



LIVING INDEPENDENTLY

A DAILY GUIDE FOR SENIORS

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Living Independently: A Daily Guide for Seniors



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Whether you are just beginning to have struggles in the home, suddenly find yourself alone and need direction, or your objective is to stay what your location is at, this book is for you! It guides you daily on the main things you need to do to maintain your independence. It really is an essential handbook for helping old adults live an unbiased, well-balanced life.



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