

with **colourme**beautiful

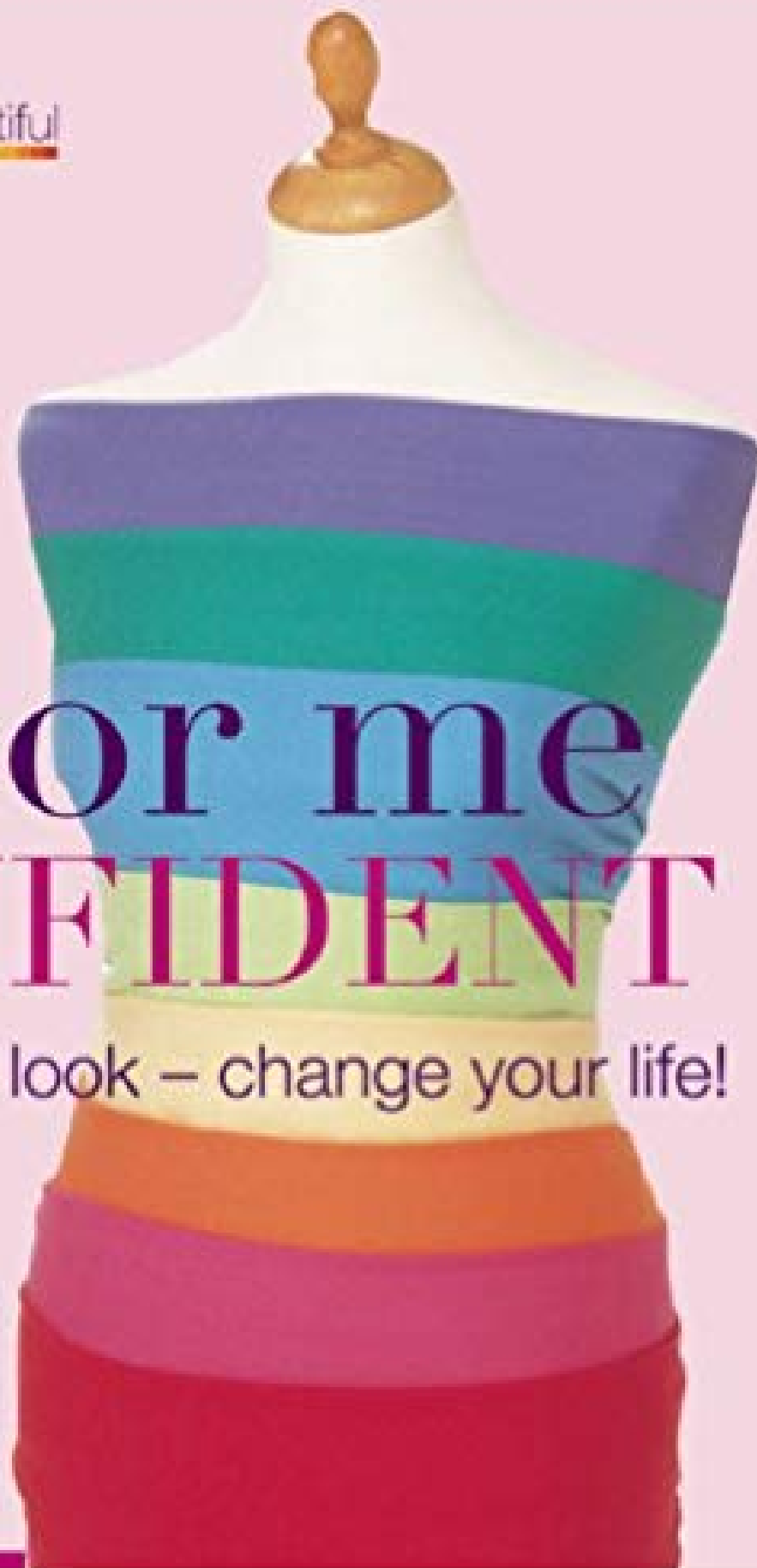
revised
and
updated

color me CONFIDENT

change your look – change your life!

Veronique Henderson
Pat Henshaw

hamlyn



Veronique Henderson and
Color Me Confident: Change Your Look - Change Your Life!



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The first book from the colour Me Beautiful team-created more than 25 years ago-still continues to market well, and the world's leading image consultancy is back with an updated look at fashion and cosmetics. Thousands of people have used this internationally recognized program to look and feel better. and suggestions for creating a stylish, original approach to dress. Plus, there's makeup and accessory suggestions for that ideal finishing touch. Confidence-building programs feature ideal clothes for any shape; Guided by questionnaires, photos and palettes, and boxed tips, anyone can do a color evaluation and figure out what shades function best with her pores and skin, hair, and eyes tones. methods for adapting your wardrobe to different lifestyles; Think of it as feng shui for your body, a way of using color to create yourself sparkle from check out toe and glow from within. And today the colour Me Beautiful organization presents brand-new, totally contemporary strategies in an easy-to-adhere to and lushly illustrated volume.



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Gorgeous book - Packed with Updated Information I devour all books written on this subject because it is my enthusiasm. This book is beautiful looking and talks about a lot more than color. About half of the book offers suggestions about how to dress your body shape, find your personal style, and apply make-up. People interested in this book should check out his, as well. I recommend that you will get this book, take note of the suggestions and reserve your individual opinions "oh that won't work on me. how to wear I purchased this book for image consultation training course. I particularly liked the photos and suggestions for each type on how best to wear black when it's no ideal color for you. I haven't seen any women wearing all pink and wide flappy slacks like that, I am sorry. essential knowledge for each and every fashion stylist/ picture consultant/ personal shopper! . I've seen too many people who have self-analyzed their coloring utilizing a book who have then built entire wardrobes around a less than ideal palette.. Amazing This book has taught me how to totally "work" my natural coloring.. This book helps it be a lot more obvious which particular coloring you are.." Grab yourself to a division store and try points on in the colors and combos they recommend. This publication had me trying on shades I had previously approved over with great results. I actually even changed out my lipstick shades and blush from warm to great shades and it made my eyesight color pop and We look a lot more radiant. The dressing-for-your-body type was also ideal for me in addition to dressing for your style (there were more great color combination recommendations there, too). Expensive buy, but oil paper, colors & However this book no longer uses seasonal references for color types, possibly in an effort to appease ladies who think that being truly a 'season' is certainly outdated. I skeptically tried out some of the color combos in department stores and was really surprised by how great they looked. You'll be surprised! Mixed praise and referrals That is a variation on the colour system that assigns people to the four seasons. Great! I don't believe purchasing it really is necessary. It tells you your pores and skin/body type, and what colors look best with your type, but once you discover your type, that's it. There goes the money you spent. Only about 1/4th of the book pays to to you (as the rest of it really is about the other types) and once guess what happens colors compliment you that's it. Gone in less than 10 minutes. I didn't. Not worth purchasing. A BOOK WELL WORTH BUYING ! ! It can be simply a SUGGESTION to be able to minimize your closet. However this publication has improved what I experienced learned about myself. It offers expanded my color choices and provided me a far more precise definition of my coloring. The photos for assessment are also far better. To me, thus giving a wrong message - you wish to look your best, so it would have been easier to choose individuals who really did!. We have had the original "Color Me Beautiful" since the mid 1980's and have referred to it over and over again. Therefore don't take somebody else's opinion get the reserve and judge for yourself! Used this because a resource back the day!. Also, the book does not limit you to three pairs of dress shoes and boots but RECOMMENDS three pairs PER SEASON. pictures clearly defined. And what not to wear - who knew you weren't likely to pick clothes that stopped at the widest parts of your body, such as for example my hips?! I would recommend just renting this publication or just giving it a look-through while you're in a bookstore. The outfits are dated though... But I caution readers that determining your personal color type from a publication can be difficult. Practical and efficient wardrobe management. What I _really_ love about this reserve is that it not only tells you which colours are best for you, but also gives you LOTS of suggestions on combining your colors that I had under no circumstances thought of before. I'll not be getting that back again. 5 stars! It is an interesting addition to that idea, I was only disappointed that they spent only a small amount time as they did on the color information. A good part of the book is focused on physique and styling tips. Incidentally, David Kibbe's theories in his publication Metamorphosis are the best ideas ever re dressing to suit one's shape, the most effective, and yet he seems to get hardly any attention. The colour theory presented this is a modern improvement on the seasonal color system introduced over twenty years ago in Color Me Gorgeous.. "Color Me Beautiful," by Carole Jackson is approximately the original color

system--seasonal--and continues to be a good read. Great!... Not Purchase-Worthy Honestly, you can get all the information you need out of this book by skimming it for a few mins at a bookstore or library. My own coloring could fit into three different categories based on the checklists of hair, skin, and eye colors suggested. Read it in the area of a few days. But it is founded on the same principles of color intensity, ideals, and hues. I hardly ever read Color Me Beautiful aside from an instant flip-through at the library years ago-- I believe I was sort of put off because I fell into the "Winter season" category but so did a whole lot of colorings which were radically unique of mine, and trying to weed out which of the winter recommendations applied to me was difficult. It really is out of print, but obtainable used and therefore inexpensive. I cleaned out my closet of clothes that were in colours that don't suit me and had no regrets.. This has helped me in matching colors and getting an idea of what to do when shopping. The outcomes of a precise color analysis are as well fantastic to leave to chance. Reference guidebook & keeper for a long period... Even when fashion & Four Stars It's an exlant book for bignners in fashion Used this because a resource back the day! Five Stars Un excelente libro. trends change, u could keep this for reference. Read the book because of its great information but see a skilled colorist to end up being professionally typed using an objective hands-on process to confirm your ideal palette. important knowledge for every fashion stylist/ image consultant/ .. A little dated but good basic advice I'm an idiot and usually wore whatever I needed. Made a decision to revisit it.. Still reading it but it's an excellent source of information Great book in what & Culled my close, makeup and add-ons. Made my shopping list. Am feelin confident! Three Stars ME GUSTARIA MAS DETALLADO Helpful and worth the money A good book, with sound details on choosing your best colors, along with dressing to suit your personality and figure type. As additional reviewers have mentioned, the method of selecting color type isn't always easy, so for me the book functions as a companion to the swatches I already have, from when I acquired my colors "done" a while ago. I do query the wisdom of using "common people" to photograph as illustrations of every color type, because a couple of of them were really basic and didn't look appealing. I read an assessment that had me relatively confused until I noticed that the reviewer got mistaken a photo of Carla Bruni-Sarkozy for that of Catherine Deneuve. Overall, though, this reserve is good value and a noticable difference on the original four seasons we knew from the 80's.



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