

# JOGGIN' YOUR NOGGIN

FUN AND CHALLENGING  
WORD GAMES FOR SENIORS



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# Joggin' Your Noggin: Fun and Challenging Word Games for Seniors (Volume 1)



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The "Joggin' Your Noggin" group of word games is targeted at improving the lives of individuals fighting dementia. Unlike many Alzheimer's activities books directed to caregivers, "Joggin' Your Noggin" is designed to be finished by a person in mild to moderate stages, individually or with some support. Written by a Speech-Vocabulary Pathologist, the games give an opportunity not only for fun, entertainment, and a feeling of accomplishment, but also for essential mental stimulation. Answers are readily accessible on the following page or behind the publication. The "Joggin' Your Noggin" series continues to receive very positive reviews. Individual questions provide a springboard to reminisce about fond recollections and create moments of shared joy. Each quantity contains over 70 video games and is sold at a far more affordable price than similar products. The level of difficulty, predicated on vocabulary, varies from the simplest in Quantity I to the most advanced in Volume IV. "Comprehensive the Song Name," "Name the Opposite," "Picture the Explanation," and "Fill in the Blank" are but a few examples. Activities Directors and Recreation Therapists will find an abundance of ready-made content to include into group actions. When distributed to caregivers, family or friends, meaningful interaction is certainly automatic.



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LOVE this book. My 87 year previous grandmother with dementia can't read (vision problems) or write (shaky hands) on her behalf own, but I browse the exercises out loud to her and fill out the answers she gives. I even take notes concerning any prompts I might have added to help her out if she was fighting an answer and I note the date so that I can keep an eye on any progression or deterioration. They really get her mind working.. She gets excited when she finds the answers and asks me how she do by the end of each activity. . Too easy A touch too easy even for moderate stage Alzheimer's. I want there were more books like this as of this level. old dad. Very very easy. Best for moderate Alzheimer's . Maybe more advanced dementia or young children would enjoy The content of the book looks somewhat easy and probably good This content of the book looks somewhat easy and probably good.. My elderly parents and fellow residents within their Assisted Living service certainly love these books. There might be someone that can use it. Fun and helpful. The critique I read before I purchased it said it was as well easy, but I attempted it anyhow. I gave it away hoping it will go to good make use of. My heart goes out to them and their treatment giver. But anything to work ones mind at any level of dementia is usually a joy to all involved. Sometimes it makes her think of tales that associate with the topics and we actually reach talking. She seems to enjoy them. Stimulating but not so hard that it is frustrating. with occupants with advanced dementia and our occupants do great with the questions I work with residents with advanced dementia and our residents do great with the questions, finish the song title, etc. Good range and produces stimulating conversations while playing! We frequently focus on them over breakfast, consider the book around to waiting rooms, or use it to fill up that lull in the afternoon to try to keep her mind moving straight through the "sundowning" and distract her a bit. My mother could have been upset easily offered this to her. Using this with my 96 yr. Great Addition to a Caretakers Activity Bag This is a well constructed activity book to use with persons with moderate to advanced dementia, especially those that in their pre-dementia lives enjoyed reading, crossword puzzles and language. Ok Ok, expected more of a challenge. Many of the exercises/queries are focused toward the senior generation. Love this entire series! Very very easy.. He's getting a small forgetful but he appears to enjoy using these "games" to give his brain a little "stretch".. Exercises brain. Five Stars Best I we've found to help with mild dementia Five Stars Seems just like a great publication. Purchased for my MIL with Dementia but she wouldn't try it out. Five Stars good however I believe this book will work great in our Memory Care community I ordered this publication for residents in Assisted Living, however I think this book will work great inside our Memory Care community. Good brain jogger Great book for storage loss. However, the book is keyed in wrong purchase and upside down on most webpages? I gave it apart hoping it will go .. Five Stars Great



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