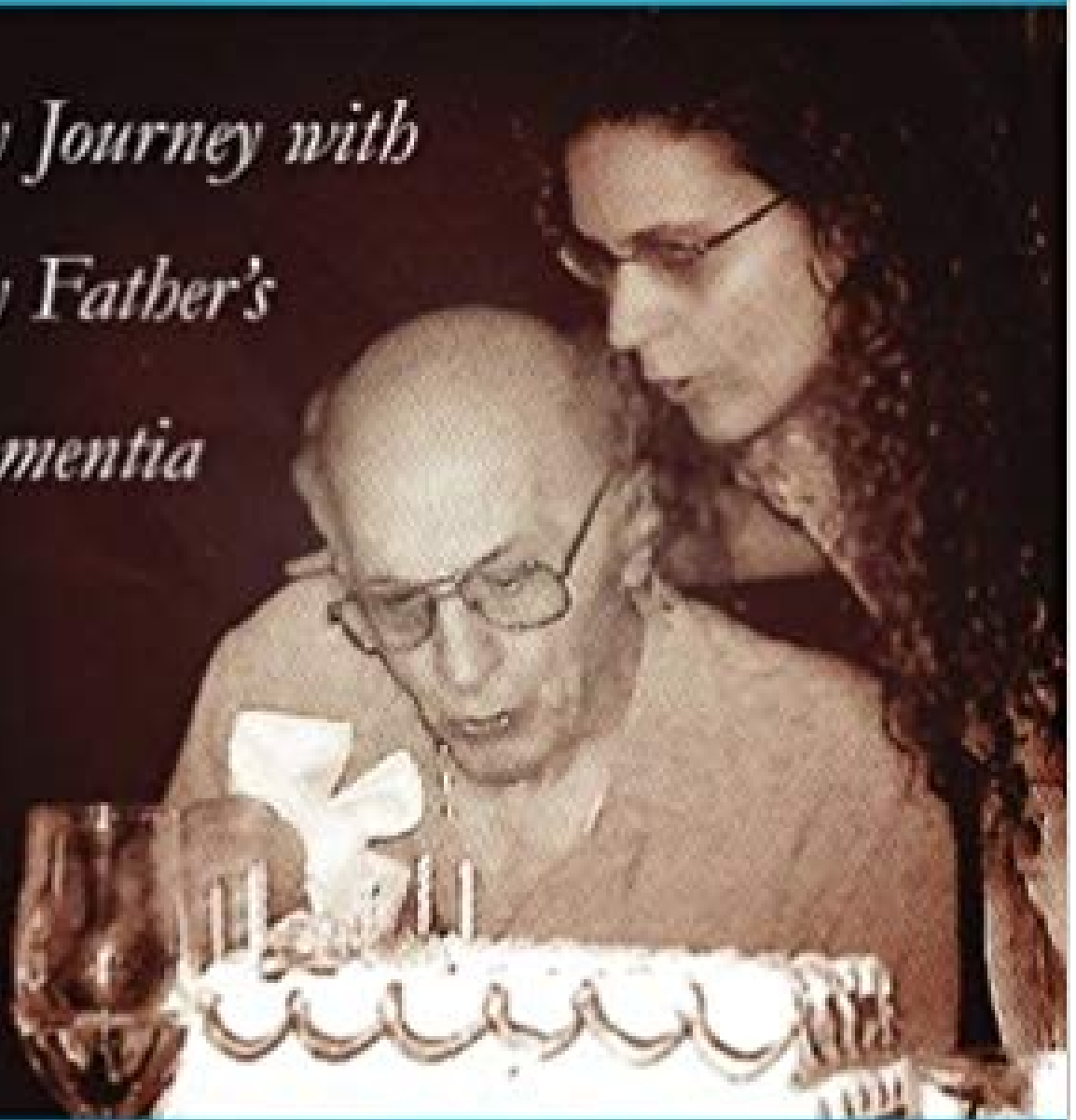


UNEXPECTED GIFTS

*My Journey with
My Father's
Dementia*



EVE SOLDINGER

Eve Solding

Unexpected Gifts: My Journey with My Father's Dementia



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"He didn't understand his age, the year, or his surroundings, but he knew his life could still change lives. On this path, he went forward with his heart. Each moment was fresh—but it was also filled with love, anger, or dread, and he had to travel through it. Every emotion was authentic. How do I protect him? But her insight and experience also bring a fresh, hopeful perspective." In a matter of times, Eve Solding's life and family members changed utterly: Her beloved dad was identified as having dementia. How do you explain to others? The issues are those every adult child faced with looking after an aging mother or father will identify: How do you see to his desires? Discover with Eve and her family members how they not only coped with practical challenges, but changed heartbreaking years right into a time of laughter, growth, and love—unexpected gifts that will enrich the lives of most family members who walk this route.



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Laughter, tears, and inspiration I actually laughed and cried my method through this reserve, which, incidentally, is a page-turner. I was hooked from the first page and could barely place it down. The story is about a wonderful family who pulls collectively in a down economy and helps each other get through this very hard trip of the decisions that must definitely be made regarding disease, caregiving and dementia. It provided me wish about the next phase of Mom's transition plus some of the things to be prepared for. Many thanks Eve for informing your family's story thus beautifully! Highly recommend this publication to anyone who cares about individual relationship. Four Stars No My Journey with My Father's Dementia is a beautifully written and poignant memoir about taking care of and .. This reserve is very easily honest and honestly useful in the manner that Eve hardly ever tells the reader what to do or how to feel when a cherished one is sick. Anyone in a caretaker placement, or even anyone who wants to improve the relationships within their family, will see strength, courage and motivation from reading this book. Everyone who has browse Unforeseen Gifts on my recommendation offers thanked me and bought it for someone else. Unpredicted Gifts was a beautifully written and heartfelt tale of caregiving and love. It facilitated some healing I needed with regards to my very own father's dementia. These were wonderful tears not sad. Eve Soldinger has a way of telling the challenging story of looking after a mother or father with Dementia with kindness and thoughtfulness. It really is truly a moving tale and is one which will have you smiling, laughing and crying with each web page of the book. The love on her behalf Father comes shinning through on each page. She provides us a glimpse of how important it really is for a family to come together to give our family members a meaningful transition by the end of existence. I felt I must say i got to know her and her family. Many thanks Eve for a beautifully created, thought provoking experience. Practially read this book in a single sitting. Unexpected Gifts was a beautifully created and heartfelt story of caregiving and love I would recommend this publication and listed below are the reasons why. Heartwarming Chance of Healing This book was a warm and loving account of looking after someone you care about with Dementia. After reading this beautiful book, I booked a ticket to Florida to go to my dad. It is the actuality that we all are going to have to face which book really shows the way to handle the most difficult of times while receiving blessings and "Unexpected Gifts" on the way. She can be a true healer of your brain as well as the body. In her lovely, very clear writing style, the author draws rich, full portraits of her father and herself as they travel together through his devastating illness. Reminded me . This unassuming publication is a genuine gem and excellent instruction for us all. I valued the expression of emotions by the author. For they definitely travel together. My Mom is beginning to show some symptoms of dementia and offers incurable cancer as well. Her Vitas/Hospice nurse and Dr. are surprised that she is still living and that just goes to show all of us that God is in control and decides when it's our time to depart. It helped me to better understand my role as a caregiver and what my heart and brain are feeling now. I'm sure when you get and read this reserve that you will experience uplifted by the end of the book and be deeply in love with this story! Eve Soldinger did a superb job of telling her story and it will help others to give love, dignity and grace with their loved ones as well. Eve doesn't shrink from him, even while the scrambling of his globe causes hers to tilt on its axis. Tell everyone! I have recommended this publication to many people who have elderly parents. There are so many things In this story that I wished I had known when my father was alive. I feel like I'm a better person for having examine it, and it will stick to my keeper shelf as a way to obtain inspiration in occasions of trouble. joy plus some surprising miraculous moments This book is a treasure. Unexpected Gifts: My Journey with My Father's Dementia is a beautifully written and poignant memoir on the subject of taking care of and loving a parent as his dementia becomes more debilitating. I read this book several times. Many passages in this book brought me to tears remembering equivalent situations

while caring for my Father. One unexpected present for me in reading this reserve was a reputation that I had not been spending the time that I wanted to with my maturing father. I have already been her medical advocate for over four years. I truly believe that is a reserve about mindful relationship and presence. Beautifully written I loved the honesty Eve shared in this reserve. Rather, she accompanies him to the degree possible, in order that their relationship provides a solid bridge between them, even as the structures of his brain crumble. There are moments of sadness, joy plus some surprising miraculous occasions. She teaches us that at the end of a family members life, there is space for the caregivers healing as well as the loved one being cared for. Both Eve and her dad are part models for versatility, courage, power, and caring, as they journey, together, on a road without landmarks to guide them... The compassion expressed during some hard chapters of lifestyle was very touching. Eve Soldinger tells this story with great like and humor and compassion. There is absolutely no sugar coating the experience here -- Soldinger offers a raw and truthful accounts of what it really is like to try to stay deeply involved and close to her father as he slipped further and further into the depths of dementia. Her father demonstrates that clearness, love, and wisdom are possible, even amidst dilemma and pain. There were many stories that made me laugh, and many stories that produced me cry -- and several that do both. and death. It really is therefore relevant to every one of us because we all need to face the ailments and death of our family members. It was one of the best visits in years, as I attempted to hear and incorporate one of the central text messages and take-aways from this gem of a reserve: being present matters greatly, being present without judgment is something special to everyone. Practially read this book in one sitting. Eve describes points people don't talk about, but should, since the prices of Dementia and Alzheimer's in the U.S. are high. Eve demonstrates that her devotion to her spiritual practice may bring great benefits in these stressful situations, actually on the tangible level. Instead, she describes moments and feelings and lets the reader determine their own reaction. This book takes away the mystery of how one should talk or behave with a person with dementia or family coping with it and instead, demonstrates actions through Eve's own behavior: with understanding, kindness, love and compassion. I've never read a publication on this topic so I didn't understand what to expect, but once I started reading, I could not put it down. Reading this book is very helpful, timely and highly relevant to me mainly because I am presently a caregiver pertaining to my 91 12 months old Mother. Thank you Eve Soldinger, for sharing your encounter in a helpful method. Honest and Helpful "Unexpected Gifts" by Eve Soldinger is a first person, plain spoken, account of the unnerving trip of living with and loving somebody with dementia. Unexpected Gifts expressed therefore well how to provide dignity and grace to our loved ones because they go through their permanent changeover... I really enjoyed scanning this publication. Reminded me so much of my very own father and the last few years of his lifestyle. Well written.



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