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FLATTER YOUR FIGURETM

Transform your
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The unique fun-to-use new
system that has helped
thousands of women
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clothes with confidence.

JAN LARKEY

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Flatter Your Figure



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Offers advice for ladies on evaluating their appearance objectively and designing a wardrobe that accentuates positive features and creates a flattering image



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Worthwhile Investment! Men may also get some help out of this as well regarding training collar lines and waistline lines, cuffed vs.. This is an amazing book. First, there may be the section for evaluating your number. Useful illustrations and step-by-step instructions make the procedure as quick and easy as feasible. And it's not performing any favors for the masses either. That is also very useful. The book isn't about fashion per se, it really is about analyzing your proportions in order to accentuate your good points and conceal your flaws. This is the fun part---acquiring your figure issue number/s you look through the garment illustrations where you will see the same figure issue numbers. Once you work out how your body is shaped, . It is extremely, very comprehensive in assessing specific lines and cuts of clothing and whether they will flatter you or magnify problem areas. If your figures are in the - row then you won't work for you. Great help for dressing. I had this book before and gave it apart by mistake. There are numerous of sections in the publication that walk you through the process. I found the procedure to be quite fun rather than overly tedious. The display of the material was easy to comprehend and put into the order it would be needed. Figure problems listed include: Double Chin, Small / Large bust, Solid neck, Short / Long throat, Thin / Heavy arms, Thin / Heavy legs, Solid ankles, Protruding abdomen, Smooth / Heavy bottom, Wide hips, and three roughly more. It also gives some simple instruction for determining what kind and size of lines and prints garments should have for your size of bone framework. It manuals you through the process of learning about high and low comparison colors, how exactly to use color mixtures/garments to look taller or shorter, thinner or heavier.. It is not a huge book, so that it is handy for individuals who do not have considerable time. Now this is my second time around; Even though this book is on the older side, I'd still recommend people get it, because it continues to be very useful, nonetheless. It doesn't. I have been using my duplicate for around twenty years---on and off as needed, and am not really sorry I bought it. Oldie but goodie This book has outdated pictures, but if you wish to wear proportion, with the eyes of a stylist--this may be the best book out there IMO. It really is a very useful direct, unlike a whole lot of other closet self-help books. Each figure issue is numbered and ready for you to utilize in another section of the publication where you will see all kinds of garment illustrations---divided into sections (necklines, collars, sleeves/no sleeves, and amount of sleeves, skirts, pants, jumpsuits, swimsuits, underwear, external wear and suitable lengths and cuts). Apple, pear, etc. Some of the designs are out of date, but the process and resulting understanding function for any era's designs. are your features are great, your neck brief, your shoulders sloping.! There is more, but without the publication before me, I cannot remember everything that's included.? I needed it back. Then she gives the clothes types and fixes for every negative and positive: how exactly to feature, how to conceal.

Illustrations of necklines, skirt shapes and hemlines--even more than I ever thought about is illustrated..I got this book the very first time after it had just come out. My girl is 5'10," very long hip and legs, narrow hips. Everything she places on looks great on her, just like these exact things look good on versions. I have been buying things that I really like on versions, hoping it could make me look the same. I like its small size, easy readability, well chosen words--without being too wordy, the illustrations are well chosen and helpful. Inside the front side cover is a quick reference guidebook where you circle the physique issues you have. It really is unfortunate, but true, that long jackets and shapeless tops (so popular) aren't my friends though I really like them on others. I eventually gave it away because I thought my particular "flaws" were not so great as to dictate my clothes choices--just buy what I like. I have since changed my brain. Long waist, short legs, wide hips, broad shoulders--even though I am 5'7 and slim--need some thought and discretion when purchasing. You will choose your wardrobe based on your proportions, not your measurements. Jan L. uses a "blinking" technique; I don't get good enough outcomes with that technique, but a camcorder and a mirror or a internet cam is great showing me what I cannot "see" just by searching. you close your eyes before a mirror, and quickly blink, to get an overall impression. Still as relevant as ever! I want i've gotten it as a teenager! This book is quite valuable for helping a person uncover what regions of their figure to de-emphasize and how. If your physique issue number/s is/are in the + row then you know the garment illustration is of one that will do the job. I owned this reserve years ago and loaned it to a pal, and then have her drop it. I hunted high and low for an upgraded and am happy I found it again. I believe the book has gone out of printing. It's still as relevant as ever! Every woman needs this book!! non-cuffed pants, etc. Can help you figure out your problem areas and shows suggestions about how exactly to cover those up correctly to fool the attention. Ordered one back 1990 and got to combat 5 sisters to maintain it so ordered one particular for each of them. Very helpful book! This book was very useful in correcting several flaws in my own clothes shopping. By understanding your proportions, one can know which styles are flattering and which attract focus on one's problem areas. are not individualized more than enough;The book is very methodical, great if that is the way your brain works. I imagine there are females who "move with the movement". I'm uncertain how useful the reserve is certainly for them. If your quantities are found in both the + and the - rows then you can determine if nearly all your numbers are in a single row or the additional. If mainly in the + row it'll do the job, but could use some components or additional garments or garment components to make it function.This book shows you how and what things to measure on yourself to determine where your proportions are pleasing and where they are off. I have recently taken on this project as though it had been a doctorate

(I am tired of throwing cash away on unflattering clothing) and also have read almost every fashion book on Amazon--thanks a lot to my library as I cannot afford to buy all of them. Amazing book! A dowel rod and a string supports some figuring. With the introduction of internet cam, I could take images and see obviously that proportion is key. Great book for know very well what flatters your body shape. You don't need a measuring tape. though admittedly, this is written with the woman in mind. Two Stars it was Okay only Ordered one back 1990 and acquired to combat 5 . The precious metal standard of shape fix-its! Very easy, a lot of helpful illustrations and images... I hope the publisher will re-issue this reserve, would especially love to discover this formatted for lightweight devices in order to take it on purchasing trip. At the same time, the book has enough details to do the work of helping us discover what we need to in order that we will make more informed buys and better investments in our attempts to clothe our bodies and present them well. been looking for one for my sister who offers been nagging me for years to provide mine to her. Right now we can involve some peace! There are + and - rows under each illustration.. It certainly reduces a creative process a few ladies know and do naturally, so that a left mind person like myself and study, learn, practice and reap the benefits of. Once you work out how your body is shaped, and observe which styles flatter or appearance frumpy, it makes clothes shopping that easier Five Stars Love the book



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