

**The Importance of Early Mobility on  
Brain Development & Lifelong Fitness**



# **Fit Baby, Smart Baby, Your Baby!**

**FROM BIRTH TO AGE SIX**

**T H E   G E N T L E   R E V O L U T I O N**

**GLENN DOMAN  
DOUGLAS DOMAN  
BRUCE HAGY**

*Glenn Doman*

**Fit Baby, Smart Baby, Your Baby!: From Birth to Age Six  
(The Gentle Revolution Series)**



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The early advancement of mobility in newborns is a vital part of their future ability to learn and grow to full potential. We may be wasting our children's most important years by avoiding them from physically exploring their world and maximizing their mobility development when they are young-the period that is is easiest to allow them to do so., Glenn Doman-founder of The Institutes for the Achievement of Human being Potential-along with Douglas Doman and Bruce Hagy show you in maximizing your child's physical capabilities. In Suit, Baby, Smart Baby, Your Baby! They clearly explain each stage of mobility and show how exactly to create an enviroment that will assist your baby easier make that happen stage. This inspiring reserve shows the way the team of mother, dad, and baby can explore and discover jointly the joys of human being mobility. Full-color charts, photographs, illustrations, and detailed however easy-to-follow guidelines are included to assist you create an effective home program. From learning the simple but vital stage of crawling to the beginnings of the advanced abilities of the gymnast, this athletic team may be the one that's most important to baby.



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Very interesting I recomend the book even though I do not acknowledge all issues with the writers.. The book inspired me to create my very own program for my premature twins who are growing stronger every day. Parents, teachers and educators have got the energy and choice to teach their children and college students with these simple methods, for brighter kids and a bright and peacefull and happy potential. It is essential browse for all educators, teachers and Parents. This will be my newborn shower present to all new parents... Great book! Five Stars Very good book, essential read for every parent. I recommend it to any family . I recommend it to any family where fitness and health are a priority..! Five Stars Great program Book Review -- Fit Baby, Smart Baby. Five Stars Great book, wish We had it before baby was created Great book! Simple and effective teaching methods. I have not read very much about them before this reserve so it might not be so new to experienced parents who read up on similar topics. Most parents already know all this "good sense" stuff ..... money could be better allocated to "other" baby merchandise Clear instructions.... money could be better allocated to "other" baby merchandise Most parently know all this "common sense" stuff .



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