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STAGING YOUR COMEBACK

A Complete Beauty Revival for Women Over 45



by Christopher Hopkins

THE MAKEOVER GUY®

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Staging Your Comeback: A Complete Beauty Revival for Women Over 45



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Known as The Makeover Guy ® from his appearances on The Oprah Winfrey Show and other national television programs, Christopher Hopkins believes that because they age, women are more beautiful but frequently feel less appealing. Restore your locks with your ideal trim, color, and style.taken a backseat to everything and everybody else to emerge from the shadows and consider center stage. Right now it's your convert. Using Christopher's step-by-stage strategies and detailed assistance,you will learn to: For more than twenty years he's encouraged women who often feel like they' possess He's out to improve that. Renew your spirit and keep maintaining your look using Christopher's revival instruction. Refresh that person with 'visible lift' make-up techniques. Revamp your wardrobe to flatter a changing body.



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a must read Please don't listen to the negative feedback. Five Stars I really like studying beauty and trying fresh things! I buy it for every of my gfs turning 50. Pulling together the entire best search for yourself! Getting older and looking good has different problems than whenever we were young. Started reading it the day I got it. Beaten up and frumpy with dull hair? Listen to this guy, he understands what he's discussing actually if we don't usually want to listen to what he has to say. Informative, useful guideline to aging gracefully We enjoyed this makeover publication, which is specifically targeted at women 45+ (I am 49 as We write this), and I think the tips given is fairly good. I really DO appearance better with a lighter, warmer hair color. explanations of why particular styles or colors simply aren't a good idea of all women this reserve is targeted to reach. I believe a lot of us are guilty of keeping styles that flattered us years ago, and I also believe most of us are unwilling to place the time and work into really making ourselves look good, at least until we see what can happen when we do (as can be shown quite well in this publication). I think the one thing I couldn't trust in the complete book revolved around nail polish - the writer shows that women over 45 should stick to natural-looking nails (or french manicures), even though I would concur that dark nail polish, and maybe neon colors, might look odd on an older female (unless she was relatively outrageous in her style already), I believe most colors look gorgeous regardless of your age. It's the effort of getting or doing the manicures/pedicures that is important - keeping your fingernails groomed and nice-searching. the book's tips seem so simple yet, they work extremely well! Otherwise, I virtually agreed with everything the Makeover Man had to state. Easy to follow tips, a little inside information on Christopher's family members his mother and his life. This is my favorite reserve on aging gracefully. This book ought to be required reading for every woman over 30. The writer presents a clear arrange for defining one's design and making the best choices in bringing that intend to fruition. He explains and demonstrates that appropriate does not equivalent dowdy, and that maturing gracefully and stylishly is usually doable. There is a lot of psychological explanation for making the fashion choices one makes as well as concrete methods to incorporate those choices in ways that enhance rather than embarrass. I was salt and pepper and my natural hair color is dark. He knows his stuff. Change it up This is an extremely well written book. Read this reserve! I'm likely to keep this publication and refer back again to it many occasions. We should modification our look every so many years. I think a lot of us don't we get more comfortable with the design that people like and we keep it for a long time. Christopher tells us that people need to change things up sometimes. I'm super satisfied - there are many age-specific ideas which have improved my overall appearance from check out toes. Now I see middle-aged and older "matrons" who are getting it wrong and feel sad for them. Helpful Info I purchased this reserve hoping for specific advice on the subject of keeping my look current as an aging girl;..e. While much of that is timeless advice, I am hoping that he updates this book sometime soon. I was happy to find his publication. How many women over 50 do you observe with the same kind of man haircut, the same fanny pack, and the same kind of white sneakers? Many thanks so very much. The Before/After pics of varied women were stunning, with great wardrobe & I enjoy the witty writing design, as if he's really operating a makeover on me that minute. styling tips/techniques. Wonderful book! We need an updated version of this book!! This book has a great deal of sage advice. I really love that Christopher really wants to help us older women along in looking for the best look for ourselves. Staging Your Comeback So many ideas for women over 45. I sensed like it looked like I gave up. If you would like to try before you buy: look at his makeovers on YouTube. The attendant real makeovers demonstrated throughout are useful, as will be the tips & I am hoping to remain attractive and interesting to other people as I age group and also avoid the dreaded "matron" label! As Christopher says, its about self-respect. I simply love The Makeover Man and have seen many

video clips he is wearing YouTube. I noticed in reading certain issues are skimmed over or omitted like selecting and using bronzer (which he recommends). Super fast shipping.! Pics.As you read through this book there are some things you probably already know, however the biggest takeaway from studying it really is that I AM WORTH THE EFFORT and I could achieve almost whatever I choose to as I age. Understand this book I believe you'll find out a lot... including the importance of updating my make-up routine as I age (i.! the importance of eyesight liner and mascara for aging ladies) updating hair color and style, finding flattering clothing designs, going for softer colors and wearing body shaper undergarments, elongating the hands by choosing neutral nail color, etc. more focus on eyes and much less on lips; The recommendations are effective and so simple to adopt - many times I've believed "gee, that appears so apparent, why didn't I know it?The recommendations are just what I hoped to find - after having the book for many months I find myself returning to it from time to time and adopting even more ideas that I missed on previous readings. Like new Thank you!! highly recommend it to other people who desire a common-sense, how-to primer about looking one's best simply because an aging woman. Great job Chris and thank you.. This book was published in 2008, that was a decade ago as I compose this, so probably the wider range of lovely colors currently available did not exist then. Great Guidelines & If you want to attract people to your look and increase your confidence about your picture as you age, this reserve has many tips for you! Most of us make these errors and we don't know how to fix them until Christopher displays us how, easily. Christopher & his mom give great tips! While I think that he favors specific looks and certain hair styles, he's sensitive to specific womens reasons for attempting to stay status quo in a few areas! grew my very long hair out gray, kept it that method for a 12 months and honestly I hated it.Love you Christopher and all that you carry out for all of us older women! Initial tip that saved me \$\$\$ - and it protected the price of the book - was that it had been not necessary to maintain perming my hair also to try other things instead." I am extremely grateful this jewel-publication can be in my own bookcase! This reserve is so perfect. Four Stars loved it...requirements more images and less words! Tells you hints It was interesting All of it Very informative Rare book that basically is for an older female and has great tips and appropriate suggestions. Inspiring, educated, practical, respectful. Those who are looking for avant-garde, earth-shaking, new and unusual ideas is going to be disappointed.



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