



THE
FLAT HEAD
SYNDROME
FIX

A PARENT'S GUIDE TO SIMPLE AND SURPRISING
STRATEGIES FOR PREVENTING PLAGIOCEPHALY AND
ROUNDING OUT BABY'S FLAT SPOTS WITHOUT A HELMET

BY RACHEL COLEY MS, OT/L
OCCUPATIONAL THERAPIST

Rachel Coley OT/L

The Flat Head Syndrome Fix: A Parent's Guide to Simple and Surprising Strategies for Preventing Plagiocephaly and Rounding Out Baby's Flat Spots Without a Helmet



[continue reading](#)

ARE YOU EAGER TO Hold YOUR BABY'S HEAD ROUND AND AVOID THE BABY HELMET? Despite a growing body of study and clinical experience that points to the effectiveness of avoidance and early treatment with out a helmet, most parents are still left at night. Babies are experiencing mind flattening at alarming rates, now more than ever. ARE YOU CONCERNED ABOUT A SET SPOT BUT HAVE BEEN TOLD TO "Wait around AND SEE" IF IT ROUNDS OUT? Discover the simple techniques you can take beginning TODAY to impact the form of your baby's head and promote healthy development at the same time. There's a lot more to the Flat Head Syndrome epidemic than the Back to Sleep position as a cause and more Tummy Period as a solution. In this instruction, pediatric Occupational Therapist Rachel Coley, MS, OT/L will let you in overall truth about what's leading to the rise of Flat Head Syndrome and talk about the simple and astonishing strategies you can use to repair it. This book serves as the missing hyperlink between the information about what works and the parents who want and have to know.



[continue reading](#)

Nothing I haven't read for free Sadly this publication had no additional information that was helpful about the topic. Save your valuable money and just use google to get repositioning tips. Read the entire reserve and each chapter experienced the same recommendation again and again Waste of money Waste of money.5 months with almost normally round head. One Star No unusual tips that you would find on google Not much new information I purchased this book to comprehend strategies to reposition my babies' head, but I didn't get anything useful that you wouldn't look for online. The just useful tip I acquired out of reading the pages was to gauge the mind to understand in case you are making progress. Easy read in 2 days. Focus on tummy period. Get kids out of rock n plays and child car seats for long periods of time. And speak with your pediatrician. All info you could find on her blog I follow the writer on social press and find her information easy to get at and helpful. I will have listened to them upon this book. Great book. I feel more confident caring for my kid. Many thanks very much to make this book. Although I'd say that is a consolidation of all the information found online, a few of the information at the end is normally repetitive so I skimmed over them Wish I'd read this before having a baby! Super easy to read Awsome! Extremely easy to read, very helpful and was effective! I found about my baby's toned head at his 2 month birthday and now he's 4. The same details is repeated over and over again for each chapter, and no different than what can be found with ten minutes of searching online. Must read for fresh parents Very informative. Unnecessary book When we left the hospital, the staff said to not read any kind of books but trust your child. I believe scanning this book early on prevented us from needing a helmet for my baby Five Stars Very good read, specifically prior to being a first time mom I would recommend it. Ok read It was a whole lot of general information, things I already knew. All of her recommendations are also a bit overwhelming, despite her right down to earth tone. This publication does not contain very much (if some thing) that I did so not see online. For those who have access to the internet, you can skip buying this book. Essential read for brand-new parents or parents of infants with head shape problems. So it was a good reminder but didnt really learn anything new. All babies have somewhat flat heads until they can flip. The whole book could really be distilled down to a few graphics she's (especially the pyramid of time by positions), but that alone is priceless. If I'd go through this before having my son, I would have been A lot more prepared and knowledgeable about staying away from a flat spot. Instead, by (extremely religiously) using her suggestions, he has nearly outgrown his flat place, though it was pretty significant.



[continue reading](#)

download free The Flat Head Syndrome Fix: A Parent's Guide to Simple and Surprising Strategies for Preventing Plagiocephaly and Rounding Out Baby's Flat Spots Without a Helmet e-book

download free [The Flat Head Syndrome Fix: A Parent's Guide to Simple and Surprising Strategies for Preventing Plagiocephaly and Rounding Out Baby's Flat Spots Without a Helmet](#) pdf

[download Curing Cancer with Carrots](#) txt

[download Play to Grow!: Over 200 games to help your child on the autism spectrum develop fundamental social skills](#) djvu

[download The Comprehensive ENFP Survival Guide](#) mobi