

Copyright © 2004

MARGOT SUNDERLAND

Foreword by Jaak Panksepp

the science of parenting



How today's brain research can help you
raise happy, emotionally-balanced children

Margot Sunderland

The Science of Parenting



[continue reading](#)

A thought-provoking introduction to the art of parenting furnishes practical parenting techniques, strategies, advice, and suggestions for every stage in a child's development, bringing together full-color photographs, real-lifestyle anecdotes, and tips to help insure a child's physical, emotional, and psychological well-being.



[continue reading](#)

The BEST book on parenting ever!! The writer presents research from the fields of neurobiology and neuropsychology which speaks to the need for a child's secure attachment to her caregivers also to the way in which parenting behaviors can transform mind chemistry for the better or worse. The BEST book on parenting ever!! we discuss table manners, respecting the prepare, etc. I've often wondered what component of baby's human brain develops when and how items I really do can enhance/inhibit development. If you examine one parenting book - THIS IS THE ONE TO READ!! Recommended to family and friends after using book in a grad school class. Wery well crafted - in case you are a busy mother or father who do not have time to read many books - buy this one So far, we enjoy it So far this publication has been great. I read it when my daughter was about 4 a few months old and I'm therefore glad I did. It's brilliant !! Excellent information!!!! Riveting! I loved reading the entire book and still give 5 stars. Even before learning to be a parent I thought someone should do research upon this. TA-DA! Here it is! Finally! she uses punitive type implications (taking away movie viewing privileges for splattering pudding) while I prefer logical consequences (child must tidy up the pudding no more dessert for the night; Knowing more in what those areas do just helps the, "oh, which makes sense," process happen quicker. I in fact did not trust all her suggestions. You're doing even more for your child than if left to "cry it out. A must read for new parents I may't say enough good things about this book. Browse this book and you'll realize (in my opinion) you're in the right, they're wrong. I also recommend this book to parents who wish to debunk myths about specific situations such as "spoiling" your child with interest. A few folks criticized the publication for not being entirely research-based with regards to some of her recommendations and for her presentation of "case studies". Fantastic for understanding development and how to parent accordingly! If she hadn't provided this advice folks could have complained the publication was too abstract and didn't include any concrete suggestions! The Technology of Parenting is the best parenting reserve I've read in many years. I couldn't place it down. The book is so packed with objective science that whenever the writer used her knowledge and expertise to advise certain procedures that would create an optimum environment for a child's advancement it didn't seem off to me. Recommended to us by a skill therapist, a nurse, and a psychologist." Trust your instincts because they're there for grounds. You can read for a nonscientist but offers footnotes to copious professional articles for those wanting more meat. Couldn't put it straight down! Not saying unless you have that background this book won't help you or make sense, but I believe it helps (I've one so probably I'm bias). She recommends time-outs and we try to avoid them; I highly recommend this book for people who have significantly more of a "technology brain" or possibly an anatomy/physiology background, since different parts of the mind are described.!). The items I disagreed with her on had been in gray regions of interesting dialogue and didn't put me off the reserve whatsoever. I love this book! Lots of good information in here! Probably your feeling pressure from others that your performing something amiss by comforting each and every time baby cries, and defeat yourself up about permitting them to cry so much? Recommend to any mother or father or anyone thinking of becoming a parent. It addresses all of the common questions and struggles, birth-5. I feel more confident in my parenting choices and design. As new parents, family and friends throw their views at you on a regular basis, most of which are not based on any science. This book is hands down the very best read as a fresh parent Based on Actual brain research, and not someone's random opinion. Easy read and great for sharing information with others. This not merely gives you the science but it tells you how to proceed and how. This book is without doubt the best read as a fresh parent, and through the first

couple of years of your childrens' lives.!! found the case studies very interesting because they provided an example of how the concepts she discusses in the abstract apply to a real life child or family. Really nice for connecting science with raising children I am loving the book. The book is also visually beautiful, with plenty of color photographs and useful sidebars. Will definitely recommend to other fresh parents! Excellent The very best book on parenting I read up to now. This book very easily explains complex technology, gives a great deal of beautiful practical examples that incorporate how the miraculous infant human brain reads it's environment, and diagrams and photos that pull it all together. I love that its base more in science than most of the additional parenting and baby books out there. Love it Great book Five Stars Excellent book on parenting! It is predicated on incredible neuroscience and beautifully describes what is happening inside babies brains and the huge impact parents have over the wiring. Perfectly written and informative! Well written for anybody to read. Very informative and current concerning study and other information relative to raising a child well. Helps you know how much of your baby's brain has developed at what age groups, and how best to interact with the infant so they understand you. It offers changed my views and thoughts in many areas of parenting. Really good to connect science with raising kids.



[continue reading](#)

download The Science of Parenting djvu

download free The Science of Parenting fb2

[download First Meals Revised: Fast, healthy, and fun foods to tempt infants and toddlers epub](#)

[download First Human Body Encyclopedia \(DK First Reference\) epub](#)

[download American Academy of Pediatrics Baby and Child Health pdf](#)