



Phyllis R. Weingarten

## Retirement: Great Idea! Scary Move!: A Life Transition Workbook



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This book is for those who are prepared to make changes. For her four-week seminar, and has made this workbook open to all visitors. Weingarten ACSW LCSW originally designed Retirement: Great Idea! Phyllis R. Scary Move! Whether you are contemplating a big transition, like retirement, or you have already begun changing your life and want more insight into where you are going, you will find guidance in these web pages. Proceeding from the premise that true change starts inside, these exercises help visitors access their unique desires and visions. Plan surprises!



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A Creative and Thoughtful Way to Plan Your Retirement The writer has presented a creative, well crafted, and highly organized book on how best to approach retirement. It handles emotional and also concrete barriers and presents viable solutions to them. It really is full of helpful ideas and concepts which are placed forth in a readable, no nonsense, optimistic way which certainly can provide help because of its readers. It is a very important workbook. (Bud) Livingston.. The intelligent and well sequenced exercises showed me what I really do, and don't, know of my own character. Through this reserve, I had taken myself by surprise. Do the exercises sincerely and many "lightbulb moments" will blink for you. One great important book This book is a beauty. Excellent gift for a pal or colleague on the verge of pension! E. This book is madly useful for anyone who wishes to create positive and compelling change. I actually also learned useful ideas (such as "Keepers and Changers" and "Peeling away the Artichoke") that have helped me understand and structure my transitions. I can't tell you how many useful hints I got from it. Everyone in the Retirement age group should read it. There are webpages of Steps and Notes, yet it is whimsical and not overly structured. A. This book sneaks up on you.



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