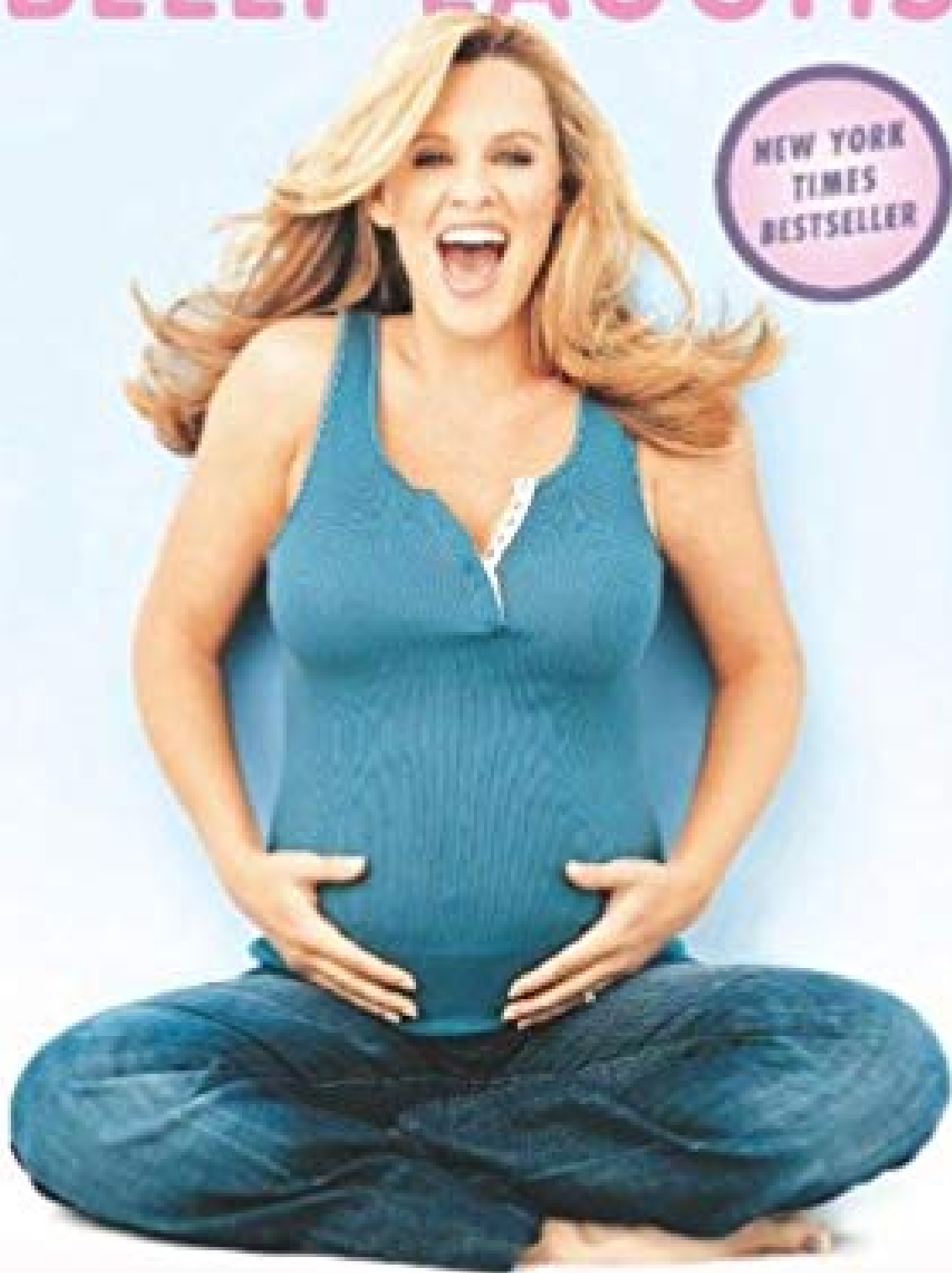


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NEW YORK
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THE NAKED TRUTH ABOUT PREGNANCY AND CHILDBIRTH

Jenny McCarthy

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Jenny McCarthy

Belly Laughs: The Naked Truth about Pregnancy and Childbirth



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Oh, the joys of being pregnant! Never shy, regularly crude, and generally laugh-out-loud funny, McCarthy addresses everything in the grittiest of girlfriend fine detail. Not Jenny McCarthy! Of course, no woman can be spared the discomforts and humiliations of pregnancy, but most are as well polite to complain or too embarrassed to speak about them. In the New York Times best-selling *Stomach Laughs*, actress and brand-new mother Jenny McCarthy reveals the naked truth about the incredible joys, the excruciating pains, and the unseemly disfigurement that go with being pregnant. There's the gassiness, constipation, queasiness, and exhaustion, the forgetfulness, crankiness, and the continuous worry. From morning hours sickness and hormonal rage, to hemorrhoids, pregnant sex, and the torture and sweet comfort that is delivery, *Belly Laughs* is must-go through comic relief if you are pregnant, who provides ever been pregnant, is wanting to have a baby, or, indeed, offers ever been born!



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Down n dirty." Certainly suggest as an addition to your pregnancy education books.. I think every pregnant woman could relate and it's an incredible baby shower gift specifically for a new mom. I am currently in my own third-trimester of being pregnant, and may always use an excellent laugh. But, you can only just take in so much of the same, or contradicting, information. Since it was obvious that I wasn't going to get any sleep, I made a decision to give this book a shot. I had found myself laying during intercourse one night, wide awake, feeling a sudden sense of dread about labor, delivery, and parenthood.. I continuously found myself nudging my husband, saying, "See?!. Less worry, more laughter I really liked this book - my sister had loaned me an 'academic' pregnancy book that simply scared the pants off of me with all the warnings and in-depth complications described. So this reserve was a welcome relief - it comes across as honest, as believed the author is just a friend explaining her knowledge. She goes the extra length to make light of all the annoying symptoms which come along with being pregnant (while becoming blunt about it so there's no misunderstandings) and downplays any severe complications she faces near the end of the publication in order to not be concerned you! Very much appreciated. It made all of these irritating horrific situations bearable because she discussed it in a funny method. While not every minute she detailed was relatable, as a whole, she manages to fully capture the ups and downs of finding your way through motherhood..! Not just me!" It's worth noting that her sights on autism aren't talked about in this reserve, and the latter chapters prevent pursuing any linear storytelling. I actually used a code to redeem a free of charge ebook as an exclusive give for creating an Amazon Baby Registry. Not really funny and was said to be free? Several books offer details on the actual phases of being pregnant and labor, which is usually of course incredibly important.! It's okay and certainly got a few laughs, but each chapter is usually a brief snippet of a couple pages, and primarily contains information I know (because I'm pregnant and have experienced it). It isn't presented in a new or interesting light. Okay reserve but I wouldn't suggest you spend the amount of money. Never gets old! Experienced me laughing until I cried! Many of the later chapters appeared like afterthoughts that should have been removed or, at the very least, rearranged in the editing procedure. Read it 10x! It really is seriously the thing you need if you would like the honest truth about pregnancy! I am going backwards and forwards between being content looking forward to my little gal to arrive, and totally impatient and irrational and instantly bursting into tears. Best Pregnancy Book!. So relatable and hilarious!! Reading a few of Jenny's personal pregnancy psychological roller coasters experienced me laughing hysterically. I unquestionably loved how she simply said everything that every single pregnant girl is thinking. All of my friends that get pregnant receive a duplicate of the from me. Fun pregnancy read This was such a refreshingly funny read during my first pregnancy. That is the best method to go through pregnancy is to possess a sense of humor and positive outlook on the beautiful baby after it's around. I could download this through kindle free of charge since I signed up for amazons baby registry. I would recommend anyone buying a pregnancy book to purchase this one! I go through it in a single afternoon and fortunately feel in a much lighter mood to get me through these last days of pregnancy! I am 40 weeks and 4 days pregnant and boy was I in desperate want of some comedic comfort! I am approaching my second trimester and I am so excited for what's to come. It's natural. Just go with the flow and be grateful for your small baby to come! Good, quick read Content as expected - unfiltered, maybe TMI. It's what I needed, not the "you might feel some discomfort," but "I puked my guts out" truth. Some reviewers complained about references to superstar life-style and that it wasn't relatable, but that is a publication about the author's own experience and she is undoubtedly a celebrity. I question if I didn't think it had been that funny because that is my 2nd pregnancy,

and I believe she's exaggerating about actually everything. Short and Decent I purchased this book in the suggestion of a friend. I thought I was choosing this reserve as a freebie, but finished up getting charged for it. I believed oh well and didn't state anything about it. Didn't bother me, which is just about the intent, but I came across myself rolling my eyes a lot more than rolling in laughter. I began crying and my husband asked what was incorrect with me and I attempted reading him the excerpt and couldn't even read out loud without choking from laughing so difficult and more tears streaming down my face!. Meh. :(Sorry...I had high hopes for this, but just couldn't get into it! These are a great gift for just about any pregnant woman. I shrugged it off and let it go, leaving the book unread until my 39th week of being pregnant. The things that happen and cause you to go "what the. Tummy Laughs offered her experiences in a raunchy, Jenny McCarthy type of way.! Funny We received these books when I was pregnant. 11 years afterwards & I still remembered just how much I liked them so I purchased these for a gift. Pregnancy stereotypical This was supposed to be a free book within my baby registry, however I was charged for it, and I was never issued the refund that customer service promised me. Hilarious! Love this book!! Definitely a must read during pregnancy. Recommend Highly recommend to provide you with comfort about being pregnant and that the items you are going through are normal, read! BUY THIS! I'm halfway through and it's hilarious.!! Excellent book.!! However, I came across that the publication wasn't as good as the suggestion suggested. Yes, this book mentions some of the less than beautiful sides of being pregnant, and even though being pregnant is normally a different and unique experience for every girl, I felt it was over exaggerated and a bit stereotypical. I am so pleased I chose this book! Maybe take a look from your own local library if you're still interested. She was not afraid to inform the truths about being pregnant and it honestly was such a alleviation to hear all the things I'm going through in another individuals perspective. Labor might not be easy but I don't think anyone has had it easy. It's hilarious. BUY THIS! Great book! As a scared, first-time expectant mother, this book kept me personally cracking up while also you going over the items people just don't talk about.



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