

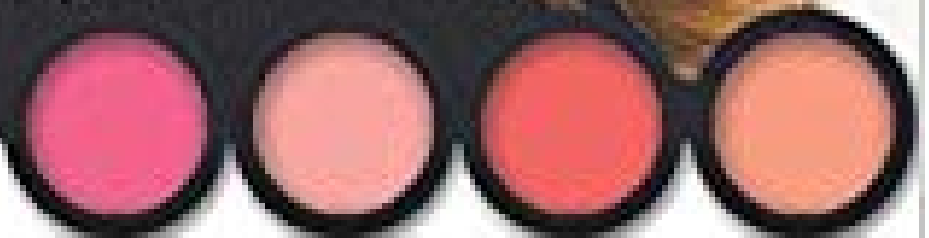
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*Paige has been making me gorgeous
for nearly a decade, and now she
can make you gorgeous too.*

—From the Foreword by
JILLIAN MICHAELS

the **GREEN** beauty *Rules*

The Essential Guide to
Toxic-Free Beauty, Green Glamour, and
Glowing Skin



WHAT TO TOSS | WHAT TO TRY | AND WHAT TO BUY

PAIGE PADGETT

Green Beauty Expert | Celebrity Makeup Artist

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Paige Padgett

The Green Beauty Rules: The Essential Guide to Toxic-Free Beauty, Green Glamour, and Glowing Skin



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We Departing all of the jargon behind, Padgett offers precise info in a fun, friendly format, and provides women all the tools they have to reduce their Cosmetic Footprint and adopt a far more sustainable, healthful and sexy life-style! This is the first book of its kind to offer an action arrange for creating a totally green beauty routine! In Green Beauty Rules, Padgett shares personal anecdotes, close-guarded strategies and surprising facts about the beauty industry, while seamlessly fusing environmental issues with her contemporary beauty philosophy. For visitors who are not used to the green beauty scene or already experimenting with ecoconscious make-up and skincare, this is the essential instruction to a fresh and sexy attitude for a wholesome future. She also teaches practical ways of make green beauty easy?like how exactly to read labels, see through misleading buzzwords, and determine toxic chemicals. Green Beauty Guidelines – the publication and the brand – is about discovering that green can be glamorous.most want to experience sexy however demonstrate compassion for our planet at the same time. Using a step-by-step method, Padgett guides readers through the decision-making procedure for what to try, what to toss, and what things to buy.



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Lots of great tips and tricks Lots of great guidelines. This is often an invaluable tool when making decisions on what to purchase. I'll admit, I had an extremely different expectation when I picked the book. I tend to purchase lipstick/lip balm/ lip pencil with organic, "green", with some organic elements, but now I have already been educated on also facial cleaning and maintenance options. It also describes at length properties of toxins. Five Stars must read Go Green with Your Beauty Routine I avoid much makeup but when I do, it's usually has organic and few nonnatural elements. The colors in the book were radiant as she reassured us that more "green" products are being introduced, more than when she originally started her blog. I got by no means given much thought as to what could become in my makeup products. Overall it had been a great read and extremely helpful! Great resource! Not merely did she offer "green" and sustainable options, but also how exactly to changeover to those products at your own speed! For everyone who would like to live a toxic free life. I found this book to become informative and educational without preaching on environmental issues or how chemicals will ruin my entire life! and when I began reading I recognized it is an excellent guide to have. excellent book, life changing This was an amazingly eye opening book. Particularly like the simple, step by step actionable approach. LOVE this book LOVE this book! So, this book was of interest to me, though I had not heard about the blogger/writer. I don't generally read books or sites about makeup. This reserve piqued my curiosity when I saw it provided on NetGalley for review. though I avoid makeup for most part or prefer to apply makeup, I do communicate with a lot of people and asked questions about makeup, or need to at times, do a few things to satisfy my family members :) That is where the necessity for using make-up for occasions came into picture. It began a bit slow for me personally with explanations that I personally didn't need, but would be helpful for those not used to the concept or skeptical or just wanting more info..! She did not preach, humiliate, or utilize it as a soapbox.**I was kindly supplied an eARC by HCI Books through Net Galley in exchange for an honest review. I had heard about it on Jillians podcast and made a decision to order it. I have a pastime in embracing character that's no secret. This is where the beauty industry is headed. The description of the toxic ingredients versus the benefits found in the 100 % natural ingredients blew my mind. I've known all of this time how harmful all of the various petrochemicals were, and I have been okay with not really wearing them. Very informative This book provides set of products which are "green" which is very helpful. I'm pleased that she compiled the book from her blog posts because I would never have found out her or this book. Padgett provides some of the science and ecology behind why the products aren't good for humans or for the environment.. Of course, it is not updated as easily as a blog. An Elaborate Guideline on Green Beauty for Every Woman! Note: We received a review copy for free from NetGalley. That is a solid resource, specifically as an ebook can be updated and mobile enough to take when you're shopping and making decisions on products that affect your wellbeing, the environment, and your values. I was surprised just how many of my "natural" products were just the same garbage with good advertising. Overall, though, a great resource. I really appreciated that she was not preaching an "all or nothing" approach. Having having said that, I will also acknowledge that I truly enjoyed The Green Beauty Guidelines by Paige Padgett. That is a growing motion... She shares her personal experiences in addition to those of her clients. So, yes, I don't use a lot of makeup, but I needed to know how to go about doing it without using harmful products, or probably prepare my own products and in some way thought I will have quality recipes in this reserve when We picked it up :P I understand, I understand :D Yes, We realized this book is more on the subject of picking the right products soon enough ...!.. This explains things that aren't suitable for skin but trusted in cosmetics and skincare

products and what not .) with this format. You can learn a lot about what in order to avoid when buying products off the shelf and depending on your geographical area, products you can purchase, when you are looking at Green Beauty products. I liked that her book was direct to the idea - no beating around the bush, had options that are ideal for people that have limited budget - this means, you don't have to spend a lot of money for buying items that don't damage your wellbeing ... Fortunately she will not suggest throwing everything out, but does talk about transitioning to clean, green, but that it's okay to keep some of your total favorites. Along with item info, she also provides us tips about achieving different looks.. This book is broken down into sections and chapters that delve into different aspects of green, clean beauty that include some personal reflections, the research, the ingredients to consider, developing your own green beauty kit, beauty secrets, and a section I particularly enjoyed by the end that included multiple makeup looks and how to achieve them (she actually is a makeup artist). Good makeup tips This is an excellent book if you worried about what's in your beauty products and would like advice on what is a better choice for the next makeup or beauty products purchase. It was more like a helping hands and showing just how. In a world where most ladies can't completely shun cosmetics, knowing what and what never to buy is important and this book offers credible and in depth advice in that regard. Glad there are alternatives out there! I haven't worn make-up in probably close to 15 years because my skin is indeed sensitive. I am right now better able to decipher labels. Nevertheless, I have sometimes wished for cosmetics I could wear, products that wouldn't have my eye swelling and watering and my wanting to claw off whatever was burning my encounter. I'm thankful the Ms. I believe that she'll have increased her viewers and reach (I am hoping! I'm also thankful she supplied some sources of better products. What I really wish she had supplied was some recipes to make my own items.. I gratefully received a free of charge ARC via NetGalley for my unbiased review. Great read for anyone looking to tidy up their cosmetics Great read for anybody looking to tidy up their cosmetics. Paige Padgett is normally a make-up artist in Hollywood and has done the makeup of celebrities. Over time, she started using all natural, cruelty free items on her clients, and in her personal life. She also did a significant amount of study on substances, which she shares in this reserve. I had so many webpages bookmarked (I browse the ebook), that I understood that I should remove pen and paper and begin writing a few of the issues she shares down. I got a couple pages filled by the the time I finished this reserve. I read a book on similar subject, but I did not get as much information as I acquired from Paige's book and recommend anyone seeking to clean up their personal treatment stash to take a look at this! Just what a refreshing modification from the most common guilt and shame many of us deal with nowadays! & most importantly, she has shared a wealth of information from her experience as an make-up artist in Hollywood for a decade . Five Stars Amazing book! We received The Green Beauty Rules by Paige Padgett from NetGalley in return for an honest review. Recommendations are great! The author requires a realistic method of makeup and how exactly we use it in real life.. I really appreciated the lists of elements and the reasons they might be considered dangerous. My beauty routine has been officially greened. I feel like I am given the information and it's really up to me on how best to utilize it. By the last page, I was considering what was lurking in my own makeup and toiletries. Many thanks Paige for a great resource.



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