

# Transitions

Stories of how to help Mom and Dad  
with their stuff



**Jean Long Manteufel**

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"Mom and Dad need help with almost all their stuff, and honestly, I'm getting exhausted trying to help them. This is a assortment of fifty of these columns. Repeatedly we hear: "I don't understand the place to start." Frequently there are tears. Boomer kids are looking for direction too. They need help to cope with everything - whether it is the stuff in their home, or the psychological stuff they are confronted with. "Why won't Mom do what I'd like? With suggestions for both generations, the goal is to trainer, encourage and guide folks through the procedure." Transitions is a regular column to steer seniors and their kids through these changes." The popular line: "We're going to get a dumpster. It really is about the emotion and the commotion of earning the transition.", and "My brother won't help me." When seniors are downsizing from the home they've been in for over 50 years, it could be overwhelming. The tales frequently aren't just one single person's story. If indeed they feel familiar, it is because there are many folks sharing the same issues. You aren't alone.



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Thank you for writing this! I loved it! Enjoyable to learn.. Makes an excellent Reference. Good suggestions in getting respectful to our elders and assisting them in a major life transition. It offered me a fresh perspective in dealing with my own points while I am still healthful and independent enough to do it on my own. I also sensed empowered to make good selections for myself and yet worth the help and ideas of my family! Many thanks for writing this! I never thought I would need a reserve like Jeans! It's a great overall resource for common topics which come up when interacting with older adults!.. Even though I am "one" of these seniors, I under no circumstances thought I'd need a reserve like Jeans! Jean's book is written with feelings and thoughts honored as anyone undergoes this journey. Transitions inside our lives is something we all cope with and after reading this publication, I find I consider the procedure in a different light. In addition, it generated discussion in your family. Practical and useful information for older people and those trying to help older people in downsizing. The publication was a great read and offered useful insight on coping with the "stuff," and my parents, as we had been in unexplored territory with the aging process.. It is a warm, caring approach to one of lifes biggest, most trying occasions. Jean had performed a first rate job from her family experience of how to care for senior family or close friends. The book was an excellent resource that offered many "aha" moments The book was an excellent resource that offered many "aha" moments.), that is the best way to begin thinking, planning, and get moving... This is an instant, beneficial read that will assist you beyond belief. Seniors and Downsizing Transitions: Tales of How to Help Father and mother With Their Stuff is strictly what the title suggests: an extremely helpful source for seniors making the transition from independent living/home living to community living. Great book! READ THIS! Well laid out. I've read and recommended this book to numerous, many occupants and their own families. I cannot begin to count the changing times I have been thanked for sharing the information that Jean provides in this reserve. This book, which is a compilation of columns the author has written, is an excellent guide to aid seniors and their adult kids through the downsizing and transition period.most most with special memories. I highly recommend it! Great resource book that is also humorous. This is a book most of us have to read, digest, and act upon! If you have aging parents, it is a great reference. If you are in the process of getting ready to downsize or will maintain the process later on (& who will not really? My parents were ageing within their home of 50 years so had collected a lot of things.The help on these pages enabled a much smoother transition for me personally from 54 years living in Wisconsin to New England to be near my family. Great suggestions through the reserve with a sunny aspect . Precisely how does one proceed through 50 odd years of valuable memories? I came across it very helpful. This book is a must have for both parents who are downsizing and for the siblings who need to know how to help. Four Stars This book gave me new ideas and insight for transitions. Great recommendations through out the book with a sunny part up approach. Help for older people when downsizing! Excellent Resource I love the number of topics covered in Jean's reserve. The help on these pages enabled a . Book for those that care about seniors This an incredible book everyone must read if they have family members that are receiving into that "eldery" age catagorie. They also needs to read it and also have a few copies readily available to give to their kids and close relatives if they think they will someday be elderly. Highly recommend! John and Jan Gillespie Five Stars Must read for anybody helping their parents getting ready to move. Informative and insightful. Five Stars Great Read! As the Resident Coordinator for a very large Continuum of Care Pension Community, among my top priorities is helping our leads with a smooth transition while moving from their residence to ours. Actually touches on the emotions involved with families and the items we hold dear.



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