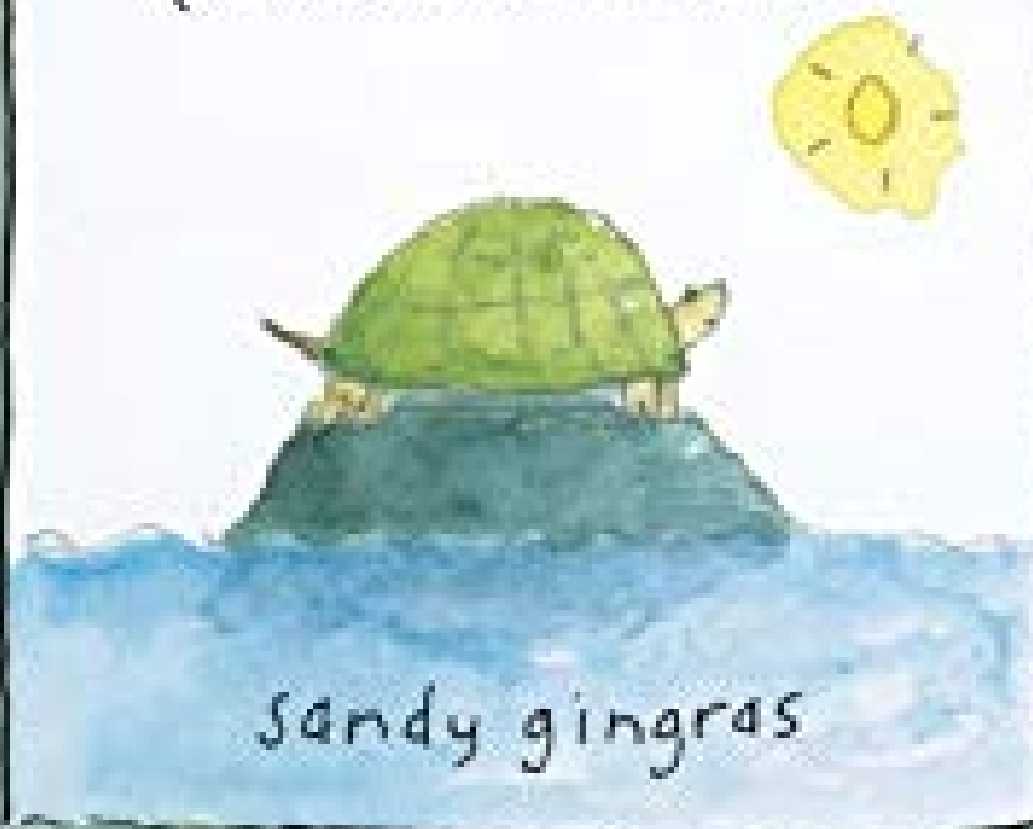


# lessons of a turtle

(the little book of life)



sandy gingras

Sandy Gingras

## Lessons of a Turtle: (The Little Book of Life)



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Channel your inner Zen turtle with Sandy Gingras!" But she didn't find out the lesson!Way back when, Sandy Gingras read "The Tortoise and the Hare," a fable that teaches "slow and steady wins the race.s gorgeous watercolor gift book. Rather she lived the race of hurry-up and do-it-all every day. And it had been tiring.But now, Gingras presents readers with a different kind of lesson from a different kind of turtle in the charming reserve Lessons of a Turtle. And it's a good lesson: Go with the slow! Life is about enjoying what's around you today and finding your own route. It's about the wonder of the journey a lot more than the accomplishment of the final line.Gingras helps visitors get through life through the use of charming "turtlisms" that complement her just-as-sweet turtle illustrations. notice, savor, bask, risk, develop. . ." and "The slower you proceed, the more you observe. So be like the turtle . She teaches us about life's little lessons with little treats like, "You can't progress until you stay your throat out. Put some life back in your life!This book makes a lovely and inspiring gift." The author's small observations make a big difference on the trip through life.



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