



# ACTS OF FAITH

# DAILY MEDITATIONS FOR PEOPLE OF COLOR

I Y A N L A V A N Z A N T

Iyanla Vanzant

## Acts of Faith: Daily Meditations for People of Color



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From the #1 New York Times bestselling writer of For the time being, and with nearly a million copies in print, Acts of Faith is an internationally acclaimed reference for spiritual guidance and balance, specially written for folks of color. Each day of the season includes a unique inspirational quotation or message with it, along with a short essay to aid in reflection and wisdom. Works of Faith is a thoughtful and inspirational publication that explores the initial pressures on folks of color today with great insight and sensitivity. This book is invaluable for folks of color searching for motivation and support as they journey on their spiritual path. These text messages are pulled from an excellent variety of spiritual practices and teachings, to assist spiritual people across faiths and disciplines.



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twenty years of daily reading &... This book has seen me through the best & roughest instances of my entire life. This book was given to me as a gift in 1994 (during a "tough" patch) &! I literally was keeping the pgs/book together with a rubberband for years. If you want some positive energy in your daily life, take a page from iyanla's publication, it'll refresh your soul! It wasn't that I couldn't have purchased another one.. Highly recommend...she is a marvelous article writer! it was as an old worn straight down but comfortable slipper that you keep wearing & Each and every page is filled up with another connect to your betterment - Who will you become - exactly what will you become - where, why, and how do you want to become? The daily readings were always so useful & Don't strategize this reserve with caution, rather open up your heart, your mind, your soul and allow it become a part of your very core; I read a page each morning. Also, there have become harsh truths that you may read in this reserve in which you might have to confront introspectively; Freedom, freedom, and release is the dynamic experience that enlightens your life when you acknowledge that it is YOU, you who has held YOU prisoner for each one of these years. appears to address you & continues to be invaluable to me. will find great wisdom, teachings, sayings/affirmations, and ponderings of factors that make you move "hhhmmmm or aahhha" every day. In the event that you liked "Faith in the Valley" you'll like this book I purchased 'Acts of Faith' for a pal, but decided to browse a passage or two to see if I'd like it for myself. perfectly.. Lastly, I can't begin to count how many of these books I've bought for presents. Although you might not agree with everything she says, it is at least believed provoking if you're reading with an open mind.. I've bought this book as a gift for just two special close friends of mine. your situation personally & I acquired this book as a gift about many, ..I especially love the format of the reserve with a quote at the very top, followed by insights, a summary at the bottom of every page. It's a great way to start your day with a positive, thought-provoking message and affirmation. Nevertheless, I miss it therefore I just bought my own copy. It's not a preachy book. It contains what I refer to as universal truths. morning motivation I really like this book. No matter what stage of your life you are in, regardless of your gender, color or faith, this book is filled with wisdom that may lift your spirit. Great daily read I keep this book in my own locker at the job . Everyday I go through a page from the exact time to myself and my co employees ! It is an excellent motivational self help read, that basically helps you begin your day . Functions of Faith: . A discussion with a friend recently, immediately brought the publication to mind; This amazing journey brings into your daily life wealth beyond measure. The book arrived earlier than expected, in fine shape and the recipient is enjoying it now.. Although some of the discussions are geared to the "African American knowledge", the majority are just good good sense; I've found a LOT of AHA occasions on these web pages! white, black, brownish, etc. It's a GREAT gift for any age. I really do. Amazon is especially nice when you discover a book that you'd like to very own because you learned of it through a pal, but maybe it's not a recently available publication. You can generally find it on Amazon and for an excellent price!! I'm so pleased my son released me to the joys of online buying! Enjoy! Remake Your Globe!" Oh my, oh my, oh my! This book is really not for 'People of Color' but also for "People whose Souls can color the world Joyful. How can you find the words that communicate the reconstruction of your center? Acts of Faith - a gift that keeps on giving I purchased this book of daily insights for myself years ago soon after it was published, but have already been rereading it this year. I read each days "lesson" every morning with my prayers.. will need you on a trip of self-improvement which will have you searching in the mirror and requesting - Who have I become today? simply don't want to throw away. so her

mom and I went to Amazon to locate a copy for her daughter and ordered it best then. This reserve will need your love and joy to heights you never imagined. Your center will flutter, your mind will see the peace you've been desiring, as well as your soul will fly free of charge, free of the madness and lies you've been surviving in the impact of for so many years. it's always right on time &! just like a message you get at church after you skipped a few Sunday's. Inspiring and motivating! Anybody can & This is the most recent purchase I've made from Amazon but I'm sure you will see more. It really is wonderful reading for anybody of any color; a means of pinpointing the lessons in life we are occasionally unable or unwilling to face until looking at our thoughts on a page makes them genuine. As a person of color Iyanla offers much wisdom, tempered by the everyday living of a woman of color, and wisdom that she can talk about as to not letting dread or preconceived notions of just what a person of color should or shouldn't feel.. still heading, as she says, "We ain't gonna struggle no more"..I wasn't prepared to get a new one.. An inspiration to lift up your spirit and soul! Iyanla, god bless you! Each and every time I read a full page out of the book, it helps inspire me and motivates me to accomplish better everyday! Your positive energy is a blessing!!! Let Acts of Faith change you upside down to release that which has a hang on you, then best side up to permit your greatness to be manifest to the world. I purchased a new one in time to start 2015. negative attitudes and folks in order to progress and become a better you. This book really changed my life! I've read it daily for the last 20 yrs. Each morning, I browse my daily meditation page two-four times just for the info to essentially sink in. This publication has been &.. some passages in the book makes it clear that is essential to confront suppressed remembrances, negative attitudes and folks in order to progress and become a better you. Love it Love it Powerful words Very inspirational, if you want a reassurance read this book.! It'll make you analyze your current way of living while also appreciating what you have overcome. Each day is different things and impactful.. You don't have to be a person of color to find its value.. I acquired this book as something special about many, a long time ago (about two decades back) from my boss, and last year I chose to "pay it forward" giving my duplicate to an employee. Love it! Cancel order Cancel this order We don't have kindle Great Devotional I use this book as a daily devotional and it is extremely enlightening and powerful. trust me you'll be happy you did! Life changing I simple LOVE this book each time We're reading it . It gives me strength or motivation to do a lot more than what I am doing Inspiring THIS is my 3rd copy powerful messages



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