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Aging

An Apprenticeship

Nan Narboe, Editor

Nan Narboe

Aging: An Apprenticeship



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Nan Narboe's 56 thoughtfully selected essays offer an intimate and lyrical account of aging through the decades. Ursula K. Le Guin and others draw from their personal experiences, describing a particular decade's losses and gains to form a complicated and unflinching portrait of the years from nearing fifty to ninety and beyond. In six sections, these detail-rich essays color an available picture of nearing 50, the 50s, 60s, 70s, 80s, the 90s and beyond with equal parts humor and insight. In Paul Casey's "Katie Couric Can be No Friend of Mine," a colonoscopy, not a reddish colored convertible, marks his initiation into mid-existence. Drawing on seven years worth of experiences, the selected essays offer a clear-eyed composition of narratives, each narrative as important as the one before it. Le Guin's "Dogs, Cats, and Dancers: Thoughts about Beauty" meditates on human being self-consciousness—it is aging human beings who discover their bodies amazing. Authors Judy Blume, Andrew McCarthy, Gloria Steinem, Donald Hall, David Shields, Ursula K. Germaine Koh, in "Thoughts on Aging," is the oldest player in her roller derby little league, confounded by her changing body. And in "Death," Donald Hall rejects euphemisms: he's not going to "pass away;" he'll die.



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Lucky readers This was the second time I bought this book. I would have loved to listen to more of Nan's views on aging. A kaleidoscope of tales for all ages This is an ideal nightstand book. A cousin spied the next and took it, therefore now I must buy another. Bought it as a birthday present for .So why carry out I keep losing my copy? Because it really is that good - an array of essays for each 10 years starting at the 40's and written when the author of that essay was in that 10 years. I would highly recommend this book and can plan to utilize it in my qualitative study and gerontology programs. I know my close friends and relations and understand how likely I am to get it back. Plus they are correct; She says: "After all, we are communal creatures who must mirror one another to know who we are. Four Stars Thoughtful. it's instructive and comforting to see what others (damn good authors all) have discovered and how they have dealt with it and what we have to anticipate as we enter each successive lifestyle stage.. I cannot imagine the amount of reading, taking into consideration and authorization seeking she must have done to have found and delivered a lot more than 50 illuminating essays. We are therefore lucky she made this book. THEREFORE I had to get another. Loving this collection of essays on ageing by some of the best authors. Its writer, Nan Narboe can be an experienced psychotherapist with a broad passions which informs the extremely variable selections she designed to use in this anthology. Because of its structure, covering fifty years of reflections by authors from completely different backgrounds, one may grab this book prior to going to sleep and be entertained, beguiled or influenced by a short and often compelling essay. Starting at the beginning or peaking forward to discover what may be waiting for you approaching the next decade, you can select pieces randomly and find something to rest upon or even to ponder as you drift along the current of time. I happen to be 63 most times but generally consider myself around mid 40's I would have loved to hear more of Nan's views on aging Quite a compelling read. Wonderful, sensitive Wonderful, delicate, humorus and honest insight into ageing through decades. Many thoughts about aging I've entertained but these writings opened fresh avenues of perspective and I'd highly recommend to anyone in growing older. Narboe created a handy and wide-ranging assortment of reflections on the artwork, science, and humanity of growing older...Nan has done a masterful work of choosing.... Opened my mind I had no idea what to expect in this reserve but was pleasantly surprised in every way. Inspiring, funny and sometimes depressing Great book to learn some of the essays are tremendous. My mom spied the first one and required it... I tell people about it, present it to them plus they talk to to "borrow" it. Each author had his own voice and I came across identity with virtually all.. Loved book so much sent copies to four close friends who are also 74. To truly enjoy reserve one must accept maturing as a process we all experience if lucky. Wonderful book. Probably I should short circuit the process and just buy twelve. Probably the sequel. At 74 discovered myself agreeing with nearly every author and am looking forward to 80's and 90's. Wonderful book. Bought it as a birthday present for a friend's 62nd birthday. I appreciated the varied perspectives on the aging continuum. Great bed time reading - thoughtful and engaging. Aging: An Apprenticeship can be a curated assortment of essays mostly by authors who cover a variety, both in the decades and the topics they discuss. Am savoring it gradually, reading a couple of each night before bed." For Aging: An Apprenticeship, Narboe has collected essays that range between whimsical to doggone serious. Death isn't the last obscenity... You'll know if that's you. More than 50 authors tell it like they think it is, for folks nearing the increasingly common age group of 50, and for folks within their 50s, 60s, 70s , 80s, and 90s and beyond. If you're not in another of those groups, you will be sooner than you think. Each author offers an extremely personal argument that aging and dying are 100% organic. Gloria Steinem's contribution is on point, completely tolerable, and instructive.

they (as I intend) will keep it to make reference to. Every living point ages and dies, however humans seem to be the just species that thinks about aging and thinks about dying. Surely, we are meant to use this ability, especially in a country that suffers so much from concealing maturing and dying as though these were the last obscenities. Great buy! Of program, the explicit premise of most of the authors in Ageing: An Apprenticeship is that life could be good (or not), aging occurs to everyone, and dying may be the end game. As we age, we change;. That is a great book for those caring for the aging. Three Stars I actually was expecting something more profound perhaps, thoughtful. Tough subject Done well, good read.



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