

*"A 21st century women's health classic."*

– ANN LOUISE GITTLEMAN, Ph.D., C.N.S.  
author of *The Fat Flush Plan* and *Before the Change*

THE **YEAST**  
AND **CONNECTION**  
**WOMEN'S HEALTH**

**COMPLETELY UPDATED.**  
DISCOVER THE STARTLING  
CONNECTION BETWEEN  
YEAST AND OBESITY!



**WILLIAM G. CROOK, M.D.**  
WITH CAROLYN DEAN, M.D., N.D.  
AND ELIZABETH B. CROOK

William G. Crook

The Yeast Connection and Women's Health (The Yeast Connection Series)



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An increasing number of women have problems with chronic wellness disorders that appear to defy treatment, with problems ranging from vaginitis to migraines and despair. Included is vital info on prescription and nonprescription antifungals, lifestyle changes, dietary modifications, and dietary supplements?all offered in easy-to-understand language with genuine examples of females who restored vibrant wellness with their lives. Now, wish is at hand in the completely revised and up to date The Yeast Connection and Women's Health.



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Life saving book This book helped me realize the dangers of antibiotics. I got numerous antibiotic remedies when I was youthful and I suffered the consequences with chronic headaches. I was bedridden for almost seven years with a bunch of symptoms along with chronic migraine. GREAT BOOK!) So, in the event that you understand someone or are having problems like meals allergies, chronic fatigue, Irritable Bowel Syndrome, any type of chronic discomfort, or you appear to be "sick around"-- read this reserve!. Those incidents intended he had to take antibiotics. Learning how exactly to recognize and control yeast-based infections is of main importance. First I stumbled upon Dr.) doesn't actually Trigger all the diseases/symptoms connected with it, nonetheless it certainly has a CONNECTION (hence the name of the book; Robert Lustig's Fat Chance...then your video of Dr. William Crook with Dr. Dean on Youtube. It had been the very information I was looking for and instantly bought the book. He recomended I read the book in the first place. The Yeast Connection. not inpressed it would be difficult to follow the diet. This is an absolute must have book if you have a problem with yeast overgrowth! The pages arrived of the book almost the moment I received it. You can do it!, but it will probably be worth it when you start to feel better!..People are, for the most part, on their own in relation to their health. Not Science based! Yeast overgrowth. Learn to beat it. Learning to conquer the devastating effects of yeast overgrowth provides saved my wellness/life.NOTE: To be able to recover from this systemic yeast, there is a strict diet that is so vital that you follow and stick with--mainly cutting out sugar in the diet! With the medication I took not producing me better, I got the suspicion my son's meds would also not really work over time, therefore I had to accomplish Research during the hardly any days that I was able to read and store Stuff in my head. Great information in this book Great information in this book! Dr. :) Fabulous book! My family began the candida diet plan in February this season and continued to paleolithic diet plan after 45 times.Yeast (overgrowth of the digestive tract etc. Bruce Lipton's The Biology of Belief, then Dr. since then, I was away of bed and had only two migraine episodes (when I was tempted to eat something that was harmful to me) I haven't got this energy just before, my supportive husband who was obese dropped 20 kilos and is now active throughout the house (the Television is now more often than not abandoned), my child is now a calmer even more focused young person. "The Yeast Connection and Ladies's Health" provides readers with expert insight into many chronic health conditions, from vaginitis to migraines and depression that women experience and the link to Candida overgrowth. Many physicians I saw wanted to deal with my symptoms without getting to the main of the problem. (I'd rather progress than have a slew of medicines that have nasty, long-enduring, side-results. I was simply existing until I acquired to do something. It may completely switch your life--for the better! Traditional medicine doesn't seem to be totally on board with this issue. That is really difficult for people with yeast-related complications.. as a natural/holistic doctor I definately recommend this reserve! Our GP didn't tell us anything about the nice gut bacteria becoming massacred with antibiotics. I will generally stay reformed in this part of my day-to-day life, and I continue to work at it. The sad thing is: NO DOCTOR informed us that we have to go through another treatment after an antibiotic treatment. This reserve and others on the same subject matter are of GREAT value. Too poor because I really was motivated to learn it. As a qualified ND, it really is validation that the MD's finally capture up from what we have known for a long time! Crook's innovative and groundbreaking work and research is discussed on web pages 127, 132 and 137 in my own book, ! I couldn't rest, my weight went along, I couldn't work, I had to stop studying, I just had no interest on life.. A crock of pseudo science!. Plenty of great information to help you understand the issuse even more and be able to overcome it! I finally bought myself my own copy! Yeast

(Candidiasis) isn't just the itchy stuff, it's a lot more than that, as my physician explained to me. Recommend this book, I learned therefore much!. Five Stars Thank you. VERY INFORMATIONAL! HAD THIS Reserve YEARS AGO -LOOKING FORWARD TO READING UPDATED VERSION! We need to arm ourselves with understanding and thank these DECENT doctors who do right by us and their conscience. My mother has this book and I have borrowed it several times; Don't waste your cash Nothing you couldn't get off the Internet Many of the links provided didn't work. Confirms what I learned in school. Then my te 12 months old son had strep infections twice last year, after that he was bitten by tick and got lyme disease. "The Yeast Connection and Women's Wellness" provides readers with expert ...) I have been experiencing a lot of the complications listed in the publication through the years that didn't appear to be related to anything specifically and was definitely not acknowledged by my regular doctors. This publication provides vital information and effective treatment options, including dietary adjustments and supplementations that assist in restoring proper Candida stability. Read this book!! The pages arrived of the book nearly as soon ...I am thankful the info is out there. The binding had not been tight



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