



"Encouraging as well as provocative, *The Fountain of Age* is a groundbreaking
book to be read slowly and pondered deeply." —*Omni News*



The
FOUNTAIN
of
AGE

NATIONAL BESTSELLER

BETTY
FRIEDAN

Author of The Feminine Mystique and Life So Far

Betty Friedan

The Fountain of Age



[continue reading](#)

Struggling to hold on to the illusion of youth, Friedan wrote, we've denied the truth and evaded the brand new triumphs of growing older. Friedan found regular men and women, moving into their fifties, sixties, seventies, discovering extraordinary new likelihood of intimacy and purpose. In this powerful and very personal publication, Betty Friedan charted her personal voyage of discovery, and that of others, into a different sort of aging. We've seen age only as decline." The Fountain of Age suggests new possibilities for every one of us, all founded on a solid body of startling but little-known scientific evidence. Within their surprising experiences, Friedan first glimpsed, after that embraced, the idea that one can develop and evolve throughout lifestyle in a style that significantly mitigates the expectation of decline and opens the way to a further dimension of "personhood. It demolishes those myths which have constrained us for too much time and offers compelling options for living one's age as a distinctive, exuberant time of existence, on its own authentic terms.



[continue reading](#)

like the day-by-day account of her Outward Bound program This book is very well worth the read. I learned more and was more challenged in the first third of the reserve. I loved the in depth debate and narratives. By Sandra A wonderful different perspective about aging. A must read for all Go now there quickly in good condition. Very informative.. I especially liked that people may transfer to their most creative periods. The contents are priceless. The Fountain of Age brings to light the topics of aging, such as what to do to remain involved, in what kind of surroundings does one want to live there 3rd and 4th chapters of their lives. Im even now reading it (I tend to browse several books at one time). The final 2/3 dragged for me, including so lots of personal anecdotes, like the day-by-day accounts of her Outward Bound system. A wonderful book for book groups! She's a Foremother Just what a surprise! I'd examine a review, i quickly ordered this book and it came in large print! Friedan studied ageing, among her many interests, and I look forward to finishing this weighty tome, my Christmas gift to myself. Regardless of the actual fact Ms. Friedan discovers the essential topic of aging even though giving a fresh paradigm- not absolutely all is doom and gloom. I find it very encouraging. Among the premises I enjoyed most was Ms Friedan's concept that the years after 70 roughly are essentially uncharted territory, since just recently has life expectancy been extended beyond this age - humankind doesn't actually know very well what the developmental levels of maturing are, or what jobs we can accomplish inside our later years Dispelling the Negativity of AGEING This book is a statement on what we have to view aging in terms apart from "decline" and "worthlessness". I enjoy reading Betty Friedan and she presents a whole lot of information that i haven't read somewhere else. Glad I could buy it at a good price. too short We was disappointed that the product was abridged.. Not for me Huge copy Glad I was able to buy it at an excellent . The tape was very good, but I needed the complete book. Friedan shows just how many people entering their sixth decade, and beyond, develop fruitful lives. This is an essential book. Her non-medical approach appeals to me. Delivery was promptly, and reserve was as advertised. Complete Satisfaction Couldn't become more satisfied! Friedan's biases show through so obviously, and that some of it was tedious reading, I still think it is one of the best books about maturing out there - since it problems preconceptions and myths. Fountain old brings essential conversation!



[continue reading](#)

download free The Fountain of Age ebook

download The Fountain of Age djvu

[download free Darwin's Black Box: The Biochemical Challenge to Evolution mobi](#)

[download Farm Sanctuary: Changing Hearts and Minds About Animals and Food epub](#)

[download You, on a Diet: The Owner's Manual for Waist Management pdf](#)