

Over 3 Million Sold



Feed Me I'm Yours



Baby Food Made Easy!

Delicious, nutritious, & fun
things you can cook up
for your kids!

Vicki Lansky

Vicki Lansky

Feed Me I'm Yours: Baby Food Made Easy



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America's basic cookbook for parents of small childrenThe 30th anniversary edition of the common cookbook for parents of tots and toddlers contains one of the most popular dishes for baby food, finger food, snack foods and desserts ever published.A lot more than just a cookbook, Feed Me I'm Yours provides time-keeping, trouble-saving, and money-saving tips. Fully updated, this new edition includes details on the most recent Food Pyramid Guidebook, sample servings for small children, organic baby food choices, when to introduce new solids and which to try initial, vegetarian baby food options, handling and storing baby meals, secure uses of microwaves, the latest equipment for making baby food in the home, foods likely to cause allergy symptoms and how long to delay launch of these foods. It also contains enjoyable "edible craft" actions for celebrating birthdays, the seasons and major holidays.



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A favorite! Tried & true. I purchased this book as part of a baby shower celebration gift.. I'd definitely recommend this book, and may purchase additional copies as baby presents. I could show the recipient was pleased with everything. When she opened up the reserve she started flipping through it and appeared up and me and smiled.] Of course, We had to try out some of the recipes myself . all with small techniques, like pureeing some vegetables to sneak into your toddler's cheese pizza, or adding oatmeal to yogurt rather than milk for a toddler who's just understanding how to use a spoon. Just as good as it was 30 years back when I utilized . I used it non-stop. Simple, healthy recipes are given for everything from soups to omlettes .. Filled with practical ideas... Equally as good as it was 30 years back when I utilized it for my babies. I made the food about once weekly.. I have one which my mother gave me when I got my first baby.Very easy to accomplish, and you save the big bucks by not buying ready made food. YOU and your baby need this book! Love this book Love this publication. I paired it with a complete group of the re-play feeding dishes/cups/spoons & Nothing overly complex, all not too difficult things to do or lead to your little one, but things that may not have occurred if you ask me on my own. mostly out necessarily, hardly ever realizing the healthful bonus of earning your own baby meals. This is an excellent book for new moms and dads who want better choices for feeding their little ones. It is so easy, anyone can perform it. A Family Tradition I had this book when my daughter was born (in 1976). You merely cook your food and place it in your blender to the required consistency. Many young mom's obtain starry eyed over the grocery store offerings but given a few basic ideas and methods they can find out how easy it is to supply healthy and nutritious foods and snack from what they already have in the kitchen. When you need the peas, corn, green beans, or poultry "cubes", simply pop them out and defrost in the microwave in secs! The book includes a lot of guidelines and recipes.! Excellent for New Mothers! I actually purchased the first addition of the book in 1979 and used it through both my children's baby/toddler years. I've bought it as presents for new Mom's over the years and love the new version which I just bought for my niece who's having her second kid. Now passing to the next generation. After that, pour it into ice cube trays and freeze... A Great Reserve for starting your baby on solid food. Five Stars fave A classic, given originally if you ask me by my sister . I used the book 30 years back when my grown kids were babies. Great reserve with solid suggestions and recipes for starting your baby out right on solid food. New & Improved - From My 1977 copy!!! I originally bought this publication as a gift for my sister when she was expecting my first nephew - in 1977. Ridiculous gift I got this simply because a baby shower gift. I loved after that it, and just got it for that same girl to make use of with her new girl (7 months outdated).! She didn't obtain another gift enjoy it..). Well, I tried so many recipes, that there is evidence on a few of the pages! So I was forced to keep that duplicate, even though I wouldn't have any of my own children for 9 more years! But of program I utilized it for all of them!!!The book found its way to plenty of time for Christmas - actually it was a few days EARLIER than they had promised!!!Of course, I even now have mine - and I simply decided to make an effort to bake some home-made graham crackers!! Yum!! I buy this book each and every time I need a gift for a fresh Mom. Who knew it may be so easy? I had no idea I shouldn't carve poisonous trees into sharp points and let my kids run around while eating off the sharp factors. Everything in the publication is good sense and also the revised edition is normally dated. This book addresses babies from those who are beginning to eat completely up to picky toddlers. I used it when I had my child 5 years later. The book 's been around for a while, however they republish once in awhile to keep the content material current (like nutritional info, etc.Therefore when my son and daughter-in-law were expecting their first, I HAD to think it is to give it to them! I have loved this publication for 30 years. snack containers. I bought the book for a new mother who is needs to feed her twins good food. I still utilize it to this

time to make items for my granddaughter.. A classic, given originally to me by my sister. Not only is there nutrition tips, recipes and practical information regarding health and protection but there are crafts and playtime concepts as well. There are also some dishes in this publication that I cherished to create for myself, such as the granola. When I experienced my daughter, I was given a used copy.. Simple Ideas A whole lot of "why didn't I believe I that" tips in this book. Bought this for my daughter who is expecting. It's an excellent book and I'll hardly ever give mine up. An Oldie but a Goodie Purchased as something special, but loved the book I acquired when my now forty year older was a little one. Improvements to the book appearance good. One Star The book was extremely old and used. Yellowed. I used this reserve over 35 years back. The granola recipe is to die for, I actually went on a hunt for it at our local library, years back, because I remembered what an awesome recipe it had been. I was so content this reserve was still around- so I bought one for my daughter who is having her initial baby. [It may have been published earlier . My baby isn't however old enough to be eating solid foods, but We am so happy I bought this book ahead of time! I also did not understand how to properly trim a hot pet dog, thank goodness for the recipes. Basic recipes for fresh, homemade baby foods (ie: puree fruit and freeze in ice cube trays to create individual portions) sound a lot more appealing than those small jars of goop. I've no idea how it really is still published. Five Stars A classic even now relevant today.



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