice. I downloaded the Kindle edition and have numerous bookmarks and notes. Another companion book to this one, also by Virginia Morris is normally a reserve called "Talking About Death" can be an invaluable in depth appearance at end of lifestyle issues.! I desire my buddy would read it aswell, but at least he's gotten some of the info used through me. Excellent resource atlanta divorce attorneys way I have bought this publication for at least 6 other friends. Five Stars In case you are a caregiver, this is your new bible. Reminds you you are not alone. Five Stars Title tells the tale - lots of great details and help in this book. This is an essential reserve for anybody who cares or is about to care for a parent. I was awe struck by my partner and her sisters and how both took turns through the week and weekends during their parents senior years. It addresses every possible helpful factor you could envision, from safety tips for your parent's house to going with them to the physician, being their advocate if they can't keep all the facts direct. And throughout the publication, the caregiver is encouraged to take care of themselves, to not get discouraged, to guard against the depressive disorder and anxiety that all of the causes. This reserve was sent to me when my dad was diagnosed with cancer. The lovely 'circle of existence' is a nice idea, however in reality---yes, they did care for us as babies and now they want our help---but they aren't babies plus they don't want to have to need help at all. It's methodical and individual and comprehensive.! Then you'll want to refer back to several chapter of the book

(or simply a subsequent edition of it) as your parents' needs evolve. You can read, look up just the topic you need at that time, in the table of contents or index, ---it will not require that you read it from cover to cover to obtain a lot out of it. Great Reference Plenty of information for family members and caretakers.. It came in useful for my sister who is our mother's caretaker. informative informative One-stop shop Very helpful. useful, and completely in target INVALUABLE! It calmed me down and required the stress out out of all the planning that needs to be done. It provides checklists, resources, anecdotal experiences - and it is written from the perspective of a child who would like to do what's right. It's not sterile or hyper-specialized. They just want their life to go on as before, with their independence and autonomy. At 640 pages, it is fully indexed, so you can just use it as an encyclopedia for the things you don't know. Assisting and caring for ageing parents equals the challenge of raising kids and occasionally extends for as much years. most don't think concerning this topic until it happens like me. It's so much more challenging than you .. This publication has provided us a lot of insight and possibly some guidance for the future. Read it just before your parents get to 70 yrs.; most don't think about this subject until it occurs like me. It's a lot more complicated than you imagine especially if you do not have a genuinely loving relationship with your parents. No fuss, no muss. It is advisable to have an excellent overview prior to the need arises. For those not luckily enough to possess siblings nearby or who work very well together, "HOW EXACTLY TO look after Aging Parents' is a very good begin to understand the many plans needed to look after aging parents. I highly recommend to everyone I understand who is coping with the many decisions involved in looking after aging parents. So we must anticipate their needs, be there to help, and recognize when we have to get outside help, because we simply cannot do everything, and maintain our own lives, jobs and families in addition to theirs. During two 12 hr drives (to/from aging parent location), we utilized this as a crash course guidebook, and it proved its worth repeatedly during our stint. I've loaned out/given away my various other 2 copies rather than got them back again. The only thing I'd have enjoyed to have seen more of was 'Longer Distance Crisis Management' (which we were in sore need of). Fabulous source - buy it!



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