

NATIONAL BEST SELLER

DORIS RAPP, M.D.

IS THIS YOUR CHILD?

For
Children Who
Are Complaining,
Cranky,
Slow Learners,
Aggressive,
Hyperactive,
Unwell, or
Depressed

Discovering and Treating
Unrecognized Allergies
in Children and Adults

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Is This Your Child?



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IS THIS YOUR CHILD? • Eye Wrinkles • These are the main symptoms of potentially unrecognized allergies. Allergic Nose Rub • Aggression • Red Ears • In this breakthrough publication, Dr. Does your child suffer from the following? Eye Circles • " Rather, find out the cause. Mottled Tongue • Red Cheeks • Doris Rapp offers a simple yet effective method of handling "problem" children. Is This YOUR SON OR DAUGHTER? shows parents how exactly to identify the normal foods, chemical substances, or common allergic substances that may be the culprits that trigger some kids or adults to experience unwell or act inappropriately. If your son or daughter is always sick, hyperactive, a slow learner, or cranky, the first issue you should ask isn't "What drug should be prescribed? When you can identify unsuspected environmental illness in your child--or yourself--you can change your lives therefore you're more content, happy, and free from illness. Lack of Alertness • Dr. Rapp gives sensible suggestions about how these reactions to foods and environmental elements can be recognized, prevented, and treated. With these details, many affected kids should feel, take action, behave, and learn better." or "What possess I done incorrect as a parent?



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Anxiety, depression, suicidal thoughts and ADD My son is 10. Rapp's book, "Is This YOUR SON OR DAUGHTER? Taken individually we tried to deal with things as they emerged up. We visited every kind of Dr. and examined for everything from supplement deficiencies, hormone problems to thyroid complications. All negative and we have now owe two thousand dollars in medical debt.! Read this book first! This publication has helped so very much (and the Feingold Diet plan) I could see so much of my son in the children that Dr. Rapp wrote about. In the last three a few months, we have switched to almost all whole foods and as many organics as we are able to afford. We have noticed a 90% difference in my son. School is way better, he's doing homework alone for the first time EVER. I had no idea food sensitivities could cause all of these issues. At home, he's calmer, not depressed or anxious and only mentions suicide when he's been exposed to some food that we didn't recognize that he couldn't possess. We knew before that he couldn't tolerate artificial color but we now understand that he can't handle any type of MSG (and there are a lot of ways of stating MSG), soy or any kind of preservative. I've bought so many copies of it to share with parents that I've dropped count.'s (MD's, DO's, Allergist's, Child Psychiatrist's and a neuropsychologist) no 1 ever mentioned diet. It is hard work to prepare everything, pack lunch everyday and only have the ability to consume out at three places but I would do anything to create my boy feel better which book was the start of a brand-new chapter in my own life. A less nerve-racking, happier chapter. Life changing! Is usually THIS MY CHILD is like a bible if you ask me. Now I have it in Kindle form to have with me wherever I am!. A kid who acquired no speech or receptive speech at all was immediately available to find out, speak and live! Many thanks! He is now an extremely motivated scholar with a bright future. Thank you So informative.]Truth is ageless ! 17 years ago I read this reserve when trying to comprehend my 2 year old's autism. Each one of these Dr. Scattered throughout the book had been all his odd behaviors - and I had a "aha" moment that changed my entire life and my son's forever!You stop this food for 3-12 weeks (based on reaction) & - Wendymiller_rd@yahoo.D. Very insightful. Helped offer insight into my very own children's, and today my grandchildren's behavioral issues which are associated with food and other environmental triggers. Neurological reactions to foods and environmental elements impact on our health that is not widely acknowledged or well understood in mainstream medication. Dr. The serum % used by most allergists for examining was too strong to show up in the kids. Have a look at her youtube movies for a taste of what you would find in this reserve. A blessed, rational option to the INSANITY of doping .. Her demonstrations with this knocked my socks off.It helps. Since 2nd grade he has steadily slipped in and out of depression, anxiety attacks, social seclusion, concern with crowds, heightened sensitivity to average noises, every week suicidal thoughts, inattentive Increase, allergies, random meals intolerances,

asthma and unexpected allergic skin reactions to things that he's been exposed to before.," is usually a blessed, rational alternative to the INSANITY of doping humans with psychotropic 'medications' (legalized poisons). She may be a maverick-MD, yet can be a pioneer, getting the center and courage to promote a safer, nondrug approach for healing allergy symptoms which WORKS without the detrimental side-effects of nonnutritive, prescription-pills and potions !This publication further illuminates the record-breaking audience response to the Phil Donahue Show's episode regarding the topic of safely CURING allergies and 'bad' behavior as seen here: [. Box 175Montpelier, Va, 23102 It helps a lot. All this information is still pertinent - I bought this for my child as her 5 yr old has severe behavior issues.I went on with my life aswell - went back to school to get my master's in clinical diet so I could help others which were in my scenario. We put our boy on anti-depressants and anti-anxiety pills, and then have the weird allergies pop back up. Meals reactions affect every part of the body.It tells how to find hidden allergies (single meals & The ...! multiple food elimination diet plan or rotary diet, you then observe- after eating problem meals itching (with eczema) begins within 15-60 mins..com This information can change your life!P. Go through this reserve before medicating your child!.. It tells how exactly to .David Schultz, M.. It helps a whole lot. Through the elimination of common foods that he was either allergic or intolerant to, my son started developing normally IMMEDIATELY. Meals reactions affect every section of the body.The stomachThe bowelsThe skinthe heart and lungsThe mindDr Rapp's vast experience will help parents find answers to medical problems of their children. I am pleased to speak with anyone about how life-altering this book is! start gradually.For example, if milk is a issue,start with one-half teaspoon at a 4 day interval.. meats that wasn't prepared or frozen immediately (I purchase frozen). fermented meals, citrus, nuts, berries,chocolate,avocado, fish &.You then increase simply by 1 teaspoon every 3-4 weeks.When flare-up, restrict histamine wealthy food (most sour &If 4 teaspoons were alright, but 8 teaspoons caused problem,you end for a few weeks & so on till 1 glass a day at a 4 day time interval. Dr. Help for your child.In 4 times you drink 1 teaspoon &. I've recommended this publication to everyone who includes a kid with learning complications, hyperactivity, behavior problems. I saw Dr. Rapp on the Oprah Present years ago.. She found that many of these childhood complications were caused by allergy symptoms! Rapp was a pioneer in the field of environmental medicine, and there are a great number of parents and kids who sing her praises for the difference she's made in their lives. She cut the % way down and there were immediate reactions. The youngsters calmed down immediately. fantastic book for any parent I bought this book to talk about with someone else, I had go through it a long time ago and it is a must for anybody with a child. Rapp's method. Total body rash (that lasted 3 times), hallucinations, vomiting and

serious suicidal thoughts and melancholy.. Just removing dairy so far has helped.O. Amazing find. Friends and doctors were shocked and suddenly I was told that my child who doctors told me I will "institutionalize and focus on my other 3 children" was probably not autistic after all! He's more outgoing, happier and simply more normal. Amazing discover. He was 2 1/2 at that time and by age 6 he was ready for kindergarten rather than required any accommodations or IEP.! Five Stars A good spot to turn to when you have questions. For those who have complications with your kids, read this reserve and take your son or daughter in to be assessments in Dr. So much information regarding behavior and allergy symptoms in children. Five Stars Dr Rapp is excellent and would help so many parents if indeed they chose to read this excellent book. Five Stars This is an incredible book, every parent should have one. start with 4 teaspoons at a 4 time interval for 4-8 weeks..



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