

A Safe, Effective, and Natural Way
To Stop the Cravings and Kick the Habit

End Your Addiction Now

The Proven Nutritional
Supplement Program
That Can Set You Free

Charles Gant, MD
Greg Lewis, PhD

AMPHETAMINE

COCAINE

CRACK

COCAINE

HEROIN

MARIJUANA

CANNABIS

WINE

ALCOHOL

COCAINE

CRACK

COCAINE

CRACK

AMPHETAMINE

CRACK

CRACK

CRACK

CRACK

CRACK

CRACK

CRACK

CRACK

CRACK

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CRACK

CRACK

CRACK

CRACK

CRACK

CRACK

Charles Gant

End Your Addiction Now: The Proven Nutritional Supplement Program That Can Set You Free



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END YOUR ADDICTION Right now by Charles Grant, M.D. and Greg Lewis, PH. However, I educated myself, after that suggested the book to my naturopath, and she found the perfect product for me personally to make use of as a companion to the book. But I DO have an addiction to carbs, just like probably every person walking down the street with an growing waistline. I had NO idea even more are produced in the gut than in the mind and how you deal with your gut is going to impact from cognitive function to every aspect of your feeling. It manuals you through the beginning o the finish with supplement you'll want before your own voyage. Don't browse all the crap out there n the internet or even from close friends. You WILL come out a champion ultimately (I'm nt going to state it's a plate of cherries), but by purchasing the product quality products the authors tell you firmly to invest your money in are really worth it! Charles Gant provides solid study, and he understands and has learned what he is discussing. Especially with medications, there exists a light by the end of the tunnel and my God, could it be worth it! It makes obvious feeling that there would be. It has been rewarding through the years of my practice, to watch the addicted individual turn themselves around and gain independence over their addictions through the use of nutritional supplementation in extremely specific ways for each of the neurotransmitters. Although the book suggests particular regimens of supplements, and recommends brands, I came across that to become beyond my budget. A Concept That Works Better Than Any Other Exceptional resource for those people who are battling numerous addictions. When those with addictions have carried out all of the psychological work and been to all of the rehab clinics and still have the issue.. I recommend that you try out this approach. This book is a good for putting "tools in your toolbox" Gives plenty of options for alternate helps from nutrition, herbs and supplements and more..it is refreshing and encouraging to understand that nutritional intervention works when everything else fails.! Through his three years of knowledge treating people who have addictions, he has found out different neurotransmitters correlate with specific "crutches". Bravo! to Charles Gant and Greg Lewis! Not only for garden variety addicitons I'm not even sure why I read this book, nonetheless it opened my eyes to a new understanding of nutrition. I don't have what most people think of when they think about addiction: drugs, alcohol, cigarette smoking, etc. The book offers you so very much help and guidance before you even start your own pre-started, own personal process of coping with your particular addiction. And for me, this book stopped that expansion in its tracks. Before reading this book, I had just a vague knowledge of what neurotransmitters were and how important they are for the brain. There are ALOT of addicts out there that book is a must-read for them. The product was much more affordable than separately supplementing with neurotransmitters,[ASIN:B000WSGS24 Dr.Dr. Changed my life! But this just makes things worse because instead of the body getting what it requires to produce the neurotransmitter itself, it depends on an unsatisfactory crutch. Plus, more than one neurotransmitter could be involved so several crutch could be sought. He has come up with tests in the book to assist you discover in which areas you may have deficiencies. Nutrition works, and I am delighted to find such a well written book on this subject. it's changed my entire life. It's too poor because he provides nod to the fact that sugars/carbs are some of the most addictive substances there are, but doesn't really address them in this book just as much as he does the traditional addictions. However, the book has opened my eyes and changed my entire life where none of the normal low carb or sugars busters books worked well for me previously. Once you browse this, you'll realize how basic and logical it really is, and in addition how threatening it really is to the amount of money hungry professionals. Gant's book can be an invaluable first step.. I've passed the book on to others for review and also have

passed on simple suggestions such as using GABA. GABA offers helped 3 people I know to see through a Xanax addiction, so they said. WILL NEED TO HAVE TEXT for LADC's Arrived timely. This reserve is a good for putting "tools in your toolbox". I am an Integrative Wellness Specialist, and presently in Grad School focusing on my LADC; I absolutely LOVE this book! Every parent must read this publication in order to safeguard their children from the growing threat from the psychiatry industry and the pharmaceutical industry. Dr. Gant End Your Addiction Now This book is a must read for adults and particularly for parents. There are some guidelines here There are some good ideas here, but I came across information that I have never seen before about ending addiction in the book "YOUR VERY BEST Health Today" that is life changing! This book gives great details on how to get rid of the cravings of drug abuse and his success rate of treating patients and curing them is certainly amazing. this information is incredibly helpful and I plan to implement with customers soon! Solid research and understanding Of program the medical and psychology field will attempt and debunk him for his groundbreaking function. It's not a question of removing a crutch - it's a question of giving the body the building blocks it was designed to use to construct its important scaffolding itself and Dr. I've dealt with drug and sugars addictions, all my life. I've tried many conventional programs with no success. After just two days taking amino acids, I feel even more in control of my life, and my decisions than I have for days gone by 20+ years. And I am here to tell you this is all accurate. He explains it in layman terms so it's easy to comprehend. Interesting and incredibly factual Such interesting information and dietary facts that one can use as tools to take part in their own healing process. But if you don't have any of the traditional addictions, these exams could be of limited worth. I strongly recommend scanning this reserve; I purchased this book on my kindle, and found that is it easier to get the hard copy, as I make reference to prior pages often. Dale's Neurobalance Pro Homeopathic Remedy]] and Dr. Five Stars good read Informative Great information. Has a lot of useful details about natural supplements rather than using prescriptions Have obtained several copies for people I understand with addiction. Has a great deal of useful information regarding natural supplements instead of using prescriptions. I am a biologist, and I've struggled. Finally! A method to help with the physiological causes of addiction! Gant puts forwards the idea that when you feel deficient in a particular neurotransmitter, through poor diet, mal-absorption or genetics, you settle on a "drug of preference" to cope. Great Book! I understand there exists a link between brain chemistry and addiction. After decades, I came across myself with issues again.! This reserve outlines solutions. I tried a few of the supplement suggestions, and discovered that they really bridged the gap remaining by therapy/treatment alone. I, myself, am living evidence it CAN be done with minimal work on reading and re-reading it for its compassionate support by these fantastic authors.D. Dr. Dale's NeuroBalance Pro fundamentally contains every neurotransmitter obtainable. Gant's book provides all of the info you need about cofactors and various other vitamins and minerals to take so you are sure the neurotransmitters function. Flushes it, same as other excess products. Once that door can be opened, nutrition becomes awe inspiring. A book you can refer to often and provides great info on the way the body responds to different supplements. You may not need them all, but what do you consider the body does with the excess?. The medical career is putting people and especially kids at risk by the over usage of perscription drugs.



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