
TALKING BACK TO RITALIN

WHAT DOCTORS AREN'T TELLING YOU
ABOUT **STIMULANTS** AND **ADHD**

FOREWORD BY DICK SCRUGGS, JD

REVISED EDITION

BESTSELLING AUTHOR OF TALKING BACK TO PROZAC
AND THE ANTIDEPRESSANT FACT BOOK

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Peter R. Breggin and

Talking Back to Ritalin: What Doctors Aren't Telling You About Stimulants and ADHD



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Millions of kids take Ritalin for Attention-Deficit Hyperactivity Disorder. Breggin empowers parents to channel distracted, disenchanted, and energetic kids into powerful, assured, and brilliant family and culture. An advocate for education not medication, Dr. Talking Back again to Ritalin uncovers these and other startling specifics and translates the research findings for parents and doctors as well. But concealed behind the well-oiled public-relations machine can be a possibly devastating reality: children are being provided a drug that may cause the same poor results as amphetamine and cocaine, including behavioral disorders, development suppression, neurological tics, agitation, addiction, and psychosis. The drug's manufacturer, Novartis, promises that Ritalin is the "solution" to this widespread problem.



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READ! Various alternative medicine techniques, from naturopathy, oriental medication, energy medicine, mind-body tension management, nutritional therapy, and more show usefulness in reversing the Put/ADHD symptoms, as these target various degrees of the pattern, which range from emotions, stress, and delicate energy disturbances to dietary imbalances and metabolic disturbances, with the physical disturbances generally being triggered or facilitated in some way by nonphysical (mental & Breggin is definitely a Hero. Book every parent of distracted kid should read! That said, these are Not really a replacement for medicine. There has to be other alternative methods as well that really work. Five Stars Dr. It really is with a few of these extreme instances that we see homeopathy really shine, in a manner that medications can't match. Yet another lifesaving book. Listen to this Mr. Instructor was shocked at the change. There is a movement afoot to check very small kids to see when there is a justification to provide them ritalin or adderal. Medications are routinely used as a kind of chemical restraint, even though the withdrawal stage of the drugs in fact triggers the "imbalances" and odds of misbehaviors they are supposed to treat. Most of the test results aren't made public, bad email address details are hidden, and rules suits for harm carried out are settled out of courtroom and paid off. Five Stars A great and scientifically documented boom. Read all and any of his publications, you will not be disappointed. Within four weeks of changing diet, and stopping Ritalin, my son was doing so far better in college than he ever do before on Ritalin! There are multiple parenting and educational applications which have successfully reversed "ADD/ADHD" behavior patterns, actually in supposedly severe instances, by merely assisting adults minimize their psychological reactions to the targeted detrimental behaviors and raising positive social attention given to the kids. We tried all the other alternative therapies but nothing at all really worked until child took a neurotransmitter test and the outcomes were awful! That resulted in IgG 96 food allergy test identifying allergy symptoms to gluten, dairy, eggs. Works out child was extremely allergic and these foods were being eaten on a regular basis. Want I had heard about this book 5 years back when wasn't sure if boy can get through 1st grade. Breggin is wonderful as are all of his books. In fact, Congress created a committee to analyze some of the research and claims Scientology shown as fact. Wish even more Drs would take the time and effort to appear beyond the seeming magic pill of a little pill, after all that's what your insurance premiums are supposed to be paying for. Excellent! - Thorough and well reasoned argument I believe this book is one of the most effective researched in the choice view about medications. It offers well reasoned arguments that ought to provide pause for the knee jerk phenemoma that's heading on with Stimulant drugs and our youth. Yes Dr. Breggin is completely biased, but that is clearly a given for all human beings. Being biased in itself is not a bad thing, since it often is simply the expression of interest and certainty. Children who are labeled "Combine" in one school or home environment suddenly appear regular when their family environment becomes less nerve-racking or if they are placed with a more compassionate teacher or in a less stressful educational setting, such as a Montessori school. Actually, in a few countries Ritalin is available over-the-counter. Breggin is generally quite thorough in supporting his perspective. To be good, he gives minimal credibility to the opposite view. Since I happen to mostly share his bias, it isn't something I've a issue with. The physical correlates of Combine/ADHD symptom patterns are usually modulated by the emotional factors present in the individual, and cannot generally be looked at to be the main causal source of the symptoms. Should we be using these drugs as the initial and often only option? If we can help these children without resorting to drugs, wouldn't that be best? You can still certainly read it and make it out, but It isn't the best quality. Completely false, he is a quack We joined the group CHADD after reading 1 too many fake or

misleading stories about the FDA approved medication, Ritalin and ADHD. You can easily just continually drug somebody into submission, but in other contexts normally, this is considered an misuse of human rights. A lot of my colleagues in homeopathy survey similar success. There is a good book away called "Ritalin Totally free Kids" By the Ullman's that goes into some depth on the subject of homeopathy - one of the best solutions for ADD, ADHD, etc. The book, "Difficult Cure" (Amy Lansky), is also a wonderful primer for those thinking about researching homeopathy. My job requires hours of analysis and I enjoy research fresh topics. There are several kids who've VERY disturbing problems in this spectrum, and some of his solutions are too simplistic rather than realistic. Breggin is truly a hero. He's educated, mindful, and actually writes to help at an understandable level. Solid Critique of ADHD Labels And Drug Treatments Dr. In order that is my only concern with this book, insufficient research into substitute solutions. Very informative plus some items I didn't know about before I read this from reserve from starting to end. Breggin for his attempts to wake people from the substantial deceptions and denials governing mental health care and this issue of ADD/ADHD. Breggin makes many superb points in this book about the interactions between body, brain, and environment that are largely overlooked by most medical and mental medical researchers. Drug dangers This man is an expert on the affects of the drug on the brains of children, at a time when the drig companies are moving to market more drugs no matter what to the humans receiving them. Those who believe the medications certainly are a wonderful way of controlling behavior believe this out of ignorance of alternative approaches to really helping the child become actually, emotionally, and mentally healthful. I'm biased against the medications because I've been successfully treating adults and kids with ADD, ADHD, OCD, etc with homeopathic medicine for quite some time now. The lack of responsibility and dedication by adults toward finding ways of helping kids develop positive motivation and social skills is certainly one element in the epidemic of psychiatric labeling and psychotropic medication prescriptions. The incompetence of doctors to recognize real physical conditions that impact children's ability to concentrate, such as poor nourishment, neurological impairment, allergies, contact with drugs and poisons, and hormonal disturbances, is usually another factor. The propaganda and public programming that falsely claim mental disease is biologically determined is another factor. Having worked well in the mental wellness field in Florida as a licensed counselor for quite some time, I have observed a lot of what Breggin talks about. Bias is a problem when there are no obvious arguments or good reason to aid the bias. When kids form more positive interactions they are generally suddenly able to focus adequately and remain even more calm when necessary. On the other hand, I've seen many kids who became depressed or bipolar as an apparent aftereffect of their medications, and have seen no long lasting progress associated with drug treatments. That adults treat highly active and inattentive kids poorly and deal with subdued children better is true, but that is clearly a issue of the adults that's being displaced onto the children who are given medications that are addictive and perpetuate the child's insufficient self-motivated control. Doctors and researching lets you know that Ritalin is Okay, but this book lets you know the true hard facts. Although it is apparent that for many children, stimulant medications have effects and do help, the issue is really about the price of that help for the long term. Dr. psychosocial) issues. Mental health treatment centers and physicians have become increasingly managed and programmed by the pharmaceutical sector. Breggin. I've seen all this myself, and see the pharmaceutical paraphernalia all around the office of the company I've worked at, as well as seeing psychiatrists routinely prescribe drugs with no medical exam or any other basis than the intent to briefly manipulate disposition and behavior - stuff anyone could perform

using road drugs, which happen to manipulate neurotransmitter systems the same way that prescribed drugs perform. I commend Dr. This book is a thorough study of the scientific debate as well as political, economic, and psychosocial factors involved in the issue. Breggin is wonderful seeing that are all of his books Dr. Dr. They are showered with gifts, including boxloads of workplace supplies (featuring drug ads) and brochures with misleading information regarding "disorders" and pharmaceutical company ads for patients in addition to trips and foods, typically delivered by attractive young women and less often by teenagers pharmaceutical reps [all of whom become speechless or irritated when you make an effort to discuss the actual protection and efficacy of the medications with them beyond permitting them to repeat their script]. Great publication. Dr. Breggin is completely correct about ritalin and methylphenidate. There exists a fantastic amount of disinformation concerning ADHD and Insert, and usually by people who will try to market you something that will not work. Breggin has turned into a leading critic of the standard psychiatric approach to labeling and treating children with complicated behavioral symptoms. The only reason why I'm giving 3 superstars instead of 5 is the print and the font of the book. The ink on all of the web pages seems like it's coming off. I had problems making out a few of the words because the print/ink is low quality. I desire this book could be in better quality print. The picture I've here is just a random sample of the poor quality ink. Once that diagnosis is surrendered to plus a lifetime of stimulant medications, is that the best option? That's what Breggin is getting at right here, are we really looking at this thoroughly or simply swallowing what we are told?The only disappointment I've for Breggins' books generally, is he is simply not thorough plenty of for my tastes in discussing solutions. After an extremely regarded doctor found that I had Insert, I began to research the obtainable treatments. Very good book. Second, a healthy diet and exercise helps everyone focus a little bit better and many research have shown a strong link between these elements. Dr. To begin with, Ritalin is one of the safest medications ever approved by the FDA. He's not flying by opinion. Scientology and snake oil salesman/saleswoman possess found a location where they are able to make money off offering books and herbal treatments that do not work. He was finally taking part in course and completing homeworks all by himself, something that had never happened before.



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