

Put That Knife Away



Alzheimer's, Marriage and
My Transformation from Wife to Caregiver

Phyllis W. Palm, PhD

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Married at mid-life, the author lovingly describes a life of preferred pursuits, friends, music, theater, good dining and foreign travel. Until disaster hits. Not merely does Bob forget, his personality disintegrates, he becomes demanding, argumentative and paranoid. Fearful of shedding this wonderful husband, she actually is unable to acknowledge that his brain is deteriorating. He offers Alzheimer's disease and Parkinson's disease, which you will quickly realize as you travel with them upon this poignantly told cross- country journey detailing the torment of the disease. Until she can deny it no more. The writer, a practicing psychologist, fights with her own denial, struggles to find a analysis and modifies their life-style to cope with her husband's drastic outbursts until she learns to dread for her own basic safety. When he insists he's not "getting" a film or a television show, she assumes a hearing issue. Initially, when her spouse complains, she believes he's shifting his concentrate from country existence to city life.



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Moving memoir and insightful guide Dr. So difficult. Put the knife away A very helpful book for anyone needing help understanding what's happening to your daily life when you feel a caregiver for a partner. Dr. Palm, while a psychologist by teaching, writes from the perspective of a partner with a sweet lifestyle unraveling in front of her. She enables the reader to visit with her through the levels of grief as though it were a map of her journey from everyday life-loving couple to her eventual function as an advocate for caregivers and the family members for whom they care. The result is a profound exploration of the implications of 1 family's journey--a must-read for everybody, as this disease gets to almost everywhere. I became very disappointed as he phone calls his children and inform them things that were not happening plus they would believe him and even go as far as calling his doctors, attempting to make decisions predicated on what he said, decisions that could have an effect on his protection and the safety of others. The story of the relationship and the unfolding of the illness is very sad, yet hopeful. a good read. We have been married for almost 10 yr. 29) my mother does not remember it. He has seen three doctors to verify his diagnosis. Put That Knofe Away I have already been struggling as a partner with a husband analysis with Dementia. I have such admiration for the courage, kindness, and advocacy displayed. His oldest daughter told me that "her father does not have Dementia because his cognitive thought is intact"(she foretells him once every two or three months) . Dementia is different to a level in each individual based on their personality I believe. I liked this publication because at that time I started reading this my hubby has started showing aggressive and violent tendencies toward me. After reading this publication I felt so relieved to observe that someone else was getting the same/equivalent struggle as I was having. I asked the query on LinkIN and Phyllis responded by telling me to read her publication. Because she paperwork his deterioration, the reader is certainly enmeshed in the saga. I had a hard time placing it down. Every chapter experienced something I could relate to. Life for me personally is constantly changing however the challenge has been less stressful since scanning this book. I am certain I'll read it again. A treatment givers must read! Informative I am nearly finished with this publication. Ironically I have been reading this book during a time when I am struggling with my own mother who offers Alzheimer's. I was influenced to do better by myself journey. Now my four siblings and myself are on at any hour treatment giving because she cannot make use of her right hand and we do not trust the assisted living to care for her the way she needs care. We are in the situation of deciding whether or not to move her to smaller sized group home that's locked down. Although it is great to possess siblings to help it also complicates decision making because many people are at a different place within their emotions and considering. The reporting of her experience is succinct, but extremely powerful. Her story can be deepened by her professional perspective as a therapist. I am with him on a daily basis, I proceed with him to the physician, fix his meals, prepare his medicine and encourage him to socialize and etc. Regular phone calls and asking me where he is and how he's doing are heart breaking and difficult. Adjustments in medication just before this fall. Sadly I see that might not be the case. Palm has written a book that's an empathic and insightful guide for a partner or loved one of somebody challenged with Alzheimer's disease. Her husband explained "that we had marital complications" and he's said to be a Psychologist. Because my mother is no where near as outgoing as Bob. She actually is very reclusive and shows small interest in any factor except watching Television and now she is losing interest in that aswell. I rated the reserve with 4 stars because it is indeed informative and theraputic. They are in denial and although they do not see their father frequently (we live 3 hours away), they support whatever he ask them to do without consulting me. Their interference offers affected my capability to treatment adequately for him.

Palm offers experienced except putting my husband in a long term care service. I relate to everything Dr. I hadn't even given that a believed because I assumed I would always be able to look after him. Changes once again in medicine, coordinating this all with assisted living, siblings, etc. It is also a memoir that anyone will see moving, beautiful, just a little heartbreaking, and still hopeful. You do not need to get a diagnoses of Alzheimer's to get help and understand you are not alone when somebody is forgetting their lifestyle and you will be the one to caregive. How it is Extremely realistic. The medical odyssey and family members dynamics provide information useful to my family problems. Would like a follow-up too. Close to Home The author has committed an act of bravery by opening herself and her lifestyle to our scrutiny. The author helps me to visit a similar scenario though from a spouses viewpoint rather than a child. Most ideal for spouse/carer with partner in an aggressive stage in dementing illness. He has 7 children and I've tried to attain out to them but without avail. 5 stars. GRIPPING Phyllis Palm has written a romantic accounts of her devastating knowledge with her husband's Alzheimer's disease. With my mother she is at a spot where though my dad passed away a year ago (Oct. I can't think of anyone who wouldn't benefit for some reason from scanning this well-written narration of one life affected significantly by love, loss, sometimes daily emotions of the world being turn ugly, and the determination that one must come across to navigate it. I give this book five star rating. Such a well crafted account of the struggles and heartache of a caregivers journey. Currently we have her in assisted living and yesterday she fell and broke her shoulder. His children are grown, in their 50's with families of their own. Essential read for all caregivers especially of a spouse. Carol- caregiver to my BRAVE hubby. Required reading for caregivers This book should be required reading for all caregivers but especially those dealing with dementia. Dr. Palm depicts her daily struggles, trying desperately to keep to look after her husband within their home. I did so and from the start to finish. She provides kind of detail I have not seen somewhere else. Lois L.



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