

What Your Explosive Child Is Trying to Tell You

Discovering the
Pathway from
Symptoms
to **Solutions**

DOUGLAS A. RILEY, Ed.D.

Author of *THE DEFIANT CHILD*



Douglas A. Riley

What Your Explosive Child Is Trying to Tell You: Discovering the Pathway from Symptoms to Solutions



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From the author of the groundbreaking *The Defiant Child* comes the initial book for connecting explosive behavior—when kids go from Jekyll to Hyde and back the blink of an eye—s *Instruction for Rescuing Kids*.t help but wonder if this individual's possessed? Are his intense tantrums getting the stuff of playground legend? And so are you going to lose your job because his daycare or school repeatedly asks you to choose him up early?s ear-to-the-ground insights gives much-needed help desperate parents who have one overriding question: How come my child act like this? This compassionate yet no-nonsense therapist explains that explosive behavior may be the mere suggestion of the iceberg. Dr. Douglas Riley' *What Your Explosive Child Is Trying to Tell You* is a lifeline for parents who are in their wits' Riley identifies the eleven most common factors behind explosions and appropriately tailors his treatment strategies to address the underlying cause of the behavior. Rather than using a one-size-fits-all technique, Dr. end. DOUGLAS RILEY is usually a medical psychologist whose practice focuses on kids and adolescents who are explosive, oppositional, depressed, or have problems with concentration and learning. DR. He's the writer of *The Defiant Kid: A Parent's Guideline to Oppositional Defiant Disorder* along with the *Depressed Child: A Mother or father's* using its underlying causes Does your hitting, kicking, screaming child explode with so little provocation that you can'



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Is this the proper book for your position? As the parent of a child with special requirements and a therapist who works together with children with special needs, I've been around this block several times. Straightforward and concise. When you get better at figuring that out - you can build some good strategies.

PROS: The reserve does an excellent work of explaining that there is no one single reason behind a child's explosive behavior, and that the parents, teachers, and therapists have to become detectives and consider most possible causes for the explosive behavior, which might include road map problems (i.e. I would have LOVED to see a summary by the end of each chapter so I didn't have to flip back to my highlighted sections, and I actually felt that a lot of the information was intended for older kids. I have an "oppositional child" and felt victim to MANY of the techniques that the writer described in the publication. While having a kid with anger issues or any mental illnesses isn't easy, and no book will give you the magic pill, it had been helpful in understanding my kid better. His suggestions have become age-appropriate and we've been with them to curb the outbursts pretty successfully! In addition they usually have very little on the small children, and or concentrate too much on an age group it doesn't apply. I was quite surprised to see that a book published in 2008 would not talk about ASDs as at least a chance for a child's explosive behaviors. Although some of an ASD child's explosions could be explained with "street map" issues or sensory problems, there are a lot of other problems that cause a kid with an ASD to explode, and these are not really addressed in the reserve. Five Stars this book explains clearly why the behaviors. Intense early intervention is essential for these kids, and I cringe to think somebody dealing with a kid on the spectrum who is having explosive behaviors would end this book without a good hint that ASD was a chance and that they have to seek further assistance. This took away one celebrity for me. A second concern comes from some of the consequences he suggests. "Love and Logic" added to this is perfect. What's wrong with these? They arranged the parent up for yet another power struggle. I thought the insights were great. The chapter on food allergies and behavioural problems will probably be worth looking into - interesting theories! You need to be aware that the book is not written with ASDs at heart. I was quite surprised that the author did not explain this basic theory when talking about consequences. This took away another star.

CONCLUSION: Should you have a child that you are sure is not on the autism spectrum, and you are able to design implications that usually do not require his/her compliance, then I think this may be a very helpful book. In case you are uncertain about ASD and do not know the red flags, you will probably find some helpful advice, but please make sure to read various other books that at least let you know what to look for. I finally have a publication that helped me with my challenging 3 1/2 yr old, and 5 year old who challenge me with all the emotional tantrums that often seemed unexplainable. Put simply, you don't have to possess the child's compliance to enforce the consequence, and you don't set up a power struggle you are either not likely to win or benefits the child's need to argue with adults. Another reviewer with a child on the spectrum found this reserve to be very useful, but I did so not think it is as useful for my child on the spectrum. If you know and like some volatile kids, you'll enjoy this book, plus some of those kids will enjoy a bit more protection when you can better deal with them with empathy and understanding. Finally I've been searching for a publication that's much less about blaming the parents, and even more about getting solutions, or alternative ways of dealing with children that are just a bit more emotional compared to the norm. Great book for all of us parents of "strong-willed" children!

CONS: The publication does not discuss Asperger Syndrome or Autism Spectrum Disorders. This book was great. Huge help. And if your son or daughter is known to become on the autism spectrum? good starter without ruining a good mystery. No, they're still not tantrum free of charge, but at least I can come back

to this publication and choose it up when I obtain stuck again and hopefully won't need the chapters about the older groups of children! ALL OF YOUR Child Owns is His/Her Attitude. If the kid can be defiant and refusing parental orders, you just cannot force a kid to do these exact things. I've two explosive kids, and two who are calm. Makes you wonder what makes them tick. I'm also a instructor and see plenty of kids. The insights in this reserve are very helpful. I got it for Kindle, but I believe I will get another duplicate that I could dog-hearing, bookmark, flip through, and keep in the teacher's lounge for sharing. Tony Attwood's publication on Asperger's was a lot more ideal for our situation...The writer also explores the differences between an explosive child and a defiant child and explains why these terms shouldn't be used interchangeably. with anger problems or any mental illnesses is not easy, and no book will probably give you .Overall, worth the amount of money you will save on buying aspirin from hearing screaming children!. The writer does a good job of describing various frameworks for understanding each issue and offering a few strategies for each one. start with childhood allergies and get them to getting enough sleep at night,. You Own Everything. Good Book This is a great book. Every reserve I've seen has frustrated me with taking a lot of time in the book to describe what I am going through, simply blame me for why they are acting that way, and leaving following to NOTHING to greatly help remedy or modification the situation. My four year old is quite spirited so we bought an arsenal of books that can offer suggestions on WHY she acts just how she does and HOW to get her under control. This book is well written, offers case research on various ages, and is a fairly easy read!, being unable to cope with unexpected adjustments to a child's expectations), defiance (power and control issues), sleep issues, allergies, anxiousness, major depression, ADHD, bipolar disorder, learning disabilities, and sensory processing disorder. My daughter would wear us out from daily tantrums and moodiness until we'd enough. This is a very important point, and addresses my frustrations with a number of the various other books out there that presume that explosive behavior is due to oppositional personalities, power struggles, and defiance. Much of the info is common sense, but when you have already been doing a similar thing again and again, its a good reminder to check on your methods as much as the child's behavior.e. For children such as this, all consequences should be the loss of privileges and experiences and the removal of a parent's "services" (for instance, driving the kid to a friend's home)..Since picking up the e-publication, I've seen a marked improvement with both of these. If your son or daughter melts down when you try to drop by point C (dried out cleaners) on the path to point B (grandparents), unexpectedly, for example, there is a whole chapter for you. I possibly could only want I purchased this publication much sooner. ... then check out the techniques Great Book Great book for anyone with an explosive kid. It has very good techniques for helping the kid and an excellent explanation forthe differences between one type and another. Good information well presented As schools move more to models where there needs to be even more regular education intervention - it is important to help them to comprehend the message behind the behavior. I just think it might be helpful for potential buyers to know a little more in what this book covers and what it generally does not so they may decide if this is a book that will be ideal for their situation. I thought this is a great device for that. The publication demands at least a checklist of ASD red flags and the advice to seek additional assistance if your child has any of these concerns. Five Stars Very well written and helpful. Five Stars for anybody with an explosive child (or adult) extremely helpful Five Stars Great for parents teasing through why explosions are happening in the home. Options This book excels in descriptive clarifying wording and the as providing avenues parents/teachers can look for the child they are working

with. I know many people LOVE this reserve and I am not trashing it. Well-organized. Guidelines and well-structured Unfortunately, my explosive kid found this and read a few chapters! On the other hand, he thought it was for his younger brother. Anyhow, I liked the fact that it is certainly divided into sections that discuss different causes for the explosive behavior. Funny factor is, I did find something helpful for the younger one in this book.. ;) Seriously, it had been helpful. These include an earlier bed time, periods, and making a kid perform extra chores. Not only did it get into all the various possible explanations of why the children might be acting this way, but then also came up with action programs, reference books, and even tips on when a therapist should most likely step into it. Want it had more concepts in it. "Like and Logic" put into this was perfect.



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