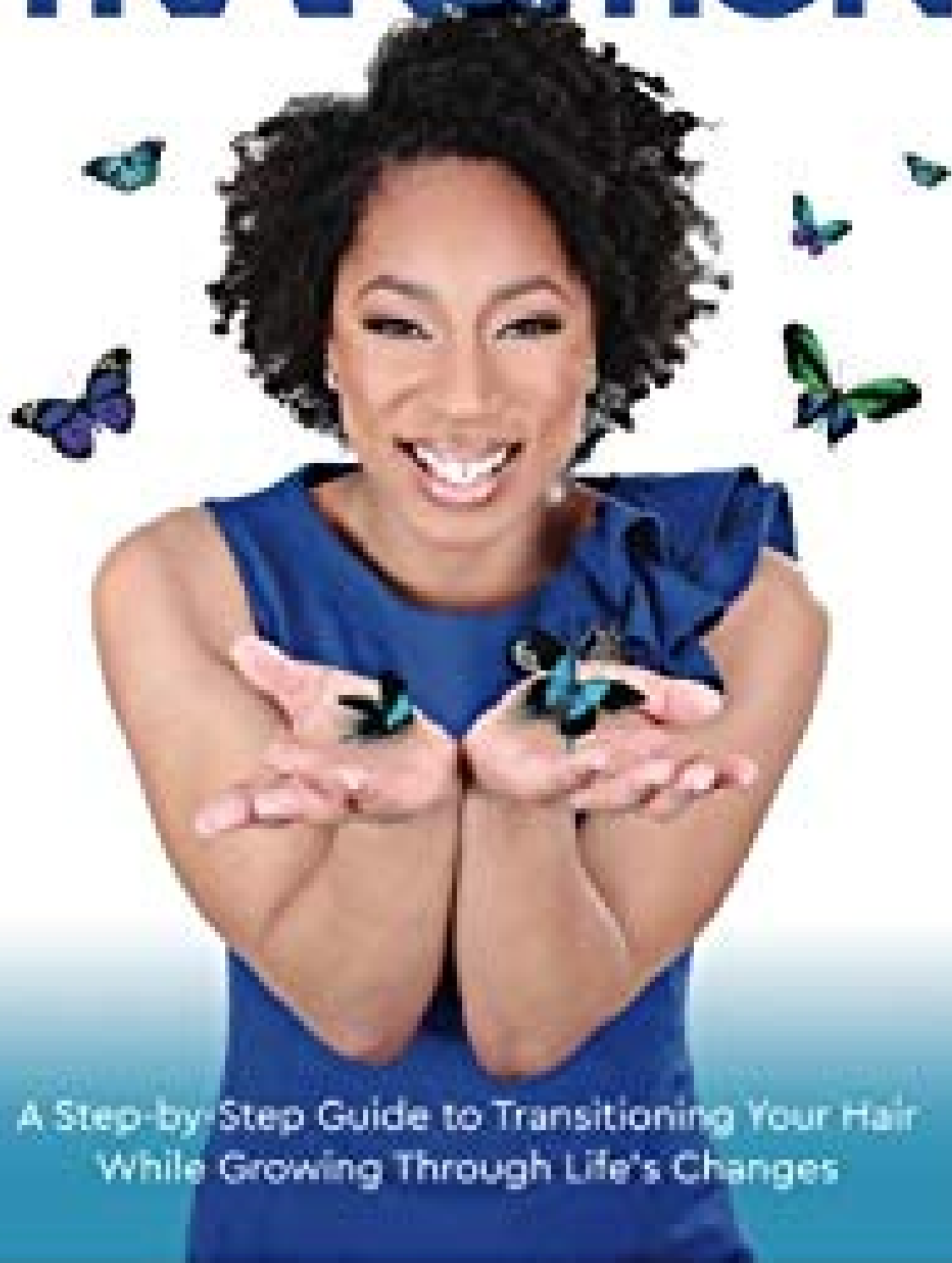


Diana Ramsey

Foreword by Felicia Leatherwood

BUTTERFLY TRANSITION



A Step-by-Step Guide to Transitioning Your Hair
While Growing Through Life's Changes

Diana Ramsey

Butterfly Transition: Step-by-Step Guide to Transitioning Your Hair While Growing Through Life's Changes



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Welcome to the new type of demarcation, where your hair and life match. And provides specific tools and ideas to improve your beauty in every way! Not only is Butterfly Transition a step-by-step lead to transitioning your hair, this book also gives you a deep personal look into how Diana discovered to confront, and finally embrace, her painful past in her own effective Butterfly Transition. Offers quick transition exercises you can incorporate into your hair and life today; Offers you practical actions you can take to reduce your hair frustration; Guides you to overcome obstacles in every area of life; Reminds you that you're not by yourself in your trials, setbacks, and fears; This much-needed source for naturals, naturals in changeover, and females considering a changeover to natural: Shares basic information you will need for an effective transition; It's time to provide them both the attention they deserve. Anticipate to laugh, cry, and yearn to discover the person you were meant to be, I curl at the same time. Butterfly Transition takes you beyond hairstyles, products, and methods into living a life of authenticity—inside and out.



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Five Stars A great book. I'd definitely recommend. I'm so pleased I had the chance to read it. I valued the steps and although I'm no longer transitioning to my organic hair, I did so appreciate the measures and learned a thing or two about lingo, ingredients and great design ideas. What resonated most with me was the intervening existence transitions that the writer juxtaposes to her personal hair transition. Butterfly Changeover; I'd recommend this to any girl because right now there are truths about dealing with what we avoid and will navigate around. Let's develop our wings, we were intended to fly in independence. We all have our very own personal transitions/journeys however the inevitable necessities of "patience, perseverance and fun" will get us to our bigger wings on the other side of them. Greater than a Guide The book Butterfly Transition is more than a step by step guide, it's Diane Ramsey being courageously transparent. Diana shares her personal trip and gives great tips about what to do through the process. I really like the layout and the format of the book. Butterfly Transition has an easy conversational movement. I could actually relate to a number of of the transitioning encounters Diane describes in this reserve. It's relaxed and honest and filled with information. Although her journey was often unpleasant and sometimes painful, she willingly shared her pain and her lessons she discovered while going through both her hair and life transition. Many thanks Diana for posting your story as well as your expertise. I'm influenced by Butterfly Transition. Although her journey was often uncomfortable and sometimes painful, she willingly shared her pain and her lessons. It had been sooo a lot more. I highly recommend this book for both women and girls who are going through some challenges in their very own lives and want tips on both caring for natural hair, and also learning to love and embrace themselves for who God produced them to be. I actually was truly inspired by Diana's power, transparency and vulnerability she displayed in this book. I enjoyed reading Butterfly Changeover and would recommend it to anyone taking into consideration transitioning from calm to organic hair, and also those folks who are already natural.. Transition your thoughts Going into the book before reading anything, We presumed that I was going to be reading about a journey of transitioning curly hair. ?? Amazing This was a very thought-provoking read and confirmed a lot of my own thoughts.. This is a must examine for anybody transitioning with their hair and life. Transition in life, within your personal and understanding the heavy of it all can definitely be considered a journey in itself. Transitioning Together This book is a guide to living authentically, whether you are transitioning to natural hair after relaxing your hair or not. Butterfly Transition is ideal for those who are transitioning back again to natural hair Butterfly Transition is great for those people who are transitioning back to natural hair. In this book Diane shares her extremely personal life transitions and how she noticed it connected to her natural hair transitions. I figured it could provide me a few tips about the process that I possibly could offer my clients. Transition is so much more than hair.



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