

# *The* PREEMIE PRIMER

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A Complete Guide for Parents  
of Premature Babies—from Birth through  
the Toddler Years and Beyond

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**The Preemie Primer: A Complete Guide for Parents of  
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Having a premature baby&#151; Compassionate, engaging, and medically grounded, The Preemie Primer may be the first book on prematurity to mix the insight of a doctor with the knowledge of a mom.with challenges that often extend well beyond those early days and weeks. As an ob/gyn, Dr. can be a crash course in both medication and wellness economics, not only in parenting. Parents face complex information, tough decisions, and mind-boggling grief and worry&#151; Jennifer Gunter has shipped hundreds of premature infants, but as a mom of preemie triplets, she also understands the heartbreak and issues of prematurity. The Preemie Primer is normally a comprehensive source, covering topics from delivery, hospitalization, and preemie advancement to parenting multiples, managing health issues, and getting special-needs applications.a baby born before the thirty-seventh week of being pregnant&#151;



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A great deal of great info but requirements more context for scared parents Filled up with excellent information, even though sometimes there's an excessive amount of info about what could go wrong without putting this in context. Sure, there are higher dangers for a range of difficulties kids may have if born preemie, but there are also tons of children who don't experience some of those complications. The explanations of what you will see and encounter are dead on. My son is now six months and I am just reading this book. Not merely is normally Dr. Gunter an OB/GYN with usage of the most recent study on prematurity, but she also is a preemie parent herself. This book made me laugh, cry, and actually appreciate the strength of my small miracle babies. For some, this may not be the very best, be too raw, etc. Gunter reduces complex medical research and translates medical language in an easy-to-read format for exhausted, emotionally fragile parents. Let me say this upfront-by the time you understand you are experiencing a preemie, a book may be the LAST thing you may be thinking about thinking about. The Mind-Body Connection section, a location frequently missing from medical resources, covers the emotional wellness of both premature infants and their parents and gives an in-depth dialogue of medical mindfulness. A section titled "Making the System Do the job", instructs readers in navigating medical health insurance and assistance applications and managing prescription medications. Additionally, Dr. Gunter shares the innovative applications and routines she created for her own boys' care and development. With her own harrowing encounter as an emotional guide and her medical knowledge and connections to provide the content, Dr. Another preemie mother told me that nobody quite understands what it really is like to have an extremely early preemie and the things you go through.. Thank you to the author to be therefore sincere and positive. I had plenty of time to learn it on medical center bed rest. I want nicu's could check this publication out to the bed rest sufferers to just get the base knowledge of what they could deal with. My son was created at 25 weeks after a series of events that I knew wouldn't normally obtain him anywhere to full term. Great to learn for those who have a preemie, but make sure you be sure you take all information with a grain of salt. I wish I'd experienced that insight going into it. Fantastic read for preemie parents! I read this as a reference. Scanning this publication is helping me heal, months after we possess brought him house. The wealth of info is astounding, in fact it is written in a manner that can be easy for a person who does not have a medical history to understand. An extremely encouraging book for just about any preemie's parent. I only wish I'd can see this book back when my daughters had been in the NICU, as I had so many more questions in those days and I learned so much from reading it. Well-organized and user-friendly, her book enables parents to quickly discover detailed information to help them make informed decisions about their children's treatment in the hospital and at home. Excellent information Exceptional

book. It cannot response every question pertaining to preemies, NICU Existence, etc. She was created at only 26 weeks 4 times. I wanted even more of a manual on month to month infant care and milestones to consider rather than this. We respect that. It really is good, however, not as indepth as Premie Primer. A must-go through for parents of preemies The Premie Primer is a resource guide, textbook, decision-making tool and support system all in one for parents of preemies. I wish I got found this sooner! The author's tale can help you along because one of the hardest points about a healthcare facility stay was the sensation of being by itself and helpless to do anything for your struggling child. I feel such as this publication was written just for me as just about any topic is pertinent to my daughters' experience. When you bring your Premie home, you are similar to "what now?" and this reserve addresses beyond his medical center stay as well. Purchase Premie Primer, it really is by far the best. I bought Premie: The Essential Guideline for Parents and browse it cover to cover while in the hospital. Premie Mommy Approved I am the mom of a 29 weeker (1004g) that spent 107 days in the hospital. I highly reccommend Premie Primer for parents of preemies or anyone that has a premie in their life. Gunter has produced a great reference to parents and caregivers. We bought this, I would absolutely recommend this publication to parents, grandparents, and close friends of preemies! Great information. Conditions, jargon, paperwork and big decisions loom at every corner and we wished to make the very best decisions we're able to for our baby. Not only does it provide very detailed information regarding treatments and procedures you can face, but it addittionally helps procedure some very hard and overwhelming emotions and emotions that come with the encounter. Helped to learn more. This books can help you feel not so alone and will give family/close friends better understanding of what the parents 're going through. The Premie Primer: A Complete Guideline for Parents of Premature Babies--from Birth through the Toddler Years and Beyond, for a member of family who simply had a premie. She found it helpful and useful. I bought this immediately after having a baby at 30 weeks . Must have if you think you might have a premie I got this book a couple weeks after my son's nicu stay started.. My buddy got a premie last Might 1st 2016. It helped me as I fumbled through the NICU experience! Strong Recommendation for me personally! The Premie Primer provides parents with plenty of information to collect with them from a healthcare facility covering everything from growth and nourishment to infections. We are PROUD micro premie parents of a 27 weaker. Nothing at all had ready or could've prepared us for what journey NICU life would hold for all of us. Once our heads sort of came out of the fog, we knew we were the type of parents who wished to be engaged, educated, and aware. Therefore we decided early on that learning everything we could about medical conditions, surgical procedure, etc. Actually helped me be more prepared and feel convenient about my early C-section and NICU baby

boy. Because let's encounter it, NICU life is a global unto its own and no one is discussing this world in birthing courses. was what we desired. Dr. But, it was still a good book. If you are looking to maintain your sanity by being informed, this book is exactly that: a primer. Good book to learn while recovering This book was very medically descriptive. I enjoyed reading this book Very informative. This book helped us proceed from asking "Is definitely our baby ok? Aunt of a 26weeker This is a big help. I bought this soon after having a baby at 30 weeks. Goes into a lot of detail about tests and what the preemie's parents can get of exams and doctors visits. I am a mother to 14 month aged twin young ladies who were born at 27 weeks (690g and 800g). Additionally it is a way to obtain comfort on some times. A great book, both informative and therapeutic. I must say i appreciate the balance of medical info with personal stories. Hard enough to get a preemie! I really wish I would have had it before he was created. but it will surely get you started and stage you in the proper direction! I enjoyed scanning this book.



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