

NATIONAL BESTSELLER

GENE BAUR



farm ~  
Sanctuary  
Changing Hearts and  
Minds About Animals and Food

"Filled with hope, this book is written for all who strive for a more compassionate world." —Dr. Jane Goodall

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Gene Baur

## Farm Sanctuary: Changing Hearts and Minds About Animals and Food



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Leading animal rights activist Gene Baur examines the true cost of the meat on our plates -- for both humans and pets alike -- in this provocative and thorough study of the present day farm industry. That's what Gene Baur had been told -- however when he initial visited a stockyard he understood that this rosy depiction couldn't become more inaccurate. Many people picture cows, sheep, pigs, and chickens as friendly creatures who live happily within the confines of a peaceful family farm, arriving as meals for humans only at the end of their sun-drenched lives. Amid the stench, sound, and filth, his interest was drawn in particular to one sheep who was simply cast aside for lifeless. Farm Sanctuary displays how most of us have an opportunity and a responsibility to consume a kinder plate, making a better life for ourselves and animals as well. She was still alive, and the one thing Baur knew for sure that day time was that he had to get her to protection. Hilda, as she was afterwards called, was nursed back to health and shortly became the first resident of Farm Sanctuary -- an organization dedicated to the rescue, care, and safety of farm animals. And he introduces sanctuary. Viewed as production units instead of living beings with feelings, ten billion farm pets are exploited designed for food in the United States every year. Pets raised for human usage are confined for the entirety of their lives and frequently live without companionship, oxygen, or even adequate food and water. In Farm Sanctuary, Baur offers a thoughtprovoking investigation of the ethical queries involved in the production of beef, poultry, pork, milk, and eggs -- and what each folks can do to avoid the mistreatment of farm animals and promote compassion. He details the triumphs and the disappointments greater than twenty years on leading lines of the animal protection movement. The truth is that farm production will not rely on the family members farmer with a small herd of pets but rather resembles a big, assembly-line factory. us to some of the unique creatures who live at Farm Sanctuary -- from Maya the cow to Marmalade the poultry -- most of whom escaped horrible situations to live happier, more peaceful lives. But mainly because Baur walked by, the sheep elevated her head and looked right at him. You will certainly never think of a hamburger or chicken white meat the same way after scanning this book.



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He provides his hard to abdomen real life experiences keeping farm pets in dire situations and also switches into great detail des We saw Gene Baur interviewed this past year about Jon Stewart's Daily Show and felt compelled to read his publication, Farm Sanctuary. I must admit it required me several months to complete the book as I would take long pauses between chapters. A key facet of his persuasiveness is also just how he demonstrates and explains the evidence for animals having a lot better level of consciousness along with emotional and cultural depth than we are led to believe by those who profit by the slaughter of them. As a vegetarian, I came across it hard to learn a few of the gruesome stories, but found the rescue stories uplifting and reassuring. After reading the book, We reevaluated my very own thoughts and emotions regarding consuming dairy and eggs. Recommend this book! We encourage people to supply the book a go through whether they're vegan or carnivores. The book encourages self-examination and a more humane approach to life. Switched me to vegan just before I finished the launch. It had been helpful in background for a children's publication I am writing, and it has indeed changed my center and mind.. A great way for readers to comprehend the bond between animals and food. There aren't many graphs or anything like this, he simply writes it well. And I don't inform everyone about any of it unless they question, honest! We have taken in some of our own (10 to end up being exact) but are at our limit. For People Who Are prepared to FIND OUT ABOUT The Lives Of Farm Animals This guy did what I wish I could do - create a farm sanctuary and run it. So vegan that actually after I broke up with her, I stay so. He provides his hard to belly real life encounters saving farm pets in dire circumstances and also switches into great detail describing current industrial farming industry practices. Certainly, this will inspire more folks to buy animal products raised under humane circumstances. Values and Priorities "The way a society treats its animals speaks to the core values and priorities of its residents. For the same factors, and frequently much worse ones, truthfully. Read this reserve to start to understand why. However, even if you simply can't bring you to ultimately think about the bacon on your own table as having been recently the flesh of an animal that is JUST AS AS SMART and has JUST AS MUCH OF A PERSONALITY AND A SOCIAL SENSE simply because your dog or cat in the last doggo or caturday meme you found, or you know in real life. Fell in love with the animals and the amazing people caring for them A great book to help you start to see the incredible people in the world supporting animals.. Someplace about the 1950s the idea of pet husbandry fell victim to a harsh environment and the cruelties of Big Ag.. Avoid being disappointed in the event that you feel irrationally persistent, it really is an addiction.... This reserve can be a touching read and will be a great gift for just about any vegan, or any pet lover (aka prevegan ?).. Also he sheds light on the dangers of the American diet and how raising factory farmed animals not only tortures pets but is resulting in the demise of American health - heart attacks and obesity are enormous medical problems that result from the over-usage of animal products laden with anti-biotics and steroids He also demonstrates the wonder and cleverness that lies within each animal through the most amazing experiences he has liked with the pets. and how much of it originates from livestock. When I got out of jail, I occurred to meet a woman who gave me this reserve. coupled with the amount of dairy cows out there and the quantity of milk the country drinks. and just how much land they consume... AND SO ON. I am hoping you believe.. Quitting meat and dairy is at least as challenging as quitting alcohol, cigarettes plus some other popular drugs (believe me I know) and is, if you ask me, essentially the identical mental procedure, requiring the same equipment and fighting the same battles. It's worth it though. The publication made me understand how enlightened he's and how open he is to working with factory farming operators. I didn't mean to create this an advertisement for

veganism, I guess it's true what people say about us, but that was \*my\* main takeaway from the reserve, the critical character of making the switch. It has been about 4 years today and I contemplate it possibly the best thing I ever did. I am mainly because grateful to the author concerning my ex! This is actually the best book that I've read in my own entire life. This is the best book that I've read in my entire life. It sheds a balanced, truthful reflection on the horrors of factory farming and how strong the political clout can be behind all of this "invisible" factory farming. Gene Bauer's courage and knowledge are unsurpassed - he is a hero. SO CHOOSE THE Reserve.. Gene Bauer does not arrive off preachy or judgmental but appears to be caring -- about PEOPLE, too. He does an excellent job of writing about the livestock sector in a manner that makes the numbers actually POP OUT at you. A Mind and Heart Changer This was my first real research into farm sanctuaries. Bauer (who's a very impressive dude, doing what he did with the resources he had against the enemies he faced) continues to be alive and runs facilities around the country, btw. A must browse! That makes it plain to the astute reader that the way we are conditioned to take into account animals is brought about in the same way that we are conditioned to dehumanize and think less of peoples that we go to war with as nations and so forth." Although this quote comes from a politician it might as well attended from Gene Baur because it embodies everything about this book. Baur is a dedicated animal lover, activist, and vegan and he is keen on exposing the inhumanity of how farm animals are bred, elevated, and slaughtered. Sometimes you'll be angry, unfortunate, and depressed, however when you end the publication you will probably be hopeful, maybe also optimistic, for a better future for all those -- animals and humans as well. Reserve transcends whether to move vegan or not I believe it short changes potential readers to think the book is merely approximately learning how brutal and profit driven the industrial food industry is. Gene Baur will tell that element to it leaving small out from the sad, ugly, shocking, abdomen churning, and emotional detail. This book makes an ideal gift for family and friends! Beautifully written, informative but in no way boring. The meals industry would go to extraordinary lengths to keep you from shining light into their true operations. This was a painful realization that overshadowed, for me, the realization of the extreme environmental impact an industrialized carnivorous diet offers.. Truly uplifting and inspiring. I applaud Gene Baur and thank him for his pressing back again at the meat market and when planning on taking in farm animals and giving them life, respect, freedom, contentment and happiness. Great Gift for Pet Lovers Gene Baur is a wonderful person who has accomplished so much for the animals.! Such a basic human need to have as food concerns everyone. I was vegan before I completed the introduction. And that we can all make a compassionate shift toward a plant-centered diet.! and how much more powerful methane can be in the atmosphere than CO2 re: the greenhouse effect. Bringing Back Animal Husbandry Gene Baur presents the reality of conditions of farm pets in 21st hundred years USA. the fact that a single cow generates such and such a ridiculous amount of feces every day to produce the 55 gallons of milk that is harvested from their website. With a little background info or personal study, you will see that this reaches least as accurate as he helps it be sound and is way better supported today by your body of scientific analysis obtainable (and ongoing) than it had been when this book was written. Beautifully written, informative but in no way boring. Being truly a vegan will not negate the bad impact on the depth of problems this way of raising our pet meals does to the surroundings, employee and the public's basic safety, the corruption in the USDA (who serves both the public and the meals industry in some sort of bizarre schizophrenia), the loss of jobs because of the consolidation of small farms by big business, etc. Gene Baur can be an angel for all of the work he has done. I've since decided to adhere to a more vegan diet and continue

educating myself on being truly a more informed consumer of goods to ensure companies I support possess ethical practices and are cruelty free. Excellent Read on Farm Animals Learned a lot. Never what I expected. Great companion publication to Eating Animals. I'll re-read this book many times during my existence as a source of inspiration and knowledge that I treasure. Not only the animals. Now, only if I could convince my family to enable me to look at a rescued farm factory pig...!! We are inside our 60's which really is a bit late to start out now but I love visiting sanctuaries online and will get vicarious enjoyment from this book and "meeting" the pets he has used. We went vegetarian in jail after realizing that all the pets get treated worse than prisoners and didn't carry out anything to deserve it like I did so.



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