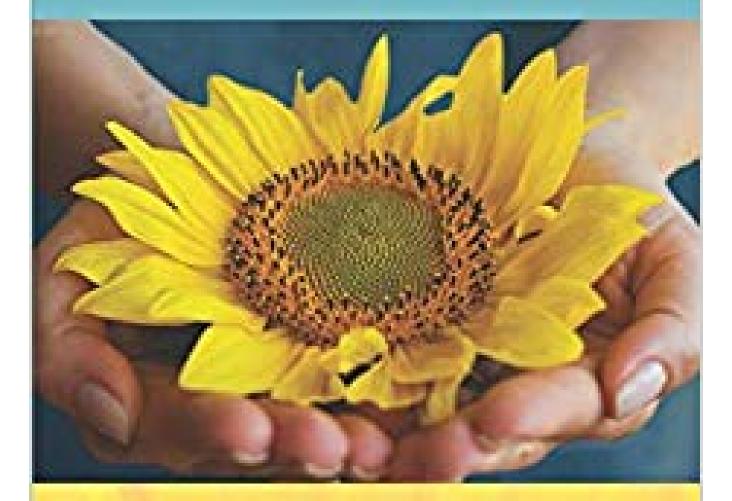
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## CAREGIVING JOURNEY

Information. Guidance. Inspiration.



## DEBBIE HOWARD

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Debbie Howard

The Caregiving Journey: Information. Guidance. Inspiration.



Our world happens to be experiencing a global Caregiving Crisis. assisted living)? Where do they want to live because they age (within their own home vs. In the event that you, like so numerous others, are increasingly worried about your enjoyed one's needs as they age, then ask yourself the following queries: How does your loved one see their existence playing out? What kind of wellness do they aspire to be in? If and when your adored one can no longer live independently, what is their preference (i. What kinds of activities do they would like to engage in?e., paid inhouse help, assisted living or nursing service)? Find out more at www. Rather, you'll end up being guided and supported to create a well-thought-out arrange for those three, five or even 10 or even more years when your cherished one requirements your help because they are able to no longer live on their own. The Caregiving Trip goes much beyond the basics of wills and logistical funeral plans-basics many people have set up (especially where children are involved). Combining her 30+ years because a professional market analyst and her personal encounter as a live-in caregiver for her mom, author Debbie Howard offers integrated her experiences—combined with the journeys of over 200 other caregivers—into this book to help you choose your best way forwards. With the inspiration, practical methods, support, and tools provided inside these pages, you'll become well-equipped to guide your loved ones members and loved ones to the end of their lives with appreciate, ease and grace. Is definitely their preference practical considering their financial situation, and if not really, what are the feasible alternatives?theCaregivingJourney.com.



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NOW I can PLAN! Many thanks Debbie. Now, I am facing this with my mother and I thought we'd done a pretty good job being prepared. Debbie's reserve is incredibly thorough.. It was an event that deeply affected my entire family and Personally i think lucky that I experienced my mother by my aspect.!. I have a tendency to gloss over stuff and not want to go over it..! But after reading this publication, I realize we have so much even more we need to cover. But Debbie stresses the importance of using this time around while my mother is still vibrant to make sure we are planning everything the way SHE would want to buy.this book came at only the right time for me, an invaluable and personal resource! Must read for caregivers, and folks needing care..I went through a CareGiving encounter with my father who had Alzheimer's. Fantastic support so you can get ready to look after aging relatives, how exactly to be supported while caregiving (or being cared for), and ways to get back to living after your life's been turned upside down.



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