

#1 AMAZON Best Seller

Gonna  
Jump?....

Take a  
Parachute!

*Harnessing  
Your Power  
of Choice*



Dave McSpadden

Mr. Dave McSpadden

Gonna Jump?...Take a Parachute!: Harnessing Your Power of Choice



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In his inspirational and good sense way, Dave McSpadden has created a masterpiece for active adult men and women, of all ages, to discover balance, enthusiasm, purpose and peak performance in their lives. Dave has generated a very clear M. Dave uses his lifetime of wisdom to teach us how to prepare for a future retirement but also for whatever we each face in our next changeover in existence. He has utilized his own remarkable life story of thriving beyond the challenges of his transitional adjustments, deftly woven with the functions of among the best of other change agent specialists. A. The effect for the reader - - the ability to use this book to learn to make choices to live young each day instead of ageing tomorrow. (Motivational Action Strategy) any purpose driven adult can adhere to to live the life span they always thought they were designed to live. P. The parachute is a metaphor for securely managing life biggest adjustments, whether a loss, modification of wellness, relocation or retirement.



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If You're Likely to Jump, Have a Parachute! Dave McSpadden provides a practical outline to make decisions about your daily life. The text is definitely replete with pragmatic guidance on health, both physical and mental, career decisions, family and friendships, assessing priorities as one progresses through the many phases of his/her period on the planet.. Fred Speno Dallas, TX  
Excellent Wonderful! but don't perform.! It provided me a lot of think about... Dave's message is really insightful.. This book actually hits the bullseye for anyone wanting to improve themselves. You will need only meet up with him once to know he lives his message. You borrowed from it to yourself and everyone who adores you to make sure that no matter what life sends your way, your parachute will end up being strong enough to sustain you. I would recommend this book extremely for everyone, and specifically for those "in changeover". Strategy to use Dave! The book reminded me of plenty of things that I understand.. He hits all the important points and provides excellent advice on "how to proceed next".. Transforming experience At a recently available Rotary luncheon, our speaker was Dave McSpadden. I recommend it extremely and it might be a good text for those taking a philosophy 101 course. I just finished reading this publication and found it to be good and fast read. You rock!..! I, like millions of others, have obtained books and CD's and attended a few of the motivational seminars offered by authors stated in Dave's book, Gonna Jump? Must-Read for Boomers & If you are interested in actually keeping a few or also one of your brand-new Years' resolutions, I extremely suggest you browse Dave McSpadden's Gonna Jump? I think this book would produce a great present for anyone who wants more out of life. We are all so blessed within the USA, that we sometimes just forget about those much less fortunate far away. You should read this. I'm one of thoses baby boomers, and I do plan to become around for a long period, but I see I must execute a better work in looking after myself to make my potential years healthy ones. Also the most stubborn folks will be relocated to adopt McSpadden's well-researched strategies for maximizing potential in 9 critical areas of lifestyle.. I was so taken by his demonstration that I proceeded to go onto Amazon.com that very night time to purchase his book., President of Professional Impact, Inc. In addition, it provided some new tips that I intend to incorporate into my exercise program. Why? Because I wanted to find help in improving certain areas of my entire life - from business to recreation to how I interacted with my children and close friends. His philosophy will instruction me as I switch to make the rest of my entire life productive, smart and gratifying. I love what sort of author talked about his human family members, and how it involves the entire world and our have to participate in the lives of others that people might never understand., Founder of the Move People To Action System for Specialists and Entrepreneurs and author of Amazon Bestseller, Shatter Your Swiftness Limits: Fast-Track Your Success and Get EVERYTHING YOU Truly Want in Business and in Life His first reserve is a hit! Good read..it has been for me personally!It's filled with lots of good suggestions as to how to live a better and more productive existence. Everyone In Your Life In today's unpredictable world, we all need a sturdy parachute to safeguard us and propel us forward so we can reach our chosen destinations quickly and safely. In Gonna Leap, Dave McSpadden shares his signature style of engaging humor and non-judgmental recommendations to enable us to make a dependable and dynamic parachute for life.I give this book a "thumbs up"! Why? Because Dave McSpadden may be the Grasp of Longevity and he's impossible to ignore. Best Boomer Handbook! Read Gonna Jump - get a duplicate for everyone you love - and do what it tells you to do. I read this reserve from cover to cover, captivated by Dave's capability to inspire and instruct through a combination of personal stories and real-life good examples that especially relate to us "Boomers".-- Wendy Lipton-Dibner, M.A. I must say i had no notion of what to expect from the

book. You merely might discover it to be a transforming experience. Knowing Dave and reading his publication has brought me a message to stay focused, change and prepare for the future. Dave seems to have digested the tips and directions of these amazing authors and pulled everything together in a way that made sense to me and that I possibly could actually make use of as a day to day guide on how to improve my life. Thanks Dave for the words.



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