

#1 NATIONAL BESTSELLER

WILLIAM STYRON

DARKNESS

VISIBLE

*A Memoir of Madness*

"Compelling...harrowing...a vivid portrait of a debilitating disorder  
... It offers the solace of shared experience." -*The New York Times*

William Styron

## Darkness Visible: A Memoir of Madness



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A work of great personal courage and a literary tour de force, this bestseller is Styron's true account of his descent right into a crippling and almost suicidal depression. Styron could very well be the first article writer to convey the full terror of depression's psychic scenery, along with the illuminating way to recovery.



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An excellent description of what depression is I choose to read this book with hopes to understand depression. I recommend it to anyone who appreciates truly magnificent writing or even to those who would like to understand more about one person's encounter both experiencing and conquering depression. We were altogether darkness of his struggling so when in his goodbye take note he says that he was therefore sick and tired of it we had been struck by lightning of sorrow and dilemma. This book explains really well this sickness, and has helped me tremendously to comprehend signs and actions that my son presented and did. Famous author's account by himself struggle with depression. If topic of depression is what you need to read and find out about, this is a must read book. Just as much as this reserve shook me up emotionally, I am grateful that there was a person like Mr. This publication is defining depressive disorder as a mental illness from a point of view of somebody who experienced from it significantly to the point of nearly committing suicide. This book originally was a lecture. Styron shared his encounters openly and with much compassion. Then your recovery. Styron's publication, but this is actually the only period I read his very own account on what it means to become mentally ill and how exactly it affects not just a person who is experiencing the illness, but also that person's immediate family, friends and professional contacts. I was shaken to the primary of my being. We read a lot of Mr. By enough time I reached chapter Five I was crying because everything, every phrase, every emotion, every bottom line he drew was so close to what it feels to have problems with an illness such as this that has been stigmatized form the start of times.. It can be read in a couple of hours but it will have a lasting impact for the rest of your lifestyle. It is extremely introspective and insightful. I have recommended this book to many people since reading it, to both friends who've never been depressed also to the clinicians who are helping me through this challenging experience. It does not matter if as a reader you suffer from the illness, or you understand of someone who is affected by it, or you just want to understand about the illness that's affecting a great number of population. It really is a letter from within the cavern of depression told by an excellent writer who wants all of us to understand the land in which he dwells. I let my parents browse it and they are not dumb by any means Well written, by the same writer that wrote Sophie's Choice, about his struggle with deep depression. Remarkable This book is the most accurate depiction of severe depression that There is. I found myself of all of the web pages (to a lesser degree than Styron) and followed his lantern toward the exit from the darkness. Excellent Absolutely, essentially excellent publication (if you ask me)..In the event that you live with depression or have someone you care about you would like to get to know, DARKNESS VISIBLE is a great place to start. An extraordinary book for both those who have and also have not experienced depression This book was positively remarkable. Having gone into a depression this season for the first time in my life, I wanted books that described other people's journey's to that dark, despairing place. As it is I'm going to be grateful I came across it. A Letter from the Cavern of Depression William Styron, as so many authors, fought depression throughout his existence. I plan to read it again very soon primarily because I think it is a masterpiece of language. My son passed away of it at seventeen years aged by taking his life, and we didn't suspect that he previously it, he hid it so well. I have read it twice--both occasions at a single sitting. I'd give it 5 celebrities individually, but giving it 4 stars simply as a caution to others out there that book isn't for everybody. I let my parents examine it and they are not dumb at all, this book is merely very intellectual, but it may go over many people's heads. It describes the crippling feelings of depression perfectly to me, but it might not describe it flawlessly to others. But if you have somebody in your loved ones that is trying to comprehend your depression that's very "book clever" this is actually the publication for them. So, if you have

somebody in your loved ones that's really "street clever" that's trying to comprehend your depression, this is not the publication for them. I hope this makes sense and helps. Major Depression I believe it requires great strength of personality to discuss, let alone memorialize, one's trip through the quagmire that's major depression. Disappointed Far too pretentious A subject seldom discussed This is a subject seldom discussed and much misunderstood. Styron once, a great writer with much sadness in his lifestyle. I'll reread and talk about the contents, I'm sure, with everyone who'll listen. And, it shows that you are not the only person to ever feel the despair and hopelessness of depression. I would highly recommend this reserve to anyone suffering from mental illness, and also those near them, so they may see that they are not only and that there surely is wish. Prozac came on the market about enough time this book was published. Author Styron describes, expertly, the nature and experience of depression as no one can except person who has suffered it. It provided me such a revolution and a depth of understanding of depression itself in regards to myself that i will appreciate for the rest of my life. Styron rightly stated, everyone's journey through melancholy is different. Its a brief book and for some reason I got a Kindle edition at a lower price. But it's worth purchasing the hardcover that i will. If I could find an autographed duplicate I'd be grateful. Understanding that Styron was an extraordinary writer was one cause to buy the publication, but also knowing that he CAME OUT of his depression plenty of to write about any of it revealed that the publication would be hopeful rather than only despairing. A Supportive Evaluation of Depression. Worth the effort to read this one. Eye opening Amazing insight in to the globe of the deeply depressed. Styron who includes a courage to create it. His experience is not necessarily the experience of another suffering from the same disease. I feel this writer understands the aspects of this disease much better than any other so-called expert in neuro-scientific psychiatry. If you've ever experienced melancholy at the deepest of levels, you will find some extremely needed support out of this book. The almost irresistible urge to eliminate one self. I was touched by his honesty about any of it from the initial page of the reserve. It really is my belief that each medical expert working and helping mentally ill should go through this book so they can truly understand the internal functions of what it feels as though to be depressed compiled by one of the finest minds and authors of our time. It would possess been interesting to learn his record on the consequences of the new generation of antidepressants on his disease. It's the best description of depression I have read. Whether you've experienced it yourself or just know someone who has and need to take the time to absorb these short 85 pages in order to better understand and empathize with this struggle, it really is essential read! There continues to be such stigma mounted on any mental disease that one hesitates to go over it with anyone. To possess a talented writer place his personal encounter in a memoir can be eyeopening. Very informative and helpful I can see how this book will be enormously helpful not only for people who suffer from depression also for those who wish to gain a knowledge of the condition. Mr. William Styron is such a fine writer that his honest essay of how he was suffering from an illness is deeply moving. He was a strong advocate for abolishing the stigma that still, despite all analysis, treats major depression as a quasi disease that only "weak" people claim to have. GREAT & SAD Met Mr. While Mr. A+ book. It was actually pretty interesting. Had to read it for a college class. It had been actually pretty interesting.



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