



life
after
the
diagnosis

*Expert Advice on Living
Well with Serious Illness
for Patients and Caregivers*

Steven Z. Pantilat, MD

Steven Pantilat

Life after the Diagnosis: Expert Advice on Living Well with Serious Illness
for Patients and Caregivers



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A renowned expert in palliative care, who is featured in the Netflix documentary, End Video game, Dr. Pantilat delivers a compassionate and sensitive instruction to living well with serious illness. Pantilat, a renowned worldwide expert in palliative care demystifies the medical system for individuals and their families. He makes sense of what doctors state, what they actually mean, and ways to get the greatest information to help make the best medical decisions. In Existence After the Diagnosis, Dr. Steven Z. Pantilat covers everything from the first techniques after the diagnosis and choosing the best caregiving and support, to arranging your own future so your family members don't have to. Dr. He offers guidance on how best to tackle the most difficult treatment decisions and discussions and shows readers how to pick treatments that help more than they harm, stay consistent with their ideals and personal goals, and live and also possible for provided that possible.



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A wonderfully wise and useful guide to living with serious illness In "Life Following the Diagnosis", Dr. Steven Z. Pantilat's book is certainly one of those. Having recently been through this technique with several family, I only wish I'd experienced his book sooner. Nonetheless, after their deaths, reading his book has been a great help in making feeling of my encounters accompanying them as they faced terminal disease. Often amid that trip, I wished for more of a road map. Thank You Dr. Pantilat's concise and caring book supplies the wisdom and professional advice needed to find one through the maze of serious illness. The book arrived on time and in exceptional condition. I recommend it! A fantastic guide through a tough time This is a must read for anyone dealing with the death of a loved one. As a person with a serious illness I found this publication invaluable. We are in the mercy of doctors who have very little period to spend with us, do not know how to talk with us, and don't get that we don't understand. Life Following the Diagnosis helps to bring some comfort to you at this difficult time. An understandable coping system for them, a totally devastating scenario to those of us who crave description and understanding at one of the most difficult occasions of our lives. I recall vividly when an oncologist informed my 83-year-old father, who was coping with the impending death of his wife of 57 years, that he loses about 3 patients a week to cancer. With a warm and clear style, Dr Pantilat lays out a path from getting the diagnosis to moving forward and then to arranging ahead to enjoy the life that you have. That is uncharted territory for most of us and we are in a loss in regards to what to say to the dying, the living, the doctors, the family, etc. We don't know very well what services are available to us and don't understand who to enquire about them. Valuable to individual/families/caretakers/friends This book was very useful if you ask me, and I plan to review some of the recommended ideas in the book that I highlighted. Dr. Pantilat lets you know what to expect, what queries to ask, what solutions may be obtainable and how and who to require them. I liken it to a roadmap in working with everyone involved whenever a loved one is normally terminal ill. Everyone dies, and it is frequently said that loss of life is a part of life. Pantilat stresses the importance of looking after everyone involved, especially the caretaker. Dr. Those phrases bring little comfort when you are in the throws of viewing someone you love suffer and fearful of what life can look like when they are gone. Because they cope with terminal diagnoses daily they are forced to become somewhat taken off the emotional part of death. Tremendous Insight for a DOCTOR I am component of a team of experts in a fresh palliative care program. all have been appreciative and said how invaluable it was to them. A little sterile and sometimes blunt, but also spot-on and incredibly helpful Not sugar-coated but nonetheless thoughtful and caring. Five Stars Difficult but helpful at trouble. Written with compassion, empathy and kindness A must browse for all those in urban/rural hospital settings and those who've friends/relatives recently diagnosed with a life ending disease. My father was shocked and furious when he was told this and responded that he just acquired one wife who was dying and that was his only concern. In order to educate myself in this field that is new to me I started reading the very best of the greatest. Dr. The stories he shares of his individuals and of his own family provide warmth and lead toward an improved understanding of your options to consider. Like Atul Gwande's book "Getting Mortal", "Life Following the Diagnosis" can be an important read. Someone to share with family and friends. Navigating the journey through serious disease for each the patient & If you would like to learn more about 'Palliative Treatment' you can't go wrong on this reserve that address true to life. In Life After the Medical diagnosis, Dr. Steven Z. Pantilat, shares his professional advice on how best to navigate the trip of living with serious disease. The book reads just like a conversation and provides invaluable insight for the caregivers and the patients.

Highly recommended. The book offers tremendous insights that support the trip of living with serious illness. It really is much broader than end of lifestyle care and anyone looking after someone with serious illness or anyone who themselves is living through a significant illness, this book offers the comfort of a strong shoulder to lean into or a warm hug. Everyone tells you to ask queries but how do you do this when you don't know very well what questions to ask.

Pantilat - Dcn John . This book is well crafted by a nationally identified leader in palliative care. I attend a conference some weeks ago and heard Dr. Actually I am purchasing many to talk about with friends and co-workers.. The chapter on hope and the mood roller coaster provides a compassionate and calm perspective on hope. Life After the Diagnosis guides you through this process. Some information was so long as I did so not know, and however hadn't read the publication years ago to give me information that could have been valuable at that time. The chapter on hope was particularly meaningful to me. Making trouble a Little Easier Dr Pantilat shares his wisdom and provides comfort in approaching end of lifestyle choices. The author clearly explains the trade offs that you need to consider between standard of living and length of lifestyle, suggesting that one must set goals and measure the influence of a course of treatment against those goals. A very important tool an an advisable read. I received a signed duplicate of his book and recently browse it. I am a volunteer Medical center Chaplain and seeking to share this reserve with colleagues (educational setting), individuals and those diagnosed with 'lifestyle closing' prognosis in a rural and undeserved medical center setting. An excellent book to use in continuing education for Hospital Chaplin's, staff and additional volunteers. Pantilat writes with a rare talent that combines clear-eyed, practical advice with heart-sensed wisdom. This is simply not a "cookbook" with cut and dried solutions, but instead a roadmap with very clear guidance on how to strategy the end of life in the fashion you want and a description of assets that are available for you. caregiver with dignity through knowledge. It is self-explanatory and addresses the most obvious that is more often than not overlooked. Dr. Life after the Diagnosis: Expert Advice on Living Good with SERIOUS DISEASE for Patients and Caregivers How to deal with a existence threatening condition and maintain the best possible quality of life An outstanding demonstration of the alternatives and options facing anyone who has a existence threatening condition. Essential read, a comprehensive read, & most importantly a browse that everyone can understand. His knowledge pays to anytime, not just throughout a crisis. For most of us, the medical field is incomprehensible. It helped me to take a step back again from my emotions and deal with things such as prognosis and treatment from a far more rational viewpoint. The publication is a nice blend of tales, personal and professional and information on how to offer with doctors after obtaining a perspective on what's important for an excellent life with a existence threatening diagnosis. Pantilat is certainly compassion personified. I would recommend it whether you are a individual, a caregiver or one who has any conversation with folks who are figuring out how to live well in spite of any diagnosis. Essential read for newly diagnosed Great information. Have exceeded this book to many. Great details, easily understood and well organized. I have told my doctors about it. A little sterile and sometimes blunt, but also .. This book can be an invaluable reference to the patient and their family when a potentially end of life is coming. Suggestions possess included that it be placed on tape for those who cannot read it, and that a version ought to be published for teens coping with the loss of life of a loved one. Pantilat speak on 'Palliative Care' and observed his interest for the patient and critical care personnel, families and friends looking after them. His knowledge is useful anytime, not just during a crisis Dr. It helped decrease fear and increased my feeling of having a informed say in my treatment. This book helped change my attitude and

reduced my concern with coping with a life threatening analysis. An exceptionally valuable work, it offers concrete suggestions on how to exist as fully as feasible, no matter one's illness. I've shared this reserve with friends; He finds a way to empower individuals and their own families, demystifying jargon and explaining that you'll have options. Dr Pantilat provides a framework to consider how you might want to proceed, consistently pointing away that you need to identifying your personal goals and building decisions that enable you to enjoy life. He gives a much-needed information to navigating the ups and downs of serious disease. Although it is created for the patients and caregivers dealing with serious illness I received such something special from reading it myself. Dr. Pantilat so effectively helps individuals navigate the very difficult world of serious illness and the advantages and disadvantages of healthcare in this arena. Now that I too am helping these individuals it offers me the perspective of their queries and concerns that only someone with years of knowledge can offer. Dr. Pantilat coveys the tender spirit of a seasoned caring doctor when he writes about very difficult subjects. Toward the end I felt there was some repetition, however, not enough to not really think that this book is of worth to families/caretakers/close friends when someone is certainly going through challenging medical issues. I've been a nurse for 33 years and I have frequently heard that we should not rob people of their hope. Nevertheless, Dr. Pantilat showed me how hope is dynamic and will change with the ups and downs of chronic illness. In a very crucial period with a family I utilized what I learned out of this publication to help a family group move from the most likely impossibility of cure to their next hope.



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